



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

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13th September

Week 9

Term 3

From The Principal's Desk

You have a 3 and a 5 litre water container, each has no markings except for that which gives you it's total volume.

You also have a running tap. You must use the containers and the tap in such a way as to exactly measure out 4 litres of water. How is this done?

In May this year, our Year 3 and 5 children sat the NAPLAN test. Our 5s did all this testing online while our 3s also did all but the writing task, online.

The above question was not on the NAPLAN numeracy test but I am sure it had your brain 'ticking over' as were our children's back in May.

This week, our Years 3 and 5 children will bring home their results from these NAPLAN tests.

These tests were held in every Australian Primary School and your child's results are compared to the national average in the areas of Numeracy (Mathematics) and Literacy (English).

There is a brief summary on the front of the result sheet explaining how to read your child's results. If you however have any concerns about this, please do not hesitate to contact your child's teacher, Mrs Samantha Suthers or myself.

The following link also provides an excellent insight into reading your child's results:

<http://www.nap.edu.au/docs/default-source/default-document-library/naplan-2018-student-report-information-for-parents-brochure.pdf>

These results will be used by our teachers this year and next to assist our children in areas of need and also to celebrate their successes.

The national test results represent a snapshot of each child's achievement at a particular point in time.

They are but one form of assessment used to measure students' development and should be considered in relation to other aspects of our school's assessment.

Sacred Heart will continue to monitor the results of these tests and use this information to plan for improvement in our children's learning.

Further information about the National Assessment Program Literacy and Numeracy (NAPLAN) is available on the following website: www.naplan.edu.au

Mrs Samantha Suthers in her role as curriculum coordinator at Sacred Heart and each classroom teacher have viewed the test results.

Once again if you have any questions, please contact our school.

There is always much publicity about the NAPLAN data release, as there is very year, but little recognition of the hard work of those who educate our children.

I would like to thank the teachers at Sacred Heart and affirm their continuing hard work and commitment as educators.

While NAPLAN is one measure of students' achievements and the basic skills it tests are very important, I know that the education received by children in our school is rich and holistic, providing them with the opportunities to hopefully reach their full potential and put them in good stead for their future development.

All the best

Max Martin

One solution:

Fill the 5 litre can from the tap. Empty the 5 litre can into the 3 litre can, leaving 2 litres in the 5 litre can.

Pour away the contents of the 3 litre can. Fill the 3 litre can with the 2 litres from the 5 litre can, leaving 2 litres in the 3 litre can.

Fill the 5 litre can from the tap. Fill the remaining 1 litre space in the 3 litre can from the 5 litre can. Leaving 4 litres in the 5 litre can.

Important Dates for Term 3

September

Friday 14th - Final day of interschool sport for Year 5s and 6s.

Friday 14th - Our Preps are visiting St Ursula's College for a drama display.

Monday 17th - Prep swimming lessons commence at Cooe Bay pool

Wednesday 19th - Catholic Education Interschool touch in Rockhampton.

Thursday 20th - Year 5 Minds @ Work competition in Rockhampton.

Friday 21st - Final day of school for Term 3.

October

Monday 8th - School resumes for Term 4.

Minds @ Work Competition

Sacred Heart and St Benedict's are combining to form five teams of three to four members from Year 5 to participate in the Regional Minds@Work Competition in Rockhampton on 20th September 2018.

Our teams include Callum Wallis, Hannah Hovey, Andrew Gill, Sheldon Frazer, Eleanor Ash, Gage Warner, Jesse Emery, Miah Shackleton and Emerson Grant.

The teams will be competing against five Rockhampton schools.

Minds@Work is a valued opportunity for students to further develop skills in problem solving, collaboration, critical thinking, inquiry and divergent thinking. The team's challenge is to use a design thinking process to formulate and build an affordable light dispersal system. Teams will identify a problem, develop an innovative solution and share it with others.

Thank you to Mr Gill, a Year 5 parent, for taking on the role of our science mentor to assist our children and he will be accompanying our teams to this event.

Our teams met at St Benedict's on Tuesday this week in preparation for the big day in Rockhampton. We wish them well next Thursday.



Sacred Heart Equestrian Team

This Sunday 16th September, a Sacred Heart equestrian team of Payton Size, Sabina Bridgeman and Morgan Bridgeman will be competing in the regional interschool gymkhana at the Alton Downs pony club.

We wish these riders all the very best and look forward to hearing about their performances in next week's newsletter.

Solar Panels For Sacred Heart

We have received wonderful news that over these September school holidays, solar panels will be instilled on our multi purpose area roof.

This is an initiative of our Catholic Education Office and is being fully funded by them.

In this time, where sustainability and being environmentally conscious are so important, this work at Sacred Heart is greatly appreciated



In Our Prayers

It is with great sadness that we have heard of the passing of Ben Bourke (20 years of age), on the weekend. Ben was a past student of Sacred Heart.

Please remember him and his family in your prayers during this time.

Our prayers and thoughts are also with Ana and Dale McLean and family (Jack, Lucas and Amelia) on the death of their grandfather (Ana's father).

Sacramental Program

The Parish Sacramental Team has been reviewing its program over the past few months.

Previously, the sacrament of Reconciliation was offered to families in Year 3 however, following the review, Reconciliation will now be offered at the beginning of next year.

The program will be available to children from Year 4 and above, followed later in the year by Confirmation and Eucharist.

Further information, dates and times will be provided at the beginning of 2019..

Baptism invitation

Next term, families will have the opportunity to participate in a Baptism information session.

Children need to have received the sacrament of Baptism in the Catholic Church to receive the other sacraments.

If you're considering the sacrament of Baptism for your child, please leave their name at the office or see Mary O'Donnell for any enquiries.

Labyrinth

Next week, our 1R class has their school labyrinth walk.

A labyrinth is a meditative walk that provides the opportunity to reflect quietly and pray whilst walking the path.

All students will participate at a designated time. Please contact your child's class teacher if you wish to join your child's class.

Parish Mass at Sacred Heart School

Next Thursday 20th September, we will host the 8am parish mass at Sacred Heart School.

All members of our community are invited to attend. Father Matthew will be celebrating this mass with us.

Are You O.K. Day?

RUOK is an organisation with a vision of a world where we're all connected and are protected from suicide. Their mission is to inspire and empower everyone to meaningfully connect with people around them and support anyone struggling with life.

Statistics indicate that most people don't go to their GP, psychologist or counsellor but seek out family, a friend or colleague. Asking RU Okay is a simple concept, because staying connected and having meaningful conversations is something we can all do. You don't need to be an expert - just be friendly and a good listener, and if you notice someone who might be struggling start a conversation.

RU Okay day brings people together by providing an opportunity to have a conversation and normalise asking others how they are by asking RU OK? These 3 little words have the capacity to build relationships and provide a sense of connection and a sense of belonging. Conversations about mental health and self-care need to be part of our workplaces and homes. Let's make RU Okay day something we do everyday.

To encourage more people to ask R U OK? in your school, workplace or community, for free resources or further information about RU Okay day Thursday 13th September search <https://www.ruok.org.au/>

ICAS Spelling and Writing Results

Each year, children from Sacred Heart choose to participate in the International Competitions and Assessments for Schools (ICAS). We have received the results for the Spelling and Writing Competition. These students were presented their certificates at assembly this morning. Congratulations to the following children on their achievements.

Spelling	Credit	Caitlin Yore (Year 3), Deepanshu Bhowmik (Year 5), Daniel Rees (Year 6), Jayden Wilson-Goldman (Year 6)
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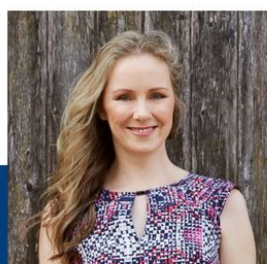
Writing	Credit	Caitlin Yore (Year 3), Deepanshu Bhowmik (Year 5)
Writing	Merit	Niamh Goldman (Year 3), Isabella Yore (Year 6)



Presentation by Dr Jodi Richardson



Open to all Yeppoon Families



We invite you to join us for a wonderful
FREE event at the YEPPOON TOWN HALL
for Dr Jodi Richardson's presentation

Happier on Purpose

- A refreshing new perspective on happiness
- What makes it hard to be happy
- The surprising influence of parents on kids' happiness
- Key skills for a happier life
- The powerful influence of kindness
- Where screens fit in the mental health picture

Please stay and join us for supper after the presentation

Dr Jodi Richardson
Wellbeing Speaker & Educator
Parenting Ideas Mental Health & Wellbeing Expert

7:00 pm
November 7
2018

Local Netball results

Congratulations to the three netball teams; Heart Girls, Mighty Magic and Shooting Stars, who all won their netball finals this week.

Heart Girls team members are Claudia Richardson, Abby Miller, Jessica Gleeson, Leah Wex, Miah Shackleton, Neassa O'Reilly, Eliza Green, Riley Robertson and Elise Wex. Riley received Most Valuable Player of the final and Leah, the Most Valuable Player for the season.

Mighty Magic team members are Adah Warren, Halle Salisbury, Jane Power, Ashbi Berry, Maggie Simmons, Tilli Sing, Amy Fallis, Bec Jensen and Ellie Nelson.

Shooting Stars team members are Emerson Grant, Maggie Warrick, Tileah Ramke, Demi Sandilands, Makayla Pianta, Taylor Timperon, Sophie Lewis, Ishana Hampton and Ruby Spyve.

Well done to all these girls.



Student Awards

Prep	Kash Komsic, Max Atkins, Dexter McPhee, Cooper Higgins, Isla Kirby, Emmi Taylor, Chelsea Allen
Year 1	Holly Higgins, Herbert Martin, Ebony Rutledge, Cooper O'Rourke, Isaac Davey
Year 2	Benji Morris, Emmie Sharp, Lily Trevor, Alex Hargreaves
Year 3	Thomas Morris, Clodhna O'Reilly, Mac Cameron, Josephine Edwards. Aryriana Pianta
Year 4	Amber Johnson, Thomas Brown
Year 5	Jesse Emery
Year 6	Samuel Hooper, Isabella Yore, Halle Salisbury

MJR Awards

This award is presented to those in our school who show the virtues and qualities inspired by our MJR program.

Well done to the following recipients for this week:

Kayde Johnson in Year 6L for voluntarily tidying up sports equipment at inter school touch last Friday.

Max French from Prep S for being friendly, helping others, offering encouragement and forgiving others willingly.

Daniel Rees from Year 6L for offering the hand of friendship to others during lunch time.

Victoria Forbes from Year 5KS for the positive attitude you display and for asking others if they need a hand.

Brad Cumberledge from Year 6 for your wonderful good mornings and cheerfulness shown towards others.

Zade Roper from Year 4G for showing great enthusiasm and determination towards completing his homework.



Frankie Awards

This award is presented to a class or child/ren who have been environmentally friendly in some way around our school.

Congratulations to:

Kaleb Asmussen from Year 3N for showing initiative in cleaning up around the Year 3/4 eating area this week.



Prep Interviews For 2019

Interviews for Prep enrolments for 2019 (new families) are nearing completion and it has been wonderful to meet new families to Sacred Heart. Our office secretary, Mrs Marg Kershaw has been contacting families who have returned enrolment forms to school to arrange a time.

Our numbers for Prep next year are looking very encouraging and I ask families who are wishing to have their children in Prep at Sacred Heart and have not yet done so, to complete an enrolment form and drop it into school. This can also be done online by visiting our school website. Thank you.

In regard to our Prep for 2019, we are having two orientation mornings on Thursday 18th October and Wednesday 24th October from 8.30am at school. Please note these in our diary or planner.

Hand, Foot and Mouth Disease

Sacred Heart Catholic Primary School has been advised of a suspected case of Hand, Foot and Mouth Disease in the community. Hand, foot and mouth disease is caused by a number of different viruses. It is not a serious illness and has nothing to do with animal diseases with similar names (i.e. foot and mouth disease in livestock). It is a relatively common illness in children.

The symptoms of this disease include blisters inside the cheeks, gums and on the sides of the tongue, as well as on their hands and feet. Children with hand, foot and mouth disease may have a fever, be listless and may not eat well for a day or two.

There is no vaccination for prevention against hand foot and mouth disease. The best form of protection is good hygiene:

- wash hands with soap and water for at least 15 seconds and dry thoroughly before handling food, after going to the toilet.
- implement good cleaning procedures
- allow blisters to dry naturally and do not deliberately pierce blisters because the fluid within the blisters is infectious.

Students with Hand, Foot and Mouth Disease will be excluded from school until all blisters have dried. Thank you.

Spiritual Connections

Each week, we provide a link to Sr Kym's reflection of the week. We hope this provides some spiritual guidance.

Link to [Sr Kym's column](#)

Community News



Angel Party

Families are invited to a celebration
to be held at Sacred Heart Church community
room

On the feast of the Guardian Angels
Tuesday 2nd October commencing at 5-30pm
Children can dress as Angels hope to see many
Angels.

R.S.V.P Cecily 0408 130 808 or the church 49336171



THE ANGLICAN PARISH OF KEPPEL WELCOMES
CHILDREN AGED FROM 4 TO 12 TO ATTEND ITS
HOLIDAY PROGRAMME "SONTREASURE ISLAND VBS"
FOR A WEEK OF FUN.

WHEN: 1ST OCTOBER TO 5TH OCTOBER 2018 INCL.

TIMES: 9AM TO 12 NOON EACH DAY

WHERE: CHURCH OF ST JAMES THE FISHERMAN
HOUSDEN PLACE, YEPPON

COST: \$45 FOR ALL 5 DAYS PER CHILD OR \$10 A DAY

DISCOVER GOD'S LOVE THROUGH STORIES; SINGING;
CRAFT; SNACKS AND GAMES

FOR MORE INFORMATION VISIT

www.keppelanglican.org or visit our Facebook page
(Keppel Anglican Parish-KAP)



WOOLWORTHS CRICKET BLAST

JOIN THE FUN

WOOLWORTHS CRICKET BLAST IS A FUN AND FAST PROGRAM FOR KIDS OF ALL ABILITIES TO LEARN NEW SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.

Capricorn Coast Sharks Junior Blasters
 Yeppoon Showgrounds, Saturdays, 8:30am - 10am
 Contact: Richard Tucker, capcoastcricket@gmail.com
 Full season: 13 October - 23 March
 Participation Packs & Brisbane Heat Giveaways!
 Register: Playcricket.com.au

JOIN THE FUN AT YOUR LOCAL CENTRE
 REGISTER AT PLAYCRICKET.COM.AU



JUNIOR BLASTERS

AGES 5-7 | 60 MINS

- Learn new skills including catching, throwing and teamwork
- Make new friends or organise a group to learn together
- Wear the colours of your favourite Big Bash heroes in a personalised t-shirt
- All equipment supplied, parents join in the fun



SIGN UP NOW TO GET YOUR JUNIOR BLASTERS PACK!

Includes t-shirt with your name on it and bucket hat in your choice of Big Bash team colour, bat & ball, personalised bat sticker sheet & progression tracker.

MASTER BLASTERS

AGES 7-10 | 90 MINS

- For kids with basic cricket skills
- Every kid gets a chance to bat, bowl and field
- Wear the colours of your favourite Big Bash heroes in your choice of coloured player cap
- Make new friends or organise a group to play together
- All equipment supplied, parents join the fun



SIGN UP NOW TO GET YOUR MASTER BLASTERS PACK!

Includes player cap in your choice of Big Bash team colour & progression tracker.



SCHOOL HOLIDAY PROGRAM

September 2018

Tuesday 25th Wednesday 26th Thursday 27th

9am-3pm Daily

8yrs & Up – Parents welcome

BOOKINGS ESSENTIAL

\$50/DAY OR \$120 FOR ALL 3 Days (if paid upfront)**

Family rates Available

MUST BRING – WATER BOTTLE – HAT – SUNSCREEN – TOWEL

CHANGE OF CLOTHES – CLOSED IN SHOES

Sausage Sizzle Lunch Provided

T&C's**

	25/9/18	26/9/18	27/9/18
AM 9-11.30	Rock Wall	Kayaking	Beach Games
Lunch	Lunch Provided	Lunch Provided	Lunch Provided
PM 12.30-3	High Ropes	Raft building	Laser Skirmish

**12 month membership fee for PCYC state wide (to cover insurance) \$20 membership fee - 60/family