



# Newsletter

Enriching Spirits - Educating Minds



## Sacred Heart Catholic Primary School

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18th July 2019

Week 1

Term 3

### From The Principal's Desk

The past few weeks have been an amazing time for sport: World Cup cricket, Wimbledon tennis, State of Origin decider, start of the Tour De France. Severe sleep deprivation but well worth it. It has also uncovered several sporting role models: the determination and grit of the Kiwi cricketers, the eloquence of Queensland's league captain, Daley Cherry-Evans, the longevity of Roger Federer and most of all, the humility, positiveness and tenacity of Ash Barty.

Who could forget her comments after losing the quarter final at Wimbledon?

"It's never over until we're shaking hands at the net. Then you've either won or you've lost, and either way you look them in the eye and say, 'Well played, mate.'"

"Today wasn't my day. I didn't win a tennis match. It's not the end of the world. It's a game. I love playing the game. I do everything in my power to try and win every single tennis match. But that's not the case. Today, it's disappointing right now. Give me an hour or so, we'll be all good. The sun's still going to come up tomorrow."

So, I went in search of other inspiring quotes from Australian sports persons.

"When considering the stature of an athlete or for that matter any person, I set great store in certain qualities which I believe to be essential in addition to skill. They are that the person conducts his or her life with dignity, with integrity, courage, and perhaps most of all, with modesty. These virtues are totally compatible with pride, ambition, and competitiveness." (Sir Donald Bradman, cricketer)

"I don't think I'll take the medal as the minute and a half of the race I actually won. I'll take it as the last decade of the hard slog I put in." (Gold medalist ice skater Steven Bradbury, who broke his neck and required 111 stitches in separate incidents on the ice.)

"I don't get out of bed every day to play to win a tennis tournament, I honestly don't. I do it because I love it, but it also provides me with a platform to do what I really want: which is to continue to change the perceptions around disability." (Dylan Alcott, wheelchair tennis champion)

This week, sees the Challenge Cup in Yeppoon, being played in netball and rugby league. It is a wonderful event, bringing together children and their families from twenty six schools; north to Mackay, west to Longreach and south to Bundaberg. Great skills, determination, sportsmanship, competitiveness and enjoyment are very much on show.

Children and sports are definitely a good combination. Participating in a sport enables children to build healthy minds, healthy bodies, friendships and valuable life skills. Sports also teaches about the importance of working as a member of a team and being a good sport.

I can still remember our first foray into organised sport with our daughter, aged 8 and son, 5 playing soccer in Longreach. One was a 'demon' on the field, taking on all opposition, bouncing up after any collision and loving being a team member. The other, Maxie, enjoyed plaiting the grass and running away from the ball. He loved wearing his silky pants, though.

Participating in sporting events provides many lessons in life. One minute a child can be in the winning position racing for the finish line, shooting for a goal or hitting a six. The next minute, that same child can't believe they were pipped at the post, missed the net or were caught on the boundary.

Being a 'good sport' is a valuable learning opportunity that comes as a result of participating in sports. Being humble in victory and gracious in defeat like Ash Barty, are life skills that require not only maturity to demonstrate but also modelling and encouragement by parents, teachers and coaches.

The great thing about sport is that children get the chance to experience emotional highs and lows in a safe, appropriate and structured environment. Sport can give children the chance to learn about being part of a team, winning well, bouncing back from a loss and coping with unpleasant experiences such as injury.

It also teaches us about how important it is to try our best, even if this doesn't always result in winning.

Participating in sports is a great platform for children to feel the reward of putting in effort. It is the effort and not necessarily the result that makes it a success or failure.

All the best,

Max Martin

## From Our APRE

Welcome back to Term 3. I hope that you all enjoyed the time that you got to spend with your children. I got to spend time with some of my children as well as my parents who have recently moved to Brisbane. No. 4 had his tonsils removed in Brisbane and so I got to spend quality time with my parents, which was great. Hopefully I gave my mum some relief, as my father suffers from dementia and whilst they can still manage at home, my father depends on her more and more each week.

Dementia is frustrating not only for the carer but also for the patient. My father knows only too well about dementia and how it works as he watched his mother live with this condition. Whilst we can feel immense sadness, especially when they are frustrated as they still understand what is happening, there are many times when they make you laugh and thankfully, my dad can still laugh at himself.

I took my father and No. 4 to church in Brisbane, where a Nigerian priest said mass. A couple was acknowledged for celebrating 70 years of marriage. Dad asked me how long he had been married. After I told him 55 years, he told me that it was a lot more than that. You see, he has always liked to win and was not impressed that this couple had beaten him.

After he got over this, there was a collection taken up at the end of mass and the altar boys were holding the plates as you walked outside. My father in an incoherent sentence told the little boy that he should play rugby league and then proceeded to hold the little boy's face and kiss him on the forehead. My No. 4 was beside himself and was begging me with his eyes to get us out of there. Out of the corner of my eye, I saw a lady with a young girl smiling. I made my way towards her and asked if she was the altar boy's mother. As she replied, 'Yes', her smile did not wither as she recognised us from Rockhampton, which was her hometown.

As we finally shuffled Dad down the ramp, he made his way to the priest, where he shook his hand and acknowledged him like a long lost friend. You see, he thought that it was Fr James, the Nigerian priest who was based at our Parish and at his Parish in Rockhampton. Thankfully, the priest is Fr James' good friend and we all shared a laugh together. What a small world it truly is.

Let us remember that life is precious. We need to treasure it.

Lord, sometimes we need someone to simply be there. Not to fix anything, or to do anything, but just to let us feel that we are cared for and supported. Help us to be there for others in need of our presence. May we be able to support them in good times and in bad. Amen.

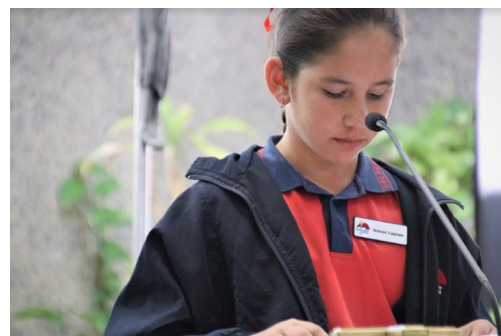
Enjoy your parents and have a great week.

Melissa Collins

## NAIDOC Mass

Several of our students were able to attend the mass for NAIDOC week at Holy Family Church in Rockhampton yesterday. It was a joyous celebration and an honour to share this occasion with many indigenous elders, staff, students and community members from our Catholic Education diocese. Congratulations to our Sacred Heart students who represented their school with pride.

The theme for NAIDOC week 2019 is, 'VOICE. TREATY. TRUTH. Let's work together for a shared future.' This theme means that, "...we need to have a shared, truthful understanding of the nature of the dispute, of history, of how we got to where we stand. Truly hearing this history is vital before we can come to some true reconciliation, some genuine healing for both sides. This is not just the history of our First Peoples – it is the history of all of us, of all of Australia, and we need to own it. Then we can move forward together."



Cassandra Burgen our Indigenous Liaison Officer has forwarded this letter to our school. 'I would like to send a huge congratulations out to our deadly readers Demi Sandilands and Bronson Toby, who both read extremely well and with pride doing their parts of The Prayer of the Faithful and the Uluru statement from the Heart. Thank you to all who helped in any way. It definitely did not go unnoticed and it was brilliant to see all those who attended the service.'



### From Our APC

Welcome back to yet another exciting term of learning and enjoyable experiences at Sacred Heart. This term is already shaping up to be busy with students celebrating NAIDOC week and many students representing our school at Challenge Cup.

Science will be the main focus for STEAM this term, with many exciting hands-on learning activities set to take place in the coming weeks, one, in particular, will see students designing and building a water filtration system.

A reminder that Premier's Reading Challenge is still on-going, this will conclude in week 6, in conjunction with the celebration of 'Book Week'.

Have a wonderful rest of the week.

Lisa List

### Important Dates For Term 3

#### July

Wednesday 17th to Friday 19th - Challenge Cup at St Brendan's College

Monday 22nd - NAIDOC week

Monday 22nd - P. and F. meeting 5.30pm

Tuesday 23rd to Thursday 25th - Principals' meeting in Rockhampton

Thursday 25th - Whole school assembly presented by 4G. St Brendan's students presenting at assembly.

Friday 26th - Development Shield 10 years rugby league interschool competition

Monday 29th - Catholic Education Week starts

Wednesday 31st - Catholic Education Week mass in Rockhampton

#### August

Thursday 1st - School photos

Thursday 1st - Year 6L presenting assembly 8.40am

Friday 2nd - School photos

Friday 2nd - Prep excursion to the Pilbeam Theatre

Friday 2nd Year 5 and 6 interschool sport commences

Monday 5th - School board meeting 7pm

Tuesday 6th - Prep / Year 1 and Year 2 / 3 athletics carnivals at school

Thursday 8th - Assembly at 8.40am with Year 4S presenting.

Monday 12th - Science Week

### Next Week's Thursday Assembly

Next Thursday 25th July at 8.40am in our multi purpose area, our Year 4G class will be presenting a NAIDOC Week assembly.

At this assembly, we will be joined by students from St Brendan's College who will be presenting indigenous dances and songs.

Feel free to join us for this assembly.

### Next Parents and Friends' Meeting

Our next P. and F. meeting will be held on Monday 22nd July from 5.30pm in our school staff room.

All parents and carers are invited to attend. Our meeting go for no longer than an hour. Hope to see you there.

### Principals' Meeting

I will be away from school from Tuesday to Thursday next week attending a principals' conference in Rockhampton. In my absence. Mrs Melissa Collins will be acting principal.

If you have any concerns, please arrange a time to meet with her at school. Thank you.

### Welcome New Families

The Oram family: Molly year 6, Poppy year 4, Indie and Josie year 2. Kate and Paul.

The Jansen family: Jake year 2, Ella Prep. Rebecca and Michael.

The Waters family: Savannah year 4 and Kim.

The Lucas family: Jai year 2 and Samantha.

The Powell family: Nickson year 2. Kristy and Kris.

The Theobald family: Adarna Prep. Jean and Glen.

Welcome into our Sacred Heart family and we wish you all the very best.

### School Photos

School photos will be held on Thursday 1st and Friday 2nd August. Next week, your child would have received an envelope pack to order photographs.

We ask that this envelope be returned to school by Monday.

If you wish for your child / children to have sibling photographs, this pack can be picked up from the school office. Thank you.

### School Captains For Semester Two

We congratulate the following Year 6s on their selection as our school captains for Semester Two.

**Captains: Demi Sandilands and Sheldon Frazer.**

**Vice captains: Makayla Pianta and Raif Dooley.**

We also thank our Semester One captains: Sophie Lewis, Cass Smallwood, Zsa Zsa Hart and Haylen Luckel-Dent on the wonderful work they have done in leading our school.



### Staff Changes Commencing This Term.

We welcome back Mrs Jen Kenny who is teaching our Year 6L class.

To Mrs Katharine Snary formerly Miss Katharine Wright who was married just before the holidays to Clint. Congratulations.

With our school counsellor, Mrs Kelly McKenna on leave for Term Three, we welcome Mrs Sue Wilkins (Emmaus College/St Anthony's Primary School, Rockhampton) and Mrs Camelia Perkins (Emmaus College) will continue to support our children. They will be at Sacred Heart every Monday and Tuesday.

Also, Mrs Stacey Todman is our new finance secretary while Mrs Jeffries in our leave.

### Eucharist Information Sessions

Eucharist sessions for our sacramental program start soon. Children who are currently in Year 4 or above and who have been baptised and received Reconciliation are able to receive the Sacrament of Eucharist.

Information sessions for Eucharist and the Reception of Eucharist and Confirmation will be held on the following dates:

Saturday 27th July	4:45pm registration and information session
Saturday 3rd August	5:30pm sign in and Youth mass
Saturday 10th August	4:45pm sign in and information session

Please remember to bring your completed blue form along with \$25 to our first information evening.

The celebration of the Sacrament of Confirmation will take place at 6pm on Friday 16th August at Sacred Heart Church with Bishop Michael.

The celebration of the Sacrament of First Eucharist will take place the following evening at 6pm mass on Saturday 17th August at Sacred Heart Church.

If you have any queries please contact the parish office on 4933 6171 or Mrs Melissa Collins on 49948215.



## Altar Serving

Our Parish invites children who have been baptised and are preparing for the Sacraments of Reconciliation, Confirmation and Eucharist or have celebrated these sacraments to join the Altar Serving team. Altar serving is an opportunity to be actively involved in the Mass.

Training to be an altar server is provided. Once trained, altar servers are added to the Altar Server Roster. Altar servers can nominate their preferred Mass time and location. Please contact Mrs Collins at school if you wish to be involved.



## Budding Olympic Athlete Visit

On Monday this week, young Australian golfer, Gennai Goodwin visited Sacred Heart and spoke with our Year 4 to 6 children.

Gennai is aiming to represent Australia at the Tokyo Games in 2020 and told our children of her pathway and commitment towards this goal.

Judging by the number of questions asked by our 4s to 6s, they gained a lot from this talk. We wish Gennai all the best in her pursuit.



## Local Development Shield Carnival

Next Friday, 26th July, a Development Shield rugby league carnival will be held at the Barmaryee fields. This event is for children who have turned 10 or are turning 10 this year.

More details will be forthcoming early next week. First game starts at 11:30am. Mr Martin and Mrs Murphy will be attending with our team.

## St Brendan's and St Ursula's Musical Matinee Performance

This Wednesday 24th July, our Year 5 and 6 children will be attending a performance of St Ursula's and St Brendan's musical, "Beauty And The Beast". This will be held in the St Brendan's auditorium, commencing at 9.15am.

Our children will be bussed to and from the venue, leaving school at 8.50am and returning by 11.45am. There is no cost involved.

An email regarding this event will be sent to all Year 5 and 6 families this Monday.

## Catholic Education Week

Catholic Education Week will be celebrated across Queensland from 28th July – 3rd August 2019. This annual event is held to promote the special ethos of Catholic schools and to highlight the great things that take place in Catholic schools every day.

The theme for this year's celebrations is: **Many Voices. One Spirit.**

Catholic education strives to make a difference in the lives of those in our schools and in the wider community by challenging young

people to live out the message of Jesus and to reach their full potential as compassionate, contributing, life-giving members of society.

There are 306 Catholic schools in Queensland that educate around 149,000 students and employ more than 20,000 teachers and staff, and most will celebrate Catholic Education Week in some way.

Our school is planning a number of activities during the week and we hope you are able to join in the celebrations with us. These will be in next week's newsletter. I thank you for your ongoing support and look forward to seeing you during Catholic Education Week 2019.

### 2020 Year 7 Enrolments For St Brendan's, Yeppoon

Speaking with Mr Rob Corboy, the principal of St Brendan's this week, he informed me that applications for Year 7 enrolments for next year will be closing within the next fortnight. Positions are filling quickly.

I ask that families thinking of enrolling their sons in Year 7 at Brendan's in 2020 to contact the College and submit necessary forms as soon as possible. Thank you.

### Community News

#### RCIA Program

Are you interested in learning more about the Catholic faith? Do you know someone who is interested in becoming a Catholic? Are you lapsed Catholic and feeling a yearning to "return home"? R.C.I.A. (Rite of Christian Initiation for Adults) is active in the Capricorn Coast Parish. For more information contact the Parish office on 49336171 or Sue on 49250462.

ST BRENDAN'S COLLEGE  
NE DUBITA DABITUR

STU  
ST URSULA'S  
COLLEGE YEPPOON

THE ST BRENDAN'S COLLEGE AND ST URSULA'S COLLEGE  
PRODUCTION OF

Disney  
**BEAUTY  
AND THE  
BEAST**

MUSIC BY  
**ALAN MENKEN**

LYRICS BY  
**HOWARD ASHMAN & TIM RICE**

BOOK BY  
**LINDA WOOLVERTON**

ORIGINALLY DIRECTED BY  
**ROBERT JESS ROTH**

ORIGINALLY PRODUCED BY  
**DISNEY THEATRICAL PRODUCTIONS**

LICENSED EXCLUSIVELY BY MUSIC THEATRE INTERNATIONAL (AUSTRALASIA).  
ALL PERFORMANCE MATERIALS SUPPLIED BY HAL LEONARD AUSTRALIA.

**SAT 20 JULY 1:30PM**  
**FRI 26 JULY 7:00PM**  
**SAT 27 JULY 5:00PM**

Adults \$18 | Concession/Student \$10  
Family \$50 (2 x Adults 2 x Kids) | Under 5 Gold Coin Donation

**BOOK YOUR TICKETS NOW**  
Call St Brendan's College 49 336 400 8am-4pm Monday to Friday  
or visit [trybooking.com/BCYEG](http://trybooking.com/BCYEG)

Snacks and drinks available for purchase

ST BRENDAN'S COLLEGE PERFORMING ARTS CENTRE, 130 ADELAIDE PARK RD, YEPPOON | [stbrendans.qld.edu.au](http://stbrendans.qld.edu.au)