



# Newsletter

Enriching Spirits - Educating Minds



## Sacred Heart Catholic Primary School

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29th August 2019

### From the Principal's Desk

One of the interesting things about becoming a principal is where you have come from – the classroom. As a young man leaving high school, I excitedly moved south from Bundaberg to go to McAuley Teachers' College. My dreams were driven by a love of the subjects I was going to teach, the desire for a career full of purpose and meaning and a genuine love of supporting children in their learning. Classroom teaching in Bundaberg, Longreach and Biloela was a time of creativity and energy.

I could read children a novel in the morning, inspire them to write before lunch, unravel a complex mathematical task by noon and umpire a game of cricket before 3pm. What a great career.

Then I became a principal.

What a great opportunity to focus my energy in a more influential way; collaborating with a broad cross section of staff, juggling budgets, conflict resolution – another interesting phase in my vocation.

However, at heart, I am a classroom teacher.

A classroom teacher running an important business.

Like it or not, one of my responsibilities is one I like the least, asking people to commit to their school fees.

Generally, most families have an on-going payment plan making very regular payments. However, sometimes families get themselves in a bit of a spot and school fees become difficult. We understand the perfect storms of a lost income or a whole series of fridge-blowing-up-and-the-car-needs-registering scenarios. There is no way we want anyone to be overly stressed, if they have genuine financial issues. My door is open, come and discuss things confidentially and we will see what we can do.

However, if you can afford to pay fees you really should be paying them.

That is the commitment made on the signing of our enrolment contract.

Never will I forget a gritted-teeth moment I endured over 25 years ago. As principal, once a month, I spent all of Saturday running the race club bar with our wonderful Parents and Friends' volunteers. On one particular Saturday, a parent who always graced the paying side of the bar had an extraordinary win on a horse. Flashily, he waved about his \$1000 and grandly placed it on the bar, sparking a 'mob shout'. Dutifully, we splashed the rum and pulled the beers, as the windfall very quickly evaporated satisfying the far western thirst. I suppressed the urge to confiscate the \$600 he owed the little Catholic primary school which I was running on a shoestring.

We do get support from the Federal government and a portion from the State but it is well shy of what it takes to run a school. Your fees are necessary and treated shrewdly. As principal, I ask gently for support in paying your fees.

Our wonderful new finance secretary, Mrs Stacey Todman and I are currently reviewing our school fee collection rate and in the process of ensuring these fees are being paid.

Our Catholic Education, Diocese of Rockhampton policy states: "No students should be excluded from a Catholic school because of the inability of their parents to pay the prescribed fee - in whole or in part."

Arrange a time to meet with me. Thank you.

All the best

Max Martin

Principal

## From Our APRE

Father's Day is a special day where we celebrate our appreciation of our fathers or father figures. Acts of appreciation are shown in different ways and may include:

- A day at the park
- A gift
- Cooked breakfast, dinner at home or at a restaurant
- Some choose to visit the Church together.

My father is my greatest role model. Growing up in a family of 10, there are many images of my father that come to mind. Every year during the Christmas holidays we would go camping at Mulambin Beach for the entire holiday period, with family and friends. Dad would go down and set up our tent, which was as big as a circus tent, put some form of flooring down for mum and set up our triple bunks, curtains, and a mini kitchen which contained a baby bath. He taught us to fish, play cards and run.

My favourite memory however, was when mum would go to P. and F. meetings. As soon as mum walked out of the door, Dad would turn all of the lights off and we would play 'Boogie Man'. We would hide all over the house while my father would groan and make monster noises as he stomped around the house. If he found us, he would tickle us until we cried. Someone was always on 'lookout' for when mum's car pulled up in the drive and when we heard the piercing scream, 'Mum's home!', we would run to turn on the light switches.

Mum was obviously well aware of it as the house looked liked we had just been robbed. We often laugh about it now and wonder what the neighbours must have thought.

One thing for sure, we all knew that we were truly loved by this wonderful man that I am proud to call my Father.

To celebrate Father's Day, I leave you with this quote from, Rebecca D Cook, "My best memory is the gift of your presence, the greatest gift of all."

Happy Father's Day to all of the fathers in the Sacred Heart Community. May your presence amongst your family be your greatest gift of all.

Have a wonderful weekend.

Mrs Melissa Collins



## From Our APC

A reminder for those children who have registered for ICAS online, these assessments will start next week, with the Technology assessment taking place on Monday 2nd September.

### Dates for ICAS Testing:

ICAS Digital Technologies (Monday 2<sup>nd</sup> September)  
ICAS Science (Wednesday 4<sup>th</sup>)  
ICAS Writing (Monday 9<sup>th</sup> September)  
ICAS Spelling (Friday 13<sup>th</sup> September)  
ICAS English (Monday 16<sup>th</sup> and Tuesday 17<sup>th</sup> September)  
ICAS Mathematics (Wednesday 18<sup>th</sup> September)

### Premier's Reading Challenge

Next Thursday, on assembly the Premier's Reading Challenge prizes will be drawn. All students who have returned their reading form will go into the draw for their class. Our Sacred Heart P. and F. have kindly provided a \$20 voucher, for each class winner to be used at the Book Fair being held in week 3 of next term.

## What's happening in STEAM

There have been some 'hair raising' moments, with classes learning about static electricity this week. Students have had a wonderful time engaging in activities to test their ideas and investigate this concept.

Also, underway in STEAM at the moment are a variety of experiments to test the best conditions and quality of light needed to germinate and grow seedlings.



## Reflection

Each week, we provide a link to Fr Matthew Moloney's sermon and Sr Kym's reflection. We hope these provide some spiritual guidance.

Link to [Fr Matthew's sermon](#)      [Sr Kym's reflection](#)

## Sacred Heart Parish Mass Times

You are all welcome to celebrate mass with the Sacred Heart Parish this weekend. We would appreciate the assistance of any children who are there to help distribute hand made gifts to all fathers present at the Church.

Saturday	6pm	Sacred Heart Church, Yeppoon
Sunday	7am	Mary Immaculate Church, Emu Park
Sunday	9am	Sacred Heart Church Yeppoon

## In Our Prayers

Please keep Peter Bartlett from St Brendan's College and his family; Cara, Emily and Caleb in your prayers as Peter is still undergoing treatment in Brisbane.

## Important Dates

### August

Saturday 31st - Regional final of Development Shield 2.40pm at Brown Park. Sacred Heart v Rockhampton Grammar

### September

Monday 2nd - Father Matthew away in Longreach all this month.

Monday 2nd - Start of National Child Protection Week

Friday 6th - Final day of interschool sport for Year 5 and 6

Friday 6th - CQ Robotics competition in Rockhampton

Friday 13th - Milo 8s cricket day for Year 5s and 6s.

Friday 13th - Catholic Schools' robotics competition in Rockhampton

Monday 16th - School board meeting 6.30pm

Friday 20th - Final day of Term 3.



## MJR Award

Sophie Lewis, Year 6, Callum Wallis, Year 6 and Jack Stanley-Hunt, Year 5 for representing our school with pride, determination and skill at the inter school Mathematics competition this week.

Katelyn Klienlhans, Year 5, for displaying respect and gentleness when expressing a different point of view during class discussions.

Logan Lowry, Prep, for making sure everyone is included when lining up. Well done.



## Student Awards

<b>Year 1</b>	Lucy Thomas, Amira Mitchell, Alex Todd
<b>Year 2</b>	Sahara Cameron, Zariha Calvert, Lennox Kelly, Georgia Carige, Nicholas Goltz
<b>Year 3</b>	Indigo Hart, Ruby Smith
<b>Year 4</b>	Mackenzie Blackwood, Riley Timperon, Caleb Todman, Ruby Svenson, Poppy Oram
<b>Year 5</b>	Ruby Hay, Jakobe Foley, Kaityn Kershaw, Sima Farlow
<b>Year 6</b>	Jye Svenson, Ella-Maree Robinson, Keeley Bones, Avalinn Mason, Makayla Pianta, Shaylecia Kani

## Queensland Cricket Visit

This week, our Year 5s classes were fortunate to have a cricket coaching session with our regional Development officers and former Queensland and West Indian representative cricketer, Brendan Nash. Our children honed their skills with a game of diamond cricket which at times became quite competitive.

Many thanks to Queensland cricket for including our school in their itinerary.



## Development Shield Final

This Saturday at Brown Park, Rockhampton, our under 10 rugby league side will play Rockhampton Grammar School in the regional final of the Development Shield.

This game is being held at 2.40pm and we wish our boys all the very best.

## Year 1B Assembly - Father's Day

Today, our Year 1B class celebrated Father's Day on our whole school assembly. As part of this, each child wrote a rhyming sentence about their Dad. Well done, Year 1B.

**Cooper:** My Dad and me play a game and Chris is his name.

**Flynn:** My Dad's name is Trevor and he is really clever.

**Adeline:** My Dad is cool when he is in the pool.

**Charlie:** My Dad's name is Mick and he is very quick.

**Koby:** My Dad wears a hoodie while he watches the footy.

**Noah:** My Dad likes to play footy and he likes to eat a cookie.

**Josie:** My Dad is a hard worker and likes to eat a burger.

**Avah:** My Dad picks me up from school then we have a swim in the pool.

**Ruby D:** My Dad helps me to swim in the pool. That's why he is cool.

**Ivy:** My Dad's name is Shane. He likes cranes.

**Amelia D:** My Dad fixes cars. He is a star.

**Oliver:** My Dad's name is Matt and he likes to wear hats.

**Charlotte:** My Dad is good at fixing toys but he does not like noise.

**Aadi:** My Dad is a good cook. Sometimes he reads me a book.

**Lula:** At the beach, my Dad likes to fish. To catch lots that is his wish.

**Isla:** My Dad likes to eat meat and he is pretty neat.

**Oscar:** My Dad is a plumber and his favourite season is summer.

**Saige:** My Dad likes to sleep and doesn't make a peep.

**Kirby:** My Dad cooks on the bbq and gets me chicken wings, too.

**Therese:** My Dad likes to watch cricket and he likes it when they get a wicket.

**Evie:** My Dad plays with my dog, Boof. He likes it when he goes woof

**Sasha:** My Dad's name is Mark. He takes me to the park.

**Jett:** My Dad is very fit. He has a boxing mitt.

**Kash:** My Dad fixes lots of stuff, Sometimes the job is rough.

**Max:** My Dad likes to eat a roast. And he also likes to have toast.

**Will:** The Warriors is my Dad's favourite team and cookies and cream is his favourite ice cream.



## Child Protection Week

Sunday 1<sup>st</sup> September marked the start of National Child Protection Week, coordinated by the National Association for Prevention of Child Abuse and Neglect (NAPCAN). The aim of the week is to engage members of the community in supporting families and protecting children. We can help to support and safeguard young people by being active listeners when children communicate with us, ensuring they feel heard and respected. NAPCAN provides the following information on listening to children.

### Why listening to children is so important:

Making a point of listening to children is one of the most important things we can do. It shows children we really care and respect that they are worth listening to. Being listened to also helps children to practice putting ideas into words, explore their feelings and develop self-confidence. When we listen to children, we learn more about how the child thinks and feels, and what they need.

### Finding a time and place for talk:

Children are more likely to talk openly when they are doing something with you, for example:

### How to be a good audience:

- Pay attention to what the child is saying, rather than doing or thinking about something else.
- Use non-verbals that indicate that you are actively listening by nodding, smiling or mirroring the feelings in your child's story.
- Ask general questions to help the child develop their own ideas and show your interest, eg. "What happened then?" or "What did you think about that?"

### Encouraging children to talk:

- Ask about the best thing that happened in the child's day.
- Remember what has been going on for the child so that you can check in with suitable questions.
- Ask about the child's friends.
- Ask about the child's opinions and views on things, how they would solve problems. BUT respect their answers!
- If the child does not respond to a question avoid pushing, instead change the topic.
- Remember that children live much more in the moment than adults. If they don't want to talk about what happened at school, it may be because it's not important anymore.

### Children may clam up and stop talking openly when...

- They are interrupted
- The adult listener appears bored or busy doing something else
- The adult takes over the conversation
- Their pronunciation or grammar mistakes are criticised
- They feel they are being questioned
- They feel disapproval

### Talking about worries:

Sometimes children need to talk about worries, but don't know how to start. Recognise their feelings and gently prompt them. If you really don't have the time just then, make it clear that you will listen later on – and do. Find a quiet place where you can give your undivided attention. To help children talk about their feelings, find out what they would like to happen before taking over with adult solutions. Consider compromising to ensure the child feels heard and respected. If the problem is serious and you need to act, try to stay calm. Strong adult emotions can scare children into silence.

For more information and support:

Parentline QLD – 1300 30 1300

NAPCAN – [www.napcan.org.au](http://www.napcan.org.au)

Reach Out – <https://au.reachout.com.au>

## **Excellent Writing Samples**

### **Very interesting sentences by Georgia, Year 2**

I love the pet shop because there are so many pets to choose to keep.

Last week, I wanted to buy a doughnut but I didn't have enough money to buy one.

I wanted to go on the slide but I wasn't allowed. So I had to ride on the baby ride.

### **An extract from a story entitled, "The Evil Monkey" by Sahara, Year 2**

Once upon a time, there was a lion called Cookie. She was friendly and had very sharp nails. She had a friend named Lizzy. Lizzy had a thick tail and she loved to acting crazy.

Cookie and Lizzy had beautiful sparkling jewels and they loved going swimming. When they went swimming, they had to leave their jewels on the side of the pool.

One day, Lizzy, Cookie and their friend, Sapphire were playing in the pool. While they were playing, an evil money stole all of their precious jewels. He stole them because he wanted to be powerful, rich and be the best monkey ever.....

## **Year 6 Raffle Ticket Winners**

Thank you to all families who supported our Year 6 Camp fundraising multi-draw raffle. It has been drawn and all winners have been contacted.



Thank you to the following sponsors for contributing prizes: Green Aura, Ian Weigh Toyota Yeppoon, Flight Centre, Great Keppel Island Hideaway, Keppel Konnections, Something Different, Hooked Fishing Charters, DC Motors, Sportsmans Warehouse, the Dooley family, Freedom Fast Cats, Sacred Heart School, Nextra Yeppoon Central, PR Space, JRT, The Rocks, Triple M, Keppel Bay Sailing Club, The Crooked Cubby, Hair Mekka, Nails by Kandice, Bunnings Warehouse, Crossfit CapCoast, Keppel Bay Marina and The Waterline Restaurant.

Just a reminder to all those who purchased a ticket, you can redeem a free kids milkshake at the Waterline Restaurant from the 29th August to 12th September.

### New Kitchen Gardens

Many thanks to all those who attended our garden making working bee last Saturday. It was an extremely successful morning. Particular thanks to our chief organiser, Mrs Bridget Daykin who has done a great job in gaining grant monies and overseeing this project.

\$1000 grant was received from Woolworth and Landcare. We also received donations from the Fitzroy Basin Association, Bunnings Yeppoon and Livingstone Shire Council. Thank you for these organisations.

Year levels will be allocated a garden to look after and hopefully over the coming months the fruits of their labours will be seen.

Tomatoes, cabbages, spring onions, citrus trees and pawpaws have all been planted.







## Community News

St Ursula's College is hosting a Jazz and Shiraz evening on Saturday 7th September 2019. Join us for an evening of friendship and fine wine as we listen to the smooth tunes of the St Ursula's String Ensemble, St Ursula's Jazz Band, 'End of the Line' (an all-girl band made up of a group of talented Year 11 students) and to finish 'Angie' - a well-known local Artist who will get you all up dancing.

Black, red and white is the theme for this soiree; limited tickets available, book now.

# Jazz and Shiraz

**Saturday 7 September**  
**St Ursula's Central Courtyard**  
 6.30 pm until late  
**\$28 (includes a glass of complimentary SHIRAZ and TAPAS)**  
**Theme: Black, Red and White**

**Presented by:**  
STU P&F Association

**Featuring:**  
 STU String Ensemble  
 STU Jazz Band  
 End of the Line  
 Angie

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your parish

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## SOCIAL MIXED NETBALL

Starts 8th October

**TEAM NOMINATIONS ARE NOW OPEN**

**TEAM NOMINATIONS CLOSE**  
 Friday 27th September, 2019

**We have divisions to cater for all levels:**  
(Juniors based on Year level at school)

• Year 5/6 • Year 7/8 • Year 9/10  
 • Year 11/12 • Open A, B and C

**TUESDAY AFTERNOON/EVENING - From 4 pm to 8 pm**  
(DEPENDENT ON REGISTRATIONS NUMBERS)

Come along and join in the fun And excitement of our SOCIAL Mixed Season in Term 4 for 8 weeks starting October 8 to November 26.  
 Teams Nomination FORM are on CCNA Website  
<http://www.capcoast.qld.netball.com.au/>  
**GO TO MIXED NETBALL** for information and forms  
 And then email back to CCNA  
 E - [capcoast.netball@bigpond.com](mailto:capcoast.netball@bigpond.com)

All players must registered online via  
 trybooking  
<https://www.trybooking.com/536809>

**COST**

**\$70 PER PERSON ( NO INSURANCE)**

For 8 WEEK COMP

**REQUIRE INSURANCE EXTRA \$45**

**(NQ SUMMER MEMBERSHIP)**

Capricorn Coast Netball Association  
 Barmaryee Sports Precinct  
 If you have any enquires  
 please feel free to contact – Katrina Whitham  
**Phone: 0438 106 068**  
 Email: [capcoast.netball@bigpond.com](mailto:capcoast.netball@bigpond.com)  
[www.capcoast.qld.netball.com.au](http://www.capcoast.qld.netball.com.au)



## C. and K. Taranganba Community Kindergarten

Enrolments are now being taken for 2020.

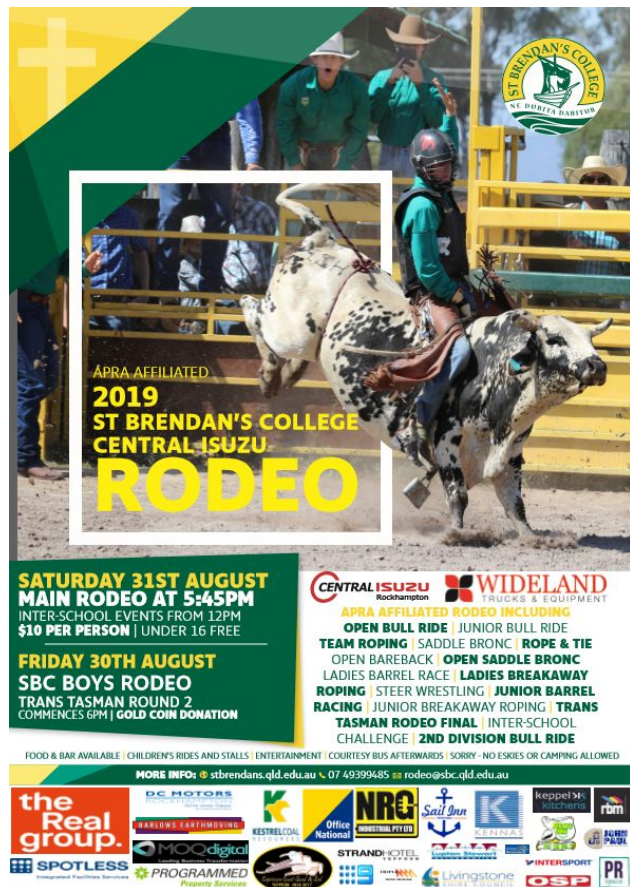
We offer an educational program incorporating our C. and K. approach to Early Years Learning Framework. Our approach develops belonging, exploring, connecting, wellbeing and communicating.

Opening times 8.20am-2.20pm. We follow the state school terms.

Fees are \$37.40 per day. Health or pension card fees are subsidised to approximately \$7 per day.

We have highly qualified educators who have over 39 years combined experience.

Email: taranganba@candk.asn.au Phone: 49302084 C. and K. website: www.candk.asn.au



**APRA AFFILIATED**  
**2019 ST BRENDAN'S COLLEGE CENTRAL ISUZU RODEO**

**SATURDAY 31ST AUGUST**  
**MAIN RODEO AT 5:45PM**  
INTER-SCHOOL EVENTS FROM 12PM  
\$10 PER PERSON | UNDER 16 FREE

**FRIDAY 30TH AUGUST**  
**SBC BOYS RODEO**  
TRANS TASMAN ROUND 2  
COMMENCES 6PM | GOLD COIN DONATION

**CENTRAL ISUZU Rodeo**  
**WIDELAND TRUCKS & EQUIPMENT**

**APRA AFFILIATED RODEO INCLUDING**  
OPEN BULL RIDE | JUNIOR BULL RIDE  
TEAM ROPING | SADDLE BRONC | ROPE & TIE  
OPEN BAREBACK | OPEN SADDLE BRONC  
LADIES BARREL RACE | LADIES BREAKAWAY  
ROPING | STEER WRESTLING | JUNIOR BARREL  
RACING | JUNIOR BREAKAWAY ROPING | TRANS  
TASMAN RODEO FINAL | INTER-SCHOOL  
CHALLENGE | 2ND DIVISION BULL RIDE

FOOD & BAR AVAILABLE | CHILDREN'S RIDES AND STALLS | ENTERTAINMENT | COURTESY BUS AFTERWARDS | SORRY - NO ESKIES OR CAMPING ALLOWED

**MORE INFO:** @ stbrendans.qld.edu.au ☎ 07 49399485 @ rodeo@sbc.qld.edu.au

**the Real group.**  
**SPOTLESS**  
**DC MOTORS**  
**BARLOWE EARTHMOVING**  
**KESTREL COAL**  
**Office National**  
**NRG**  
**SALE INN**  
**KEPPEL SH**  
**RAM**  
**MOODigital**  
**STRAND HOTELS**  
**Livingstone**  
**INTERSPORT**  
**PR**  
**OSP**

## SIGN ON DAY



### Find your pathway

Nippers is a great way for children to make friends, be active, learn lifesaving skills and enjoy the beach in a safe environment. The whole family can have fun. Get down to your local surf club sign on day and find out how you can get involved!

Find us on Facebook or [www.yeppoonslsc.com.au](http://www.yeppoonslsc.com.au), call Sam 0437 184 441

For further information visit:

#### Location/Time

Yeppoon Surf Lifesaving Club  
Main Beach Yeppoon

Sunday 8 September 9am

#### What's on

\*Come and try board paddling, beach flags and other events  
\*Clubhouse tours \*First Aid displays  
\*Meet our members \*Massage table for all  
\*Nippers must be live on 30 September to join and nippers is for U18-USA  
\*Fresh are welcome to join U18-USA \*Adults and everyone else welcome too!  
\*Surf boat rowing, BRB (rubber duck) displays - there is something for everyone at Yeppoon Surf Club

[lifesavingpathways.com.au](http://lifesavingpathways.com.au)