



# Newsletter

Enriching Spirits - Educating Minds



## Sacred Heart Catholic Primary School

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6th June 2019

Week 7

Term 2

### From The Principal's Desk

This week, we have had three wonderful coaches from the Queensland Reds at Sacred Heart honing the skills of Year 2s, 3s, 4s, 5s and 6s. At the commencement of each lesson, they spoke to our children about how will they know if the lesson had been successful.

The responses gleaned were: We learnt something. We improved our skills. We had fun.

Simple yet it is extremely important to have a goal or success criteria in mind.

This had me thinking of a book entitled, "Legacy" which tells about the All Blacks rugby team and how they have developed an extraordinary high-performance culture and provide an inspiring and effective model for others. The book speaks about fifteen themes central to nature of the All Blacks.

Some of these are:

**Character** – Never be too big to do the small things that need to be done. Character begins with humility.

**Adapt** – When you're on top of your game, change your game. Make a case for change, provide a compelling picture of the future, sustain the capability to change and create a credible plan to execute.

**Purpose** – Ask 'Why?' Create an environment that stimulates others and influences them to want to take part in it.

**Learn** – Create an environment that delivers the opportunity for personal growth and development.

**Authenticity** – Keep it real through a strong identity while exercising honesty and integrity.

**Ritual** – Create a culture. Telling your story, involving your people and creating a legacy while making the intangible real.

**Whakapapa** – Plant trees you'll never see by being a good ancestor.

**Legacy** – This is your time to make a purposeful contribution.

With this in mind, our school board at their last meeting discussed the relevance of our current Mission Statement and the process of a possible revision. Our Mission statement needs to be our touchstone, central to all we do.

As a result, a Sacred Heart Mission Statement plan was developed with the objectives being to:

- Review our school's current Mission Statement with the possibility of an update,
- Aid our children in making meaningful connections with our Mission Statement. Make it relevant for them.
- Guide teachers' understanding and integration of the Statement into their teaching.
- Raise awareness of our school's Mission Statement with our parents and wider community.

In 2019, one of our School Board's focuses will be on the revision of this statement which reads:

*With Jesus as our companion, we honour the past, enrich the present and shape the future as we celebrate our*

*Journey together*

*Excellence in learning and life*

*Spirit of love, forgiveness and fun*

*Unity in developing personal gifts and potential*

*Support of one another in a safe and caring community*

*Through respect for God, self, others and the environment.*

Our board is asking our school families for your thoughts on our current Mission Statement. What do you think is relevant, most meaningful about this mission statement?

What do you feel needs to be included / emphasised in our mission statement?

Your responses to [shy@rok.catholic.edu.au](mailto:shy@rok.catholic.edu.au) will be greatly appreciated. Looking forward to many emails.

All the best

Max Martin

### From the APRE

Being a mother and working full time as your children mature and learn to look after themselves makes life a lot easier. My number 5 child was home from school sick yesterday and was able to stay at home by herself and rest. Obviously, she could call for assistance if needed. Too easy, no one needed to take a sick day to look after her.

We sent her off to school today as she was feeling better and assessment time is hitting the high school timetable hard and fast. The worst part of my day, because Number 5 was allowed to sleep in, was that I would not get to school as early as I wished and would miss my morning coffee on the way. That was until I had a phone call from school to inform me that I should take her to the doctors as she was at the school nurse with chest pain and pain down her left arm. This was definitely going to be the worst part of my day.

An ambulance was called and I met her at the hospital. How life can quickly turn. Lots of tests were administered to rule out anything to do with her heart. Thankfully all tests came back clear. The thought was that it was the start of the flu and that we needed to watch her closely - until..... The doctor pushed on a few spots that hurt. He then asked if she had done anything different today. Her eyes lit up as she remembered that she had played a game of 'Tug-of-war' before the pain had kicked in. Blessed that she was fine, yet embarrassed that we had wasted everybody's time, it was decided that she had a touch of 'Hypercondriac...itis'.

Thankfully we ended up laughing at the situation. Things could have been a lot worse. Some families are not as lucky.

Lord, thank you for the gift of our children. May they all live healthy and happy lives and may we as their parents learn to laugh at their mistakes. Amen

Have a great weekend

Melissa Collins

### Professional Development For APRES

Next week from 10th to 12th June, our APRE, Mrs Collins will be away from school attending professional and faith development days known as Christos. We wish her all the best.

### Confirmation Information Sessions

This Saturday evening, we continue our Confirmation sessions. Those families who wish for their child to receive the Sacrament of Confirmation are required to attend the information session this **Saturday June 8 4:45pm for registration at this session**. Attendance at the following mass will then follow:

Saturday June 22 5:30pm Presentation of Apostles Creed and Mass

Remember to bring your completed **green confirmation form which includes your child's confirmation name and sponsor** this Saturday. If you have any queries, contact the parish office 4933 6171 or Julie McLaughlin 4930 2744.

### Pentecost Mass

This Saturday, we invite all our families to attend a special mass to celebrate Pentecost. It will be held Saturday at 6pm at Sacred Heart Church. We also invite families to bring along any special candles: wedding, baptismal or blessing. These will be placed around our altar to light the church as we celebrate.



## From our APC

Under 8's Day will be celebrated next Thursday, 13th June at Sacred Heart. Students from Prep through to Year 3 will be immersed in a variety of activities including poetry, playdough, construction, craft, painting, dancing, obstacle course, face painting, sensory play and a science corner.

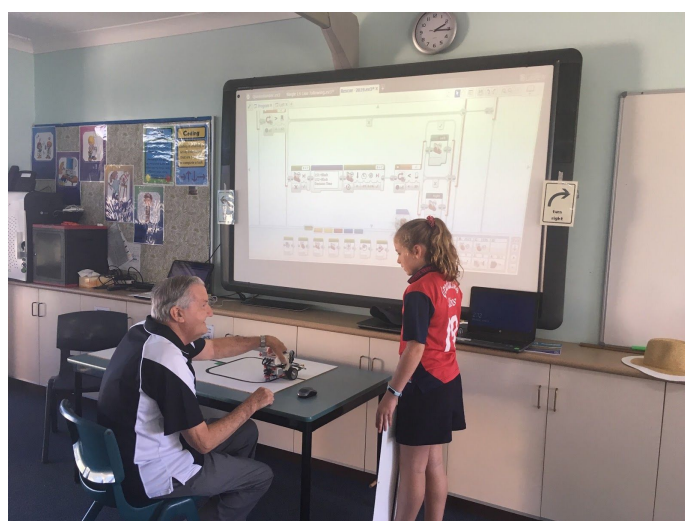
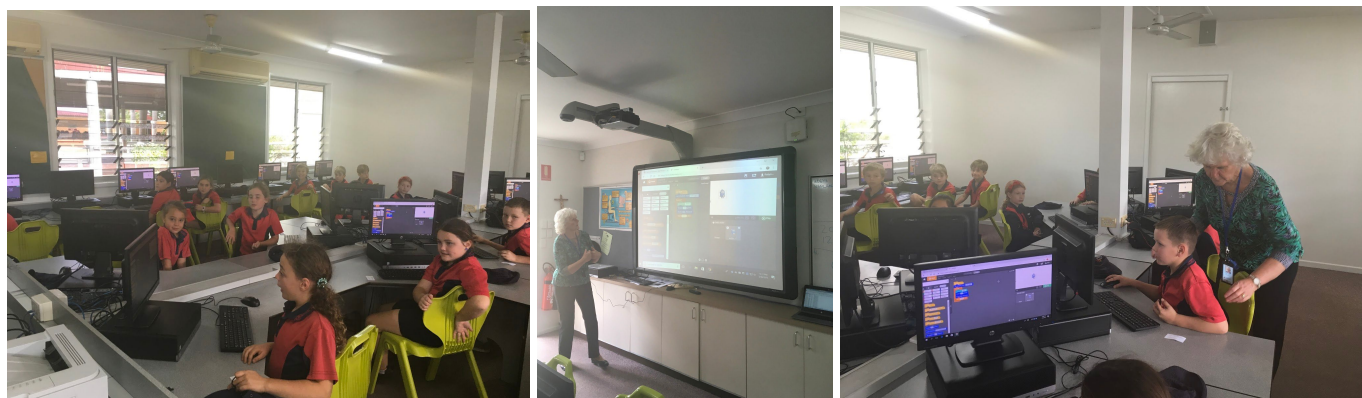
Under 8's Day is about letting children's imaginations run free, socialising with others and being active, while at the same time being engaged in hands on learning. It is a chance for our children to get creative while outside and most importantly, have fun.



This week, Year 3 was fortunate to have Mrs Robyn Finch from the Catholic Education Office visit their classes to teach them coding. They created Tynker accounts and have started to program an Avatar to create 2D shapes.

Coding allows students to make their ideas a reality by using critical thinking skills and programming.

Students competing in the upcoming Robotics Competition were fortunate to have Mr Murphy and Mrs Finch spend Monday afternoon with them, sharing information on how to program robots for dance and perform rescue operations.



Have a wonderful week.

Mrs Lisa List

## Important Dates

### June

Saturday 8th and Sunday 9th - Yeppoon Show

Thursday 13th June - Under 8's day Prep to Year 3 in middle session at school.

Thursday 13th - Rockhampton Show holiday

Friday 14th - Yeppoon Show holiday

Monday 17th and Tuesday 18th - Capricornia athletics carnival

Saturday 22nd - Confirmation ceremony at 6pm mass

Monday 24th - Children report cards go home today.

Tuesday 25th - 2020 Prep orientation afternoon from 3.30pm at school

Wednesday 26th - Sacred Heart feast day. Whole school mass 9am at Sacred Heart Church. Beach activities. Concert.



Friday 28th - RSPCA visit for Prep to Year 3  
Friday 28th - Final day of Term 2.

### New Date for Prep to Year 3 Athletics Carnival

Our Prep / Year 1 and Year 2 / 3 athletics carnivals will now be held on Tuesday 6th August at school. Hoping to see lots of our families at this event.

### Student Awards

Prep	Henry Willey, Charlotte Grob, Emmett Symonds, Boston McAllister, Georgia Blackwood, Austen Carige, Dakota Size, Hudson Daniel, Hudson Turner, Isabella Brans, Sophie Wilczek, Addison Toby
Year 1	Brendan Gilbride, Molly Doust, Felix Shammall, Josie Prince, Oscar Gleeson, Max Atkins, Saige Nielsen
Year 2	Evie Eyles, Kiana Wheoki, Jaxon Mitchell, Darcy Bergman, Jacob Daniel, Ruby Neagle, Mikayla deBeer
Year 3	Davis McDonald, Layla Carswell, Thea Gregson, Clover Shammall, Bastian Hayes, Sienna Hawkes
Year 4	Mikuni Park, Aryriana Pianta, Heidi Smith, Ashton Prieto
Year 5	Reid Weinert, Ayla Brown, Ben Richardson, Giulio Somerville, Katelyn Kleinhans, Charlie Bone
Year 6	Taylor Timperon, Charlie Kidd, Beau Plant, Charley Neubecker

### Frankie Award

This award is presented to a class or child/ren who have been environmentally friendly in some way around our school.

Congratulations to:

Year 6E For sharing your knowledge and enthusiasm with the international Reef Guardian visitors and educating them on how the students and staff at Sacred Heart work together to look after our environment.



### MJR Award

This award is presented to those in our school who show the virtues and qualities inspired by our MJR program.

Well done to the following recipients for this week:

**Tyson Rose** from 5A for showing concern and generosity by always being aware of where help is needed.

**Brianna Brandish** from 5A for displaying determination in keeping up with classwork.

**Maggie Shepherd** from 5A for being a kind, cooperative and resilient class member.

**Lucas McLean** from 4G for your wonderful manners, concern for others and great determination. Well done.

**Harper Mephram** from Prep M for your wonderful getting along skills and for looking after your friends at lunch times.



#### Mini Vinnies' Winter Blanket Drive

Our local St Vinnies is in urgent need of blanket donations this winter. If you have any blankets / bedding you do not require this winter, that are in good condition, or if you would like to purchase a blanket and donate it to St Vincent De Paul, it would be greatly appreciated. Donations can be left at the school office. Our Mini Vinnies group is organising this drive.

#### Year 4 Caves Camp

##### 4M

On Wednesday, my class went to the Capricorn Caves with Mr Martin and Mrs McPherson. We went there to study what is beneath our feet and learn more about our science unit. **Mac**

We were starting to do initiative activities. The first one was the sandpit where you have to try and touch thirty cones in 50 seconds. It was pretty easy (Not!). The next game was the spider web (Again it was hard). The point of the game was to get through the holes without touching the web. When it was my turn people had to lift me up. I failed. But it was fine because the next activity was awesome. It was a big seesaw and we had to balance together. It was fun but challenging.

**Lily**

We learnt about the first explorer of the caves 140 years ago, John Olsen.

**Sonny**

We went adventure caving after lunch, and it was amazing. In the cave, we went through the 'Whale's Belly', 'The Dungeon', the zig-zag tunnel and two inconceivably wobbly bridges. **Kylani**

Eventually, we did the Cathedral Tour and campfire with yummy marshmallows. We went to bed at 9pm.

**Isla**





#### 4G

"Today is the day," I said to myself excitedly. When I got on the bus, I knew this day was going to be the best day EVER! I have already been to the Capricorn Caves with Aunty Stacey and Uncle David, but I have never slept over there before in cabins. After we put our bags in our cabins, the first activity was team building. It looked fun because it had a sand pit and a big looking see-saw. It was huge! Before we went to the activity, the girl that was teaching us about the caves and some of the activities, introduced herself to 4G around the campfire and she said, "Hello guys, my name is Shennoa and we will be doing some activities. The first activity we will be doing is called Mad ball." I was thinking to myself. "What is Mad ball?".... **Alarnii**

On Tuesday, my class went to camp, which was at The Caves, and we were staying for two days. One of my favourite activities was adventure caving. On the way up to the caves, there were lots of rocks in our way but we made it up safely. As soon as we got up, Byron and I saw a bridge. The bridge was wobbly but we still ran across it. When everyone got in the cave there was a challenge. Our instructor told us to turn off our lights and walk through the zig-zag tunnel of the cave. We had to feel our way through and it was pitch black, but we all got out. Then there was a smell. It stunk. Then I heard the noise of bats. The bats were harmless because they were micro bats. Then it was time for the most challenging part of the cave, it was the Whale's Belly. It is really tight plus you have to crawl. Everyone was scared, including me, but I wanted to get it over and done with so I went first. When I went in it was scary, but then I got used to it. At about halfway, there was this part that you had to climb up a slippery rock. I could not reach but Elliot was behind me and he lifted me up. Finally I got up and I said to the instructor, "That was fun, I want to do it again." I had so much fun. I want to go on camp every day.... **Lucas**



#### 4S

On Monday, our Year 4 class went to the Olsen's Capricorn Caves for an overnight camp. We are studying rocks in science. The other classes went after us. We were put into two groups and did lots of activities. We were with Jay who had an awesome beard and told stories around the campfire. I learnt the caves are limestone and use to be part of a coral reef. **Chloe**

We learnt stalactites hang from the ceiling of the cave and are produced by dripping water and minerals and stalagmites are from the deposits of the water and minerals and grow upwards. Sometimes they meet to form a column. Jay called some of these mineral deposits, cave decorations and they were beautiful. The Olsen's named some of them, like the Harp and the Camel. **Boston**

The food was great at camp, cream buns, spaghetti, chicken wraps, Coco Pops and apple custard. The beds were hard. **Thomas**

My group was with Shennoa. In Modern Environments she told us trees communicate underneath the earth using fungi. The rock climbing was the best and I found out that I'm good at it. **Piper**

We sang our Eisteddfod song in the Cathedral Cave at night then turned the lights off and experienced real pitch black. **Alli**

The adventure caving was the best. We had to find our way out of the Dungeon Cave and through the Whale's Belly. **Sabina**



#### Diamante Poetry From Year 5 Theme is Volunteers

Volunteers  
Graceful, encourager  
Helping, coaching, loving  
Give up their time to coach my team, helps us to get better.  
Giving, helping, caring  
Respectful, legendary  
Coaches By Jayden

Volunteers  
Helpful, spectacular  
Planning, preparing, giving  
Gives up time, always hardworking  
Decorating, working, helping  
Amazing, marvellous  
Parent helpers By Amelia



Volunteers  
Awesome, selfless  
Helping, collecting, recycling  
Give up their time, helping to save our beaches  
Teaching, surviving, grassing  
Caring, environmentally friendly  
Landcare  
By Sienna

Volunteers  
Marvellous, helpful  
Winning, supporting, caring  
Could not be better, giving us tips  
Teaching, running, passing  
Athletic, encourager  
Coaches  
By Hunter

Volunteers  
Helpful, friendly  
Planning, giving, loving  
Giving up their time, saves time packing lunch  
Organising, slicing, baking  
Careful, devoted  
Tuckshop helpers  
By Taylor T

### **Sacred Heart Day**

Sacred Heart Day, our school's feast day, will be celebrated on Wednesday 26th June.

The day will start with a whole school Mass at 9am at our parish church. Family and friends are welcome to come and celebrate with us.

More details about what is happening on this day will be forthcoming in next week's newsletter.

### **Rockhampton District Athletics Carnival**

Well done to the following children who competed at the Rockhampton District athletics trials this week: Isaac Thomas, Cooper Sweeney, Ayla Brown, Reid Weinert, Oliver Cugola, Bria Goldman, Neassa O'Reilly, Amy Campbell, Amber Johnson, Murphy Catt, Joshua Russell and Zsa Zsa Hart.

Congratulations to:

Isaac Thomas: 1st in multi event, 1st discus, 3rd long jump, 3rd 200 metres

Bria Goldman: 3rd 1500 metres

Zsa Zsa Hart: 3rd 1500 metres

Neassa O'Reilly: 3rd high jump

Cooper Sweeney: 1st long jump, 2nd in multi event

Amy Campbell: 3rd long jump, 3rd in multi event

Their next carnival is the Capricornia event to be held on 17th and 18th June in Mackay.

### **Rugby Union**

This week and next week, our Year 1, 2, 3, 4, 5 and 6 children have had and will be having specialist rugby union skills lessons with Mr Noel Flowers from Queensland rugby.

These lessons are 40 minutes in duration and our children appear to be enjoying developing their ball handling skills, running and agility.



## Inter School Sports Day

Last Friday, four Sacred Heart netball teams competed at the inter school sports day. All girls represented our school wonderfully, demonstrating fantastic sportsmanship and displaying great enthusiasm.

Two teams made it through to the grand finals. Sacred Heart Red won the B Division final, defeating St Benedict's while our Sacred Heart Blue team were runners up in the A Division, going down by two goals to St Benedict's.

Thank you to the teachers who accompanied our teams; Mrs Sharron Jenkinson, Mrs Amanda Evans, Miss Lucy Boyd and Mrs Lisa List.



Our rugby league team played in a Development Cup round robin competition against local schools, last Friday. They played St Benedict's in the final, running out winners. The team now plays the Rockhampton winner of the Development Cup, Frenchville SS this coming Wednesday at 4pm at St Brendan's College. We wish them all the best and well done on their performance on Friday.

Soccer was played at Apex Park with five teams from Sacred Heart competing.

All played particularly well with our Sacred Heart Maroon team, coming fourth overall.



Thank you to Mr Guhr, Mrs Halson, Mrs Jones, Mrs Curtis and Mrs Lewington for coaching our teams on the day.

## Library News

Book Club Issue No. 4 is due back to school by Monday 10<sup>th</sup> June. If you are ordering online, Prep classes are called Foundation class. Thank you for your support.

Mrs Sandi O'Brien and Mrs Kerry Sullivan

## Year 6 Camp Raffle

Each year our Year 6 families raise money to go towards their camp in November.

This year, a multi-draw raffle has been organised. There are 14 prizes to be won. Tickets will be available next week. Each person that sells a book will receive a free milkshake from 'Waterline Restaurant'. Prizes range from a massage pack worth \$1080 through to a Waterline Restaurant Dinner voucher for \$100. Looking forward to your support.

## Inter School Chess Tournament

Congratulations to Andrew Gill, Jacob Hemmings, Samuel Janes, Jarrah Willis, Charley Neubecker, Thomas Brown, Nicholas Eaton, and Morgan Bridgeman on a successful Chess Tournament in Rockhampton on Monday. Most of the students improved their ranking with Morgan obtaining his first ever ranking.

Well done to Jacob Hemmings who received a 'Merit' for attaining 5 points. The Sacred Heart students represented our school with pride and determination.



## Motor Neuron Disease - Freeze Slide Fundraiser

On Saturday 22nd June, the Yeppoon Swans are conducting a community fundraiser for Motor Neuron Disease.

This fundraiser involves sponsored people going down a slide into a pool of ice water.

One of our Year 5 children, Charlotte Richards and myself aim to raise \$1000 for this cause and do the slide.

The following link takes you to where you can donate for both Charlotte and myself.

Just click on my face on the slide page.

<https://freezemnd-yeppoon.blackbaud-sites.com>

Thank you very much to everyone who has donated so far. Over \$940 has been raised. Please continue to support both Charlotte and myself. It is greatly appreciated.



## Spiritual Connections

Each week, we provide a link to Fr Matthew Moloney's sermon and Sr Kym's reflection. We hope these provide some spiritual guidance.

Link to [Fr Matthew's sermon](#)

Link to [Sr Kym's reflection](#)

**P E N T E C O S T**



**COME AND JOIN US FOR OUR 6PM VIGIL MASS AT  
SACRED HEART CHURCH THIS SATURDAY 8 JUNE 2019 WE WILL  
HAVE A SPECIAL CELEBRATION WITH TAIZE MUSIC & SINGING.**

**PLEASE BRING YOUR BAPTISMAL, WEDDING OR FAMILY CANDLE  
TO PLACE IN THE SANCTUARY PRAYER SPACE.**



## POSITION VACANT



### Finance Secretary (term-time contract) Sacred Heart Catholic Primary School Yeppoon

Commencing 15<sup>th</sup> July 2019 until 13<sup>th</sup> December  
2019

Applications are now invited from suitably qualified and enthusiastic persons for the position of Term Time contract Finance Secretary (34.5 HPW). Monday to Thursday 7.55am to 3.35pm.

The successful applicant will have relevant experience and an understanding of, and a commitment to, the ethos of Catholic Education. A Working with Children Check (WWCC) and eligibility for a Suitability Notice will also be required. In addition, you will have excellent time management skills, well developed interpersonal skills and a high proficiency of computer skills.

Tertiary requirements at Certificate level or equivalent knowledge, qualifications and experience relevant to the position is required.

*To apply for this position, an application package can be obtained from the school office:*

**Applications addressed to:**

Mr Max Martin, Principal  
Sacred Heart Catholic Primary School  
14 Barracuda Crescent  
YEPPOON Q'LD 4703

or email to [shy@rok.catholic.edu.au](mailto:shy@rok.catholic.edu.au)

**Applications to be received by Monday 17<sup>th</sup> June, 2019. Thank you.**

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