



Date 19th September

From The Principal's Desk

The Boys at the Post Box

On Tuesday this week, I watched them scuttle out of the cars at the Woolworths complex.

First the beautiful little poppet from a local primary school, shirt in, hat firmly on his head. Deftly he opened his family post box, carefully read the front of each envelope to ensure he had the right mail and then hightailed it back to mum.

Then along leaps a taller lad in a Sacred Heart uniform, unlocks his box, rifles through the correspondence and then, bless him, hops in line with me to collect a parcel.

Their mums sat contentedly in their cars, checking their phones and shopping lists. Blissfully I remembered the days when, if the phone rang, three little bodies hurtled towards the shrilling to welcome each caller. Or the awkward peeling of potatoes, or the helpful cracking of eggs which added a surprise crunch to quiche or the excited 'Can I vacuum now?'

For a brief honeymoon period, I thought by age 12, I'd have our three children all robotically working and a well run, tidy household.

Now, almost daily, I listen to parents 'tearing their hair out' at the in-school and/or at-home behaviour of their children. I nod vigorously and often add my own two cents about my own parenting experiences (and failures).

You may know the quote, over 2500 years old, attributed to Socrates or Plato (academics are unsure), "The children now love luxury; they have bad manners, contempt for authority; they show disrespect for elders and love chatter in place of exercise. Children are now tyrants, not the servants of their households. They no longer rise when elders enter the room. They contradict their parents, chatter before company, gobble up dainties at the table, cross their legs, and tyrannize their teachers."

Or Hesiod's comment:

"I see no hope for the future of our people if they are dependent on frivolous youth of today, for certainly all youth are reckless beyond words... When I was young, we were taught to be discreet and respectful of elders, but the present youth are exceedingly disrespectful and impatient of restraint" (Hesiod, 8th century BC).

Gee, lots of words ring a bell, echoing what I hear sometimes in my office – spoilt, disrespectful, tyrants, lack of exercise. The conflict between children and parents (and teachers) is timeless.

However, Hesiod was wrong, those words said years ago "I see no hope for the future" were incorrect. The future beyond Hesiod, just kept improving in the past one thousand two hundred years ago.

Kids do make it. Hey, we did.

Not all kids are 'naughty' of course, but many do go through a developmentally normal rough patch. So work with us as a school. As parents stick to your guns, have firm parameters and clear consequences when things go wrong, give them hope in their future and reassure that they are loved.

And possibly pray, like I did 26 years ago, that when his parenting time comes, my older son would also receive a beastly reflux baby. That our children come to understand the trials and tribulations of parenting themselves.

Maybe it is also a good time to give our parents thanks for 'getting us through' and supporting us to be the best adults we can be.

Enjoy the next two weeks. See you all on Tuesday 8th October for the start of Term 4. Thank you everyone for your support this term. It has been greatly appreciated.

All the best

Max Martin

From Our APRE

Holidays are spent differently for each one of us. For me, I am catching up with my four eldest children as we celebrate a family wedding. The two youngest are off on a trip of a lifetime; a cultural tour to Italy and Spain. They have worked extremely hard to pay for their trip and whilst I am extremely proud of their effort, I need to admit that it is exhausting trying to organise their bags, making sure that they have everything they need.

In contemplating my holiday, I have come to the realisation that my children are spreading their wings and are slowly leaving the nest. The time has flown by so quickly, yet I can vividly remember the arrival of all six, as would all of you remember the arrival of each of yours.

Your time with your children is precious. This holidays, take the time to see how much they have grown and appreciate every moment. You will never get this time back. Remember children are a gift, an amazing blessing from God.

Lord, Thank you for the gift of our children. I pray that you protect them and keep them healthy. Watch over them in all areas of their life and keep them safe. Amen.

Have a wonderful holiday.

Melissa Collins

Baptism Invitation

Next term, families will have the opportunity to participate in a Baptism information session.

Children need to have received the sacrament of Baptism in the Catholic Church to receive the other sacraments.

If you're considering the sacrament of Baptism for your child, please leave their name at the office or see Melissa Collins for any enquiries. Thank you.

Reflection

Each week, we provide a link to Fr Chase's sermon and Sr Kym's reflection. We hope these provide some spiritual guidance.

Link to [Fr Chase's sermon](#) [Sr Kym's reflection](#)

From Our APC

It is hard to believe that we are in the final week of Term 3. However, if we look back on the many activities students have been involved in throughout this term, I am amazed at the long list of accomplishments.

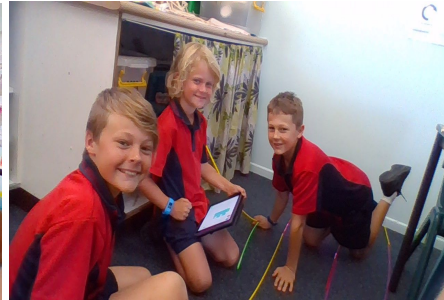
Our students have participated in sporting and musical events and competitions, ICAS Assessments, Robotics competitions, Mini Vinnie events, Athletics carnivals, Friday inter-school sport, chess, gardening adventures, Challenge Cup, met with Olympic Athletes and television personalities. There has also been class excursions, prayer assemblies, masses, visits by indigenous elders and dancers, Premier's Reading Challenge, Book Week and the Catholic Schools' Touch Competition.

It is no wonder children and teachers are ready for a well-earned rest because in amongst all those activities, there has been a great deal of learning and excitement in our classrooms.

I am feeling very fortunate, as I will be having an extra-long holiday, returning in Week 5 of next term.

In my absence, Mrs Deb Campbell will be taking over as Assistant to the Principal Curriculum and Mrs Linda Halson will be teaching STEAM.





Wishing you all a happy and safe holiday.

Mrs Lisa List.

Important Dates

September

Friday 20th - Final day of Term 3.

October

Monday 7th - Queen's birthday holiday.

Wednesday 8th and Friday 10th - No tuckshop this week.

Tuesday 8th - First day of Term 4.

Thursday 10th - Whole school assembly 8.40am with Year 6J presenting.

Wednesday 23rd - Music Showcase 6.30pm in our multi purpose area.

Farewell

To Mrs Rebecca Pianta, one of our wonderful teacher assistants, who leaves us at the end of the term. Mrs Pianta has been working at Sacred Heart for the past 5 and a half years and we thank her for sharing her expertise, friendliness, passion, enthusiasm and energy over this time. We wish her all the best for the future.

To Sarah Hall from Year 5 who is leaving Sacred Heart also. We wish Sarah all the very best.



All The Best

All the best to our tuckshop coordinator, Mrs Meg Stebhens who is getting married the first weekend after these holidays.

We wish her and her husband to be, all the best for the future.

As Meg will be away the first week, there will be no tuckshop on Wednesday 8th and Friday 10th October. Thank you.

Acting Assistant To The Principal Curriculum

Congratulations to Mrs Deb Campbell who will be fulfilling the role of APC for the first four weeks of term four while Mrs List is away on leave.

Mrs Campbell is currently one of our learning support coordinators and will continue in the role, in some capacity while being our APC.

Sacred Heart Music Showcase

Our Instrumental children have been given a note this week regarding our Music Showcase to be held next term on Wednesday 23rd October from 6pm in our multi purpose area. Permission slips are to be returned by Wednesday 18th September. Thank you.

Our children and teachers have certainly worked very conscientiously this year and are looking forward to displaying their talents.

Everyone is invited to attend this event.

Student Awards

Prep	Jordan Keily, Willem Shackleton, Millie Roper, Addison Toby
Year 2	Vera Cook, Cooper Moylan, Payton Size
Year 3	Lily Trevor, Finn Stone, Eden Harris
Year 4	Lucas McLean, Georgie Hay
Year 5	Brienna Coughlan
Year 6	Victoria Forbes

MJR Awards

Jessica Gleeson, Leah Wex, Riley Robertson for Year 6 for your thoughtfulness in offering help to others. Thank you.

Amy Campbell, Mia Shackleton, Bria Goldman, Zsa Zsa Hart, Holly Stack and Charlee Neubecker from Year 6 for representing our school with skill and determination at inter school touch.

Micah Hawkes and Emmett Symonds from Prep for showing great enthusiasm and skill at PE lessons.

Ethan Pedersen from Year 5 for displaying excellent getting along skills at lunch times.

Lucy Thomas from Year 1 for being a wonderful friend and looking after others at lunch times.

Liam Cook from Year 6 for displaying good leadership skills and being a wonderful role model for your peers.

Jaxon Mitchell from Year 2 for your friendly good mornings and for playing so well with others before school.



Year 2 Excursion



Year 2 Excursion to the Archer Park Rail Museum and Victoria Park Playground

Last Thursday, our Year 2 students travelled to Rockhampton as part of our History and Science units on transport and forces.

Each class had a wonderful tour guide to explain the history of trains in Rockhampton and to answer many questions.

It was like we went back in time. One of the trains was just like the Hogwart's Express.

We explored a train from the past. We looked at where the people slept and ate. We thought it looked very fancy and would love to go on a journey in this train!

At Victoria Park, we explored the play equipment and investigated that many things needed push or pull forces to make them work.

We had a great day exploring the Archer Park Rail Museum and Victoria Park playground. We were able to learn so much about travel in the past and push and pull forces. What a great day!

"I enjoyed looking at the steam train. I saw where the coal used to be shovel in and where the driver would sit and pull the levers" Cooper Moylan

"I liked seeing how people used to sleep on trains and how the bed could fold down into bunk beds" Indie Oram

"I liked pulling the lever and watching the signs for the train change" Ethan Dixon

"The train from the Hogwarts Express was my favourite thing" Hazel Hovey

"Going into the big sleeper carriage was fun" Lola Czulowski

"It was the best day of my life" Georgia Carriage



Year 3 Writing

One beautiful morning, Max was having coffee and his dog named Super Ace was eating choc chip biscuits for dogs.

One the same morning, a robber named Charlie Nan escaped from prison. The prison was Albatross, the most secure prison in the whole entire world. It had the most wanted criminals in the world. One of the most wanted prisoners was Charlie Nan.

Albatross also had the best guards in the world. But Charlie used her dynamite and broke out of prison.

Charlie went to the New York City National Bank to steal every piece of gold and money.

Five minutes later, Max and Ace heard a bell ring and it was the bank robbery bell. They got on their vehicles and went to the bank.

Meanwhile, Charlie was getting the gold and diamonds.

Ace had to get off his motorbike and use his super fast speed to get to the bank. Max drove very fast in the SWAT car.

Charlie was in the vault with the door closed and was putting money in her bag. Suddenly the door opened and Super Ace and Max were standing there in front of it. Super Ace used his super speed to make Charlie dizzy.

While she was dizzy, Ace and Max put handcuffs on her. They put her in the back of the car and drove to the prison and put her in jail.

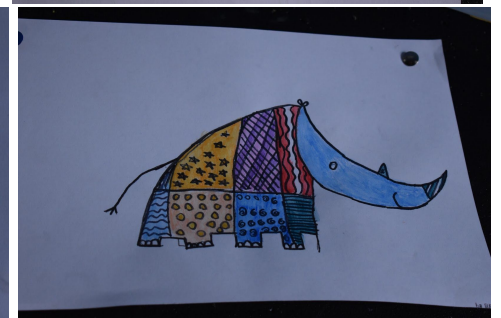
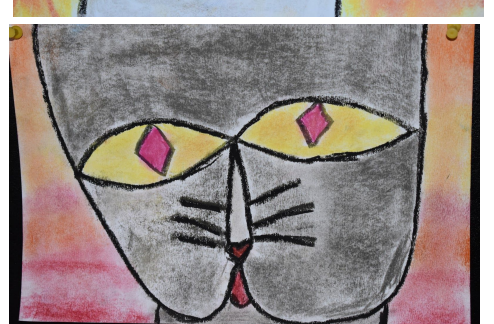
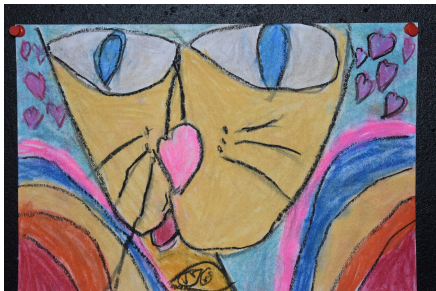
Then Max and Super Ace finally got to finish their coffee and biscuits.

By Davis and Aiden from 3W

Term 3 Art

This term, we have been learning about the different elements of art. We have learnt about types of water colour and the most effective use. Other techniques that we have discovered makes the most of our art work are line, shape and how to fill our page.

Check out the pictures that were created by our budding Sacred Heart Prep, Year 1, Year 2 and Year 3 'Artists in Residence'.



Sports

Congratulations to our two Year 5 and 6 tee-ball teams who won the district inter school competition last week.



Also to our Division 1 boy's and Division 2 girl's touch teams who won their inter school competition last week.

Our Year 6 mixed touch football team placed second at the Catholic inter school touch football competition which was held yesterday in Rockhampton. This team was defeated by St Anthony's 3-2 in the final.



Scouting Award

Congratulations to one of our Year 6 children: Jacob Hemmings, a scout at Yeppoon Group, who has earned the Grey Wolf Award. This award is the pinnacle of the Cub Scout section and there are many requirements that Jacob had to fulfil to receive this. Well done.

Invitation

We are having an
ANGEL PARTY
on Sat. 5 Oct. 2019
at 2.30pm to 4.30pm
To celebrate the newly baptized

Please join us at the
SACRED HEART CHURCH
Community Room

*"Sometimes I Just Look Up,
Smile And Say,
"I Know That Was You God!
Thank You!"*

*We promise a fun time for all
Angel Dress is encouraged
Please practice your dance moves
Cecily Ph. 0408 130 808*



Rosary in the Park

Come, pray with us!

When: **11 am Saturday, 12th October**

Where: **Central Park, Denham Street (opposite Hungry**

Jack's)

All welcome!
(bring a chair)

Our Lady needs to hear from us!



YEPPOON 3-5 October 2019

Yeppoon Town Hall
25 Normanby Street

Thursday and Friday 9am - 4pm, Saturday 9am - 12pm



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Proudly part of
 **UnitingCare**

 **Lifeline** Saving Lives
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MOVIE
at the
PARK

GLENLEE PARK, GLENLEE

Wednesday 25 September 2019

FREE • COMMUNITY EVENT • BRING A
BLANKET • SCHOOL HOLIDAYS • FOOD
STALLS • FUN • RELAX

Food Stalls
From 5pm

The Lego Movie 2 (PG)
6pm - 7:50pm



For further information please phone
Livingstone Shire Council 49135000

 **Livingstone**
SHIRE COUNCIL



FREE SCHOOL HOLIDAY FUN!

SUSTAINABLE LIVINGSTONE

Join the free 'Passport to Sustainable Living' Competition for your chance to win a trip for 4 to Great Keppel Island, thanks to Lendlease Foundation and Freedom Fast Cats!

- GET INTO THE GREEN SCENE -

Find your 'Passport' in participating businesses or download from Council's website to begin your Sustainable Living Adventure!
(PARTICIPATING BUSINESSES WILL HAVE A PASSPORT TO SUSTAINABLE LIVING POSTER IN THEIR FRONT WINDOW)

Your job is to find the sustainable product/service (chosen by each store) to earn a stamp in your passport. There is a minimum number of stamps needed. Once you have enough stamps to go in the draw to win, visit the Admin Marquee at the Sustainable Livingstone Expo to collect your last stamp on Sunday 29 September 2019 in Beaman Park, Yeppoon!

WINNER DRAWN 2.30PM - SUNDAY 29 SEPTEMBER 2019



For further information please contact Council's Engagement & Events Team on 4913 5000



Thinking about joining our club?

- o Our 'Come & Try' nights are perfect time to come and see what Emu Park Swimming Club is all about
- o All levels welcome. Only requirement is that your child can swim 12.5m
- o We have swimmers from age 5 to 16
- o We will have all the information you need to sign up, and club teamwear available to view and purchase
- o The perfect time to come along and ask us all your questions regarding our club

Come and Try & Grading Nights

Wednesday 9th October
Wednesday 16th October
5.45 pm

**Don Ireland Swimming Complex
Pattison Street, Emu Park**

For further information
Contact our club secretary
epswimclub@gmail.com
0447 330 007

BBQ dinner available to purchase

Already a member?

- o Come and complete your re-registration for 2019/2020
- o Club teamwear available for purchase and order
- o Grading - the swims from these trial nights will be used as your base-times for the season ahead

