



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

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15th August 2019

From the Principal's Desk

There is always so much to celebrate. Each week at our year level and whole school assemblies, birthdays, Students of the Week, our Frankie and MJR awards, notable achievements of our children are acknowledged.

This Friday and Saturday evenings, we are celebrating important milestones in the faith development of many of our children as they receive Confirmation and First Eucharist.

First Eucharist or First Holy Communion involves sharing in the body and blood of Jesus through the bread and wine. Through this sacrament, our children are united in a special way to Jesus.

Confirmation 'reaffirms' our baptism before we take the final step in becoming a full member of the Catholic Church through sharing in the Eucharist for the first time. We say that they also receive the gifts of the Holy Spirit to assist them in this commitment.

Following are stories which highlight the difficulties sometimes encountered when undertaking our Catholic faith.

A little boy sat down at the kitchen table with his crayons and a big sheet of blank paper, and he started to draw.

His father, noticing him hard at work at the table, stopped to look. "What are you doing, son?"

"I'm drawing a picture of God," said the little boy.

"But," said the father, "You can't draw a picture of God. Nobody knows what God looks like."

The little boy thought for a moment and said, "Well, they will when I finish, Dad."

Legend has it that once St Augustine was walking on the beach about 400 AD, contemplating an explanation of the Holy Trinity, (God the Father, Jesus and the Holy Spirit). He had been working on this for some time and with the Holy Trinity is an extremely difficult concept and he, being a rational person, hoped that he could be the one to explain it.

As he was walking along the beach, he saw something strange and he stopped to take a look. A boy was running back and forth from the ocean to a spot on the beach, carrying water in a seashell, and dropping the water in a little hole in the sand not too far off.

"My boy," said St Augustine. "What are you doing?"

"I am trying to put all the sea into this hole," the boy said.

St Augustine looked at the hole, which was tiny, and said, "But that is impossible. The hole cannot contain all that water. It is too small."

"It is no more impossible than what you are trying to do, comprehend the mystery of the Holy Trinity."

St Augustine stopped at his words and glanced away from the boy. When he turned back, he had vanished.

Over the coming days and into the future, we pray for the following children as they receive Confirmation and Eucharist:

Narlah Calvert, Zeke Dendle, Josephine Edwards, Adelaide Gil, Charlee Harris, Ashton Jensen, Jayden Jackson, Chloe Kleinhans, Fynn Lewis, William Mayberry, Lucas McLean, Byron Mitchell, Patrick Morris, Thomas Morris, Clíodhna O'Reilly, Alli O'Rourke, Aryiana Pianta, Ashton Prieto, Kurtis Ramke, Zade Roper, Cooper Smith, Heidi Smith, Ruby Svenson, Caleb Todman, Hannah Wallis, Krystal Zettl and Kapri Zettl.

My two sons: 23 and 26, one an engineer, the other a social worker, will often tell my wife and I that even after thirteen years of Catholic Education, they no longer believe in God. This is quite disheartening even though we feel they may be saying this to 'stir' us however we know that there is that faith 'seed' sown within them that will one day re-emerge.

Our Sacred Heart children mentioned above continue on their faith journey this Friday and Saturday and we wish them well.

All the very best

Max Martin

From the APRE

There has certainly been a 'buzz' in the air at Sacred Heart this week. This weekend, we have 27 children who will be receiving the Sacraments of Confirmation and Eucharist. What makes it even more special is that they will have Bishop Michael and Fr Matthew here to celebrate with them.

Most are excited that they will be able to join the congregation and actually receive the host at Communion, while others are awaiting the great wisdom (that some think is instant) when they receive the Sacrament of Confirmation.

I still remember my 'First Communion Day' as it was referred to way back when. I wore my sister's hand me down Communion dress, albeit a little more firm on me, a veil and I had long white socks and black shoes that my father polished for me. I can remember that morning at home clearly. My three sisters and I all had long hair. We had all eaten our cereal (Weet-Bix) and our hair had fallen in the bowl as it did most mornings. Mum had gone out to get something and Dad was left to supervise. He couldn't get the cereal out of our hair so he thought that he would help out and cut it out with a pair of scissors. I thought that I looked beautiful and my older sister had the same haircut. As he was about to start on my sister, Angela, mum walked in the door. I don't think that I have ever seen my mother so cranky in my life that day. I couldn't understand why as I looked beautiful.

Thankfully my aunt was a hairdresser. She whizzed around that morning and tidied up our hair for the big event. Mum and Dad still laugh about it now and to do this day Dad thought that he had done a great job.

Besides the rigmarole that occurred that morning, my most important memory was receiving the host. My faith was so powerful that morning that I knew that Jesus was with me and that he was helping me to be the best version of myself possible. That day, I felt that God loved me more than anyone in the whole world and that my calling was to show the Spirit of Jesus and to 'Make Jesus Real' in my life. Such a simple message that we instill in the children today.

God bless the children who are making their Sacrament of Communion and Reconciliation today. May they be filled with your love and your Holy Spirit. Let them be close to you today and may they make Jesus real in their life each and every day. Amen.

Enjoy a Spirit filled weekend.

Mrs Melissa Collins

From the APC

National Science Week is Australia's annual celebration of science and technology. Science Week is designed with events, activities, talks and shows for every age group, providing an opportunity to acknowledge the contributions of Australian scientists to the world of knowledge. It also aims to encourage an interest in science pursuits and to encourage young people to become fascinated by the world in which we live. Visit the Science week website for more information: <https://www.scienceweek.net.au>

Teachers were also immersed in Science this week with Paul Rayner from the Catholic Education Office facilitating at our staff meeting, demonstrating exciting new ways to link STEM into general science and classroom practices. By offering opportunities for our students to engage in the curriculum through inquiry approaches, allows them to learn through curiosity, discovery and collaboration rather than being presented with facts through direct instruction.

Last Week of Premier's Reading Challenge

A reminder that Premier's Reading Challenge is still running, until next Monday. All forms need to be returned to the office by Monday 19th, with class book awards being presented at year level assemblies in week 7. Our Sacred Heart P. and F. is donating these. Thank you.



Have a wonderful week.

Mrs Lisa List.

Reflection

Each week, we provide a link to Fr Matthew Moloney's sermon and Sr Kym's reflection. We hope these provide some spiritual guidance.

Link to [Fr Matthew's sermon](#) Link to [Sr Kym's reflection](#)

Assumption Mass

Today, Sacred Heart celebrated the Feast of the Assumption with St Benedict's. The Feast of the Assumption is a Holy Day of Obligation when we honour Mary, the Mother of Jesus. Being the mother of Jesus would have come with many challenges and what an honour to be chosen.

The Mass was led by the children from the two schools who are receiving their Sacraments this weekend. Thank you to all involved, Mrs Boyd, Mrs Ellis, the musicians, Mrs McLaughlin, Mrs Collins and Fr Matthew for making this Mass so special. It was great to see so many parents and families there as well.



Sacrament of Eucharist

Congratulations to the children who are receiving the Sacraments of Confirmation and/or First Eucharist this weekend. Thank you to Bishop Michael McCarthy and Fr Matthew Maloney for their support and guidance with our sacramental program. Please keep the following children from Sacred Heart School in your prayers:

Narlah Calvert, Zeke Dendle, Josephine Edwards, Adelaide Gil, Charlee Harris, Ashton Jensen, Jayden Jackson, Chloe Kleinhans, Fynn Lewis, William Mayberry, Lucas McLean, Byron Mitchell, Patrick Morris, Thomas Morris, Clíodhna O'Reilly, Alli O'Rourke, Aryriana Pianta, Ashton Prieto, Kurtis Ramke, Zade Roper, Cooper Smith, Heidi Smith, Ruby Svenson, Caleb Todman, Hannah Wallis, Krystal Zettl and Kapri Zettl.

The celebration of the sacraments will take place at Sacred Heart Church:

Sacrament of Confirmation - Friday 16th August at 6pm.

Sacrament of First Eucharist - Saturday 17th August at 6pm mass.

Please arrive half an hour before the commencement of the ceremony.

Important dates

August

Friday 16th - Confirmation being held at Sacred Heart Church 6pm.

Saturday 17th - First Eucharist being celebrated 6pm mass.

Monday 19th - Book Week "Reading Is My Secret Power."

Thursday 22nd - Book Week dress up assembly from 8.40am.

Friday 23rd - School discos from 5.30pm in our multi purpose area.

Wednesday 28th - Prep vision screening at school

Friday 30th - Final day of interschool sport for Year 5 and 6.

Saturday 31st - Regional final of Development Shield.

September

Monday 2nd - Father Matthew away in Longreach all this month.

Friday 6th - CQ Robotics competition in Rockhampton

Friday 13th - Milo 8s cricket day for Year 5s and 6s.

Friday 20th - Final day of Term 3.

Important Reminder For Families

Some families when they come to pick their children up in the afternoon, in their haste, are leaving younger child / sleeping babies unattended in their car.

A reminder that no child is to be left unattended in a car during pick up times.

It is also important to ensure that you park in a designated parking space at all times. Double parking endangers the lives of our children.

Thank you.

New Prep Assistant

We welcome Mrs Lisa McDonald onto our staff as our new Prep CP assistant.

Mrs McDonald commences next week.

A big thank you to Miss Bridget Campbell who has been working in Prep CP for the past three weeks and doing a wonderful job.

Thank you To Mrs Goltz

Over the past five weeks, Mrs Meagan Goltz has been completing her teaching prac with our Year 6E children. This Friday will be her final day.

On behalf of our school, we thank her for all the work she has done at Sacred Heart and wish her all the best in her future teaching career.

Student Awards

Prep	Ella Van Zanden-Gillen, Tiarna Vann, Ashton Virzintas, Harper Mephram, Oliver Poole, Hayden Pont, Austin Jackson, Ella Jansen, Taia Dooley
Year 1	Beckett Catt, Charlie Busch, Harley Neagle, Koby Neubecker, Aadi Jothiraj, Therese Anish
Year 2	Isaac Davey, Jake Jensen, Spencer Toby, Olivia Kronk, Mikayla deBeer
Year 3	Cash Warner, Layla Carswell
Year 4	Emma Dawson, Elliot Franklin, Sonny Eyles, Krystal Zettle
Year 5	Zade Roper, Thomas Brown, Cooper Morton
Year 6	Holly Stack, Hugo Rothery, Cooper Smith, Zsa Zsa Hart, Samuel Housman, Alexis Sloper

Minnie Vinnies' Retreat Day

Twenty-three members of our Mini Vinnies group attended a retreat day at Emmaus College on 6th August.

The focus was how we can be 'Stewards of Creation'. Pope Francis' Encyclical, Laudato Si, inspired this event.

Here are some reflections from the attendees.

I liked the opening **Liturgy**. It was special because as part of the prayer we got to clean a littered Barrier Reef and create a beautiful reef with nature items that we should protect. Sienna, Hallie, Nariah,

We enjoyed the **Secret Dancer** activity. It was fun to play and at the end we realised that it takes only one person to change things so that



everyone enjoys everything in our world. Chloe, Maggie, Katelyn, Ben



The **Spider's Web** was the best. We made a circle and threw a ball of wool forwards and back, to create a web. Then we had to keep a ball from falling through the web. It was hard but we managed to tighten up our circle until the ball stayed on top of the web. This means that we need to make sure our society (the web) looks after everyone, especially those in need (the ball). Sabina, Hannah, Tileah, Neassa, Alexis

We also used Lego blocks to do some **Town Planning**. We had to design towns that ensured the needs of the disabled and handicapped. Morgan, Clíodhna



The **Budgeting** workshop gave us a set amount of money and lists of household needs. We had to sort them in 'needs' and 'wants' categories. Then we had to choose items that were most economical and had the least packaging. It was challenging but it made us realise that our choices affect others and the environment. Jack, Majella, Caitlin, Regan, Evie

The whole day was proactive, fun and gave us a lot to think about and share with others back at school. Brianna, Ruby

Development Shield Training

There will be Development Shield rugby league training this Sunday 4pm to 5pm at St Brendan's College.

The team's next game will be on Saturday 31st August in Rockhampton before the Capras Intrust Super Cup game, against Rockhampton Grammar. The game will commence at 2.40pm.

Administration - Finance

A friendly reminder that term 3 fees are now overdue. Prompt payment of all overdue fees would be appreciated. Thank you to all families who have paid or are paying off their school fees that were due Friday 9th August.

If you are experiencing financial difficulties, please contact the office to organise a payment plan.

Library News

Book Club Issue 6 has been sent home this week and is due back Friday 30th August 2019. Book Week Theme is "Reading is my Secret Power."

Dress up as your favourite book character, on Thursday 22nd August (Week 6) for our assembly.

Happy reading, Mrs O'Brien and Mrs Sullivan



Environmental News

News from Our Environmental Group

A few weeks ago, we heard about a programme called Envision Hands that uses the plastic tops from milk bottles, water bottles (flat lids only) and soft drink bottles, to create 3D plastic prosthetic arms for children in Third World countries. Visit the website and read all about it.

www.envision.org.au

The lids need to be a number 2 or 4 in the recycle triangle. Larger lids with a 2 or a 4, cannot be processed by their machinery at the moment, neither can laundry liquid lids.

So start collecting your lids. There will be a collection point for the lids in each year level area. Thank you for your support.



Help With Our STEAM Classes

Our STEAM (Science Technology Engineering Arts and Mathematics) classes are in need of shoe boxes and 1.25L soft drink bottles.

If you have any of these items, they can be left at our front office. Thank you

Book Week Assembly

A reminder about our Book Week dress up assembly on Thursday 22nd August from 8.40am in our multi purpose area.

Children and parents/carers are asked to come to school dressed as a book character. It is always a wonderful morning. So start planning your costume now.



2020 PREP OPEN DAYS SACRED HEART



Prospective new families are invited to attend one of two open days at Sacred Heart School, Yeppoon.

The dates are:
Tuesday 20th August, 9am-10am.
Wednesday 28th August, 9am- 10am.

Please come and join us and stay for morning tea.

Capricorn Coast Junior Touch Football

Junior Touch is starting, commencing Thursday 5th September through to grand finals on Thursday 21st November 2019 (No games school holidays).

Competitions will be for the following:

Preps – Mixed with 5 players on the field (3 boys/2 girls or 2 boys/3 girls or 1 boy/4 girls) and played on a modified quarter size touch field. A Coach is required on the field to organise players.

Grades 1 and 2 – Boys and Girls competitions with 5 players on the field and played on a modified half touch field. A Coach can be on the field if required to help new players/teams.

Grades 3 and 4 – Boys and Girls competitions with 5 players on the field and played on a modified half touch field. The Coach is required to be in the sub-box with the substitution players

Grades 5 and 6 – Boys and Girls competitions with 6 players on the field and played on a full-sized touch field. A Coach is required to be in the sub-box with the substitution players.

All registrations are now to be taken online. We can no longer accept cash payments for registration.

The team contact person will need to register their team to obtain an eight digit 'team code' and a link that then needs to be sent to your teammates.

The link to register is here <https://membership.sportstg.com/regoform.cgi?formID=83283>

Players then register themselves using the player registration form and team code.

Online team registrations will open on Thursday 1st August and close on Thursday 24th August.

CCTA will also need a completed team sheet that can be emailed to the team contact when you register your team.

Registration fee will be \$60 per child. FairPlay vouchers are accepted. Games will start at 4pm through to 7pm followed on by our Senior games. Junior referees will be contacted and new referees will be welcomed. A Level One Accreditation course will be held in the near future. Volunteer help in the canteen is always greatly appreciated.

All queries are to be directed to Sandi O'Brien (Registrar) Mobile: 0413735991

Saturday
AUGUST
24



**SACRED HEART
PRIMARY SCHOOL
KITCHEN GARDEN
WORKING BEE**

**Meet in front of the
'After Hours School Care' Building
from 8am.**

Mums and Dads, Carers, Grandmothers and Grandfathers, Friends.
WE NEED YOU!

Come along and help build the new Sacred Heart Kitchen Garden.
Bring your gloves ,tools and a positive attitude.
Help make a start on creating this new workspace for the children.

**A Sausage Sizzle will be put on by the
P&F Committee from 10am**

BROLGA PROGRAM

SCIENCE, COUNTRY, CULTURE
AND COMMUNITY PROGRAM FOR
INDIGENOUS STUDENTS YEARS 5 – 12



Designed for Indigenous students in Years 5 – 12, the BROLGA program is a mix of on-campus and 'on country' learning experiences that increase student awareness of some aspects of CQUniversity, incorporating elements of community, country and culture. Students will be empowered and familiarised with our CQUniversity campus, learn new things, meet new friends, and our senior students will be provided with a further understanding of pathways.

BROLGA will occur over five days with a range of activities facilitated by Aboriginal and Torres Strait Islander cultural mentors, community, government, professional and academic staff from CQUniversity. 'On country' is used as a platform for cultural and connection activities that strengthens student understandings of opportunities and the importance of personal goals. This program reflects career education. Students will briefly recognise the significance of country, culture and community.

ACTIVITY HIGHLIGHTS

- » Sport and culture
- » Science and the environment
- » Pathways and guest speakers
- » Cultural celebrations and Student Wrap-Ups

ENTRY REQUIREMENTS

Students will require a minimum of 90 per cent school attendance and have no school incident reports within the last term. This program is a reward for successful students.

HOW TO APPLY

Contact us at BROLGA@cqu.edu.au for an application form.

KEY INFORMATION

Date:
Monday, 23 September –
Friday, 27 September 2019

Duration:
Five days

Location:
CQUniversity Rockhampton North

Drop off and pick up:
CQUni Community Sports Centre

Time:
8.15 am – 3 pm each day

Contact:
BROLGA@cqu.edu.au

Applications close
Friday, 30 August 2019.

BE WHAT YOU WANT TO BE

cqu.edu.au



The CQ Hospital & Health Service and CQ Community Suicide Prevention Network Inc. is providing SafeTALK Training **free** for participants.

BECOME SUICIDE-ALERT



safeTALK

suicide alertness for everyone

Learning goals and objectives

Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicide thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide

Who the course is targeted at:

People who are in public facing jobs, who regularly interact with a lot of people, often on a regular basis, for example those in professions like Security, Receptionists, Teachers, Care Workers

How much does SafeTALK Cost?

There is no cost attached to this training as funding is provided by the CQ Hospital and Health Service. The objective of this training is to create a suicide safer community through education and training.

A total of 10 participants need to confirm for a SafeTALK workshop to take place.

SafeTALK Training

When: Monday 26th August 2019

Time: 9:00-1:00

Venue: Community Health Bolsover Street

RSVP: CQ Community Suicide Prevention Network via email cqcspn@gmail.com

Cost: Free



KEEN TO SWIM?
SIGN ON DAY!

YEPPOON SHARKS SWIMMING CLUB

Sign up and join us on club nights at the Cooe Bay pool - 15m, 25m or 50m
in your age division - a friendly, fun and supportive environment.

**OPEN
TO KIDS**

AGE DIVISIONS:
7 YRS AND UNDER
8 YRS OLD
9 YRS AND OVER

WHERE

YEPPOON AQUATIC CENTRE
MATTHEW FLINDERS DRIVE
YEPPOON, QLD 4703

WHEN

WEDNESDAY, 11 SEPT 2019
5:45PM FOR A 6:00PM START

For all enquiries please email yeppoonsharks@gmail.com