



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

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23rd May 2019

Week 5

Term 2

From The Principal's Desk

Chancing Your Arm.

You may have heard of the Irish expression to 'chance your arm'. It means to put yourself at risk for the benefit of a cause, to have a go, even though you may fail.

Several years ago now, I had the good fortune of visiting St Patrick's Cathedral in Dublin where the phrase originated.

The story begins in 1492, when two rival Irish families, the Butlers of Ormonde and the FitzGeralds of Kildare, were involved in a bitter feud. This disagreement centred on the position of Lord Deputy. Both families wanted one of their own to hold the position. Eventually outright warfare broke out, culminating in a skirmish outside the Dublin city walls.

The Butlers went into retreat and barricaded themselves into the chapter house of the cathedral. The Fitzgeralds followed them in and kept them under siege. Eventually, the Fitzgeralds called for peace and invited the Butlers to come out into the open.

However, the family, fortified and safe within the bowels of the cathedral, believed there would be a wholesale slaughter, if they left their sanctuary.

As a gesture of good faith, the head of the Kildare family, Gerald FitzGerald, ordered that a hole be cut in the door. He then thrust his arm through the hole and offered his hand in peace to those on the other side. Upon seeing that FitzGerald was willing to risk or 'chance' his arm, by putting it through the door, the Butlers reasoned that he was serious in his intention. They shook hands through the door, the Butlers emerged from the chapter house and the two families made peace.

The door is still proudly on display in St Patrick's cathedral today. It is now called the 'Door of Reconciliation'.

This story and the door are wonderful analogies for what reconciliation is all about.

A true reconciliation involves risk, putting yourself in danger and seeking true peace. It takes humility and courage to truly resolve a major dispute. Putting your hand forward and seeking or saying an apology, may be rebuffed; it involves a chance. It is difficult, if a genuine attempt at apology is not accepted. In fact it is an insult.

In families and in schools, things do not always go perfectly. People make mistakes.

As a parent and as a teacher, I have made errors. How these mistakes are resolved make a significant difference to how a community, how a household, runs. Our children no matter how old, can be very good at pushing buttons.

Being patient, firm and calm can be difficult. Screaming fits, irrational responses, can be the 'go to' response in some families. These can be 'one off' events or they can plummet into reactive 'behaviour ruts' that families (dare we say marriages) fall into.

Seeking 'right relationship' and creating a restorative family and school environment are key to creating confidence and happiness in our children.

If you feel your relationships are falling into regular, negative patterns, is it time to chance your arm?

All the best

Max Martin

From Our APRE

I was inspired with Andrew Denton's show where he interviewed parents who due to the loss of their sons, are starting up a kindness program.

The intention is for us to realise the difference we can make in someone's life just by one kind act. This is something I have tried to instill in my children (although the message sometimes falls upon deaf ears).

When walking with my daughters, I often say, "Watch this," as I say good morning to another walker or ask someone how their day is going. This normally ends in a smile from both sides, where my daughters giggle as I say, "Now doesn't that feel good?" I also remind them that this could be the nicest thing that happens to that person today. It is truly amazing how something that costs us nothing can bring such joy and we will never know the extent that joy has created.

Today as I chatted to a couple of children in regards to their behaviour, their consequence, was to do three kind things each day; one for their teacher, one for someone that they do not normally have a conversation with and one for themselves. We discussed how by doing kind things, helps us to change who we are as we realise that everything we do affects others.

Let's hope that these acts of kindness make Jesus real at our school each and every day.

Have a great week.

Melissa Collins

Confirmation Information Sessions

Confirmation sessions for our sacramental program start this weekend. Children who are currently in Year 4 or above and who have been baptised and received Reconciliation are able to receive the Sacrament of Confirmation and Eucharist. Please bring your forms and money with you on Saturday night.

Information sessions for Confirmation will be held on the following dates:

- | | |
|--------------------|--|
| Saturday May 25th | 5:30pm Registration and youth mass |
| Saturday June 1st | 4:45pm Sign in and information session 1 |
| Saturday June 8th | 4:45pm Sign in and information session 2 |
| Saturday June 22nd | 5:30pm Presentation of Apostles Creed and mass |

If you have any queries please contact the parish office on 4933 6171 or Mrs Melissa Collins on 49948215.

Link to [Confirmation](#)

From our APC

National Simultaneous Storytime (NSS) is an annual campaign that aims to encourage more young Australians to read and enjoy books.

Now in its 19th successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy.



Today, our Prep and Year 6s viewed a live production of 'Alpacas with Maracas', all thanks to Mrs Kerry Sullivan, our librarian. Mrs Sullivan organised props and costumes, enlisting Mr Martin, Mrs List and our Prep and Year 6 teachers to act out the story for our children.





Have a wonderful week.

Lisa List

Important Dates

May

Friday 24th - KCD 12/11/10s athletics carnival at Farnborough SS

Friday 24th - Visit by our Diocesan director, Leesa Jeffcoat.

Saturday 25th - Youth Mass at Sacred Heart church.

Monday 27th, Tuesday 28th, Wednesday 29th, Thursday 30th - Year 4 camp to the Caves

Tuesday 28th - Capricornia cross country in Emerald

Wednesday 29th to Friday 31st - Diocesan Learning Support Conference in Rockhampton. Mrs McKenna and Mrs Campbell attending.

Thursday 30th - Whole school assembly for Reconciliation Week 8.40am.

Friday 31st - Year 5 and 6 interschool sports day for soccer, netball and rugby league.

Friday 31st - School discos in our multi-purpose area.

June

Monday 3rd - Inter School chess competition in Rockhampton

Monday 3rd and Tuesday 4th - Rockhampton district athletics carnival

Saturday 8th and Sunday 9th - Yeppoon Show

Thursday 13th - Rockhampton Show holiday

Friday 14th - Yeppoon Show holiday

Monday 17th and Tuesday 18th - Capricornia athletics carnival

Saturday 22nd - Confirmation ceremony at 6pm mass

Monday 24th - Children report cards go home today.

Wednesday 26th - Sacred Heart feast day. Whole school mass 9am at Sacred Heart Church. Beach activities.

Friday 28th - RSPCA visit for Prep to Year 3

Friday 28th - Final day of Term 2.

School Fee Reminder

Thank you to all families who have paid or are paying off their school fees and levies.

Due date for payment is this Friday, 24th May, 2019.

If you are experiencing difficulties paying your fees please contact the office to organise a payment plan. Thank you.

Spiritual Connections

Each week, we provide a link to Fr Matthew Moloney's sermon and Sr Kym's reflection. We hope these provide some spiritual guidance.

Link to [Fr Matthew's sermon](#)

Link to [Sr Kym's reflection](#)

Welcome

To Matteo Tickner in Year 3, his mum and dad, Tam and Luke and little brother, Marco. Welcome into our Sacred Heart school family. All the very best.

3W Prayer Assembly

Thank you to Year 3W for their wonderful assembly today. It was both reverently and maturely presented.

Its message about spreading the Good News of Jesus was very powerful with lots of ways we can do this at our school shown by the children. Well done.



Student Awards

Prep	Alexis Powell, Liya Hamilton, Aria Mahoney, Noah Leahy
Year 1	Harley Neagle, Chelsea Allen, Bertie Harvey, Alex Todd, Annabel Sykes
Year 2	Zali Dooley, Cooper O'Rourke, Zariha Calvert
Year 4	Mia Hogan, Heidi Smith, Sonny Eyles, Kylani Bowman, Kurtis Ramke, Jina Jothiraj
Year 6	Oliver Dadson, Taylor Howe

Frankie Award

This award is presented to a class or child/ren who have been environmentally friendly in some way around our school.

Congratulations to:

Sebastian Hatte and Bastian Hayes from Year 3 for being very diligent and thorough in ensuring our lunch time scrap buckets are placed in the compost bins



MJR Award

This award is presented to those in our school who show the virtues and qualities inspired by our MJR program.

Well done to the following recipients for this week:

Lula Hart from Year 1 for being a wonderful friend to others at lunch times. Thank you.

Evie Moore from Year 1 for showing great 'getting along skills' when playing.

Harrison O'Rourke from Prep for your great determination and effort shown during PE lessons.



Our Next School Disco

Our next school disco will be held on Friday 31st May.

The theme is 'Wear Something Fluoro'.

We are changing the structure of our disco format. There will be a Prep to Year 3 disco from 5.30pm until 6.30pm. Then a Year 4 to 6 disco from 6.30pm until 7.30am.

There will be a sausage sizzle, drinks, chips and chocolates for sale. Hope to see lots of our families on Friday evening.

Year 6 Camp - Raffle

Each year the Year 6 families raise money to go towards their camp in November.

This year a multi-draw raffle has been organised. There are 14 prizes to be won. Tickets will be available next week. Each person that sells a book will receive a free milkshake from 'Lure' coffee shop. Prizes range from a massage pack worth \$1080 through to a Waterline Restaurant Dinner voucher for \$100.

Looking forward to your support.

Year Four Camp

Next week, our Year 4s will be venturing to The Caves near Rockhampton for their annual camp.

Our 4S class from Monday/Tuesday, our 4G class Tuesday/Wednesday and our 4M class Wednesday/Thursday. All camps are overnight.

The children will be involved in a myriad of activities including caving, abseiling, team challenges and guided bushwalking. Mrs McPherson, Mrs Svendsen, Mrs Gilliland, Mr Martin, Mrs List will be attending. Enjoy the experience.

On Monday, Tuesday and Wednesday, our 4s will be leaving school at 8am, meeting in our multi purpose undercover area. They will be returning to school on Tuesday, Wednesday and Thursday by 2.15pm.

Year 2

This term in Year 2, children have been enjoying reading and writing poetry. We have been learning about the different structural elements of poetry as well as using our imaginations. Poetry helps us express their feelings, emotions and ideas in succinct ways that make use of vocabulary, sounds patterns and rhythm.

Friendship Cinquains by 2MS

Adam
Silly, funny
Jumping, talking, sliding
He loves eating pancakes
Gillen
By Issac

Jaxon
Friendly, kind
Swimming, football, handball
He likes helping me
Boy
By Kai

Milla
Polite, delightful
Lovely, quiet, playful
She plays with me
Mill
By Hazel

Amelia
Nice, loving
Playing, dancing, singing
Loves being best friends
Milley
By Nicholas

Olivia
Kind, funny
Dancing, prancing, singing
She's a great mate
Livy
By Lola

Nicholas
Funny, noisy
Playing, drawing, swimming
He loves watching birds
Nick
By Amelia



Poetry

Poems Written by 2W

"Horse Riding-ish"
Written by Ruby N



When I was three I got on my horse and got on my horse
But I kept on falling off.
I tried to horse ride again and again.....
But I couldn't go very fast.
Then all of a sudden, I was trotting!
I guess you could say I was "Horse Riding-ish"

"Football-ish"
Written by Ashton



When I was five I ran and ran
But I couldn't get a tackle.
I tried to score a try again and again.....
But I kept on falling over.
Then all of a sudden, I had made a try!
I guess you could say I was "Football-ish"

"Soccer-ish"
Written by Jesse R



When I was two I kicked and kicked
But the ball just went everywhere.
I tried to kick again and again.....
But I kept on falling over.
Then all of a sudden, I was kicking the ball!
I guess you could say I was "Soccer-ish"

Cinquain

Fish
Soft, perfect
Baking, crumbing, eating
Eating fish with chips
Yum!
By Bella



Candy
Sweet, yummy
Sucking, eating, melting
Eating them everyday
Delicious!
By Izzy



Lollipops
Yummy, sweet
Licking, biting, sucking
I eat it slowly
Wonderful!
By Sam



KCD Athletics Carnival

This event is being held today and tomorrow at the Farnborough SS. Today, saw the running of the 1500m events with Friday being a whole day carnival.

We wish the following children all the best at this carnival: Isaac Thomas, Cooper Sweeney, Bria Goldman, Riley Robertson, Josh Russell, Ryan Hendrie, Bronson Toby, Amber Johnson, Amy Campbell, Murphy Catt, Cass Smallwood, Hunter Ballard, Neassa O'Reilly, Aiden McDonald, Mason Dendle, Zsa Zsa Hart, Jake Murphy, Jaxon Burkhardt, Avalinn Mason, Shay Kani, Victoria Forbes, Taylor Howe, Hugo Rothery, Teal Kafka-Bauer, Oliver Cugola, Lachlan Anderson, Reid Weinert, Chelsea Finch, Leah Wex, Holly Stack, Demi Sandilands, Dean Cook, Giulio Somerville, Blayze Murphy, Gabrielle Gillies, Nya Minto, Mikuni Park, Aryriana Pianta and Ayla Brown.

Mrs List, Mr Guhr and Mrs Murphy will be supervising our children on the day. The day commences at 8.30am and children are asked to be there by at least 8.15am. Thank you.

Capricornia Cross Country Trials

Well done to the following children who will be travelling to Emerald next Tuesday 28th May to compete at the Capricornia cross country trials. We wish Ryan Hendrie, Isaac Thomas, Bria Goldman and Joshua Russell, all the very best.

Challenge Cup and Development Cup Training

Our Sacred Heart Challenge and Development Cup rugby league boys and girls will be training this Sunday at St Brendan's College from 4pm to 5pm.

Our first carnival will be next Friday 31st May which is the interschool Development Cup day.

Year 5 and 6 Gala Interschool Sports Day

Next Friday 31st May, all Year 5 and 6 Sacred Heart children and their teachers will be involved in an interschool sports competition for netball, soccer and rugby league. Several weeks ago, the children nominated their sport.

Netball will be played at the Barmaryee Association courts, commencing at 9.30am. Soccer at the fields on Cordingly Street, commencing at 9.30am. Rugby League at the Seagull's fields at Barmaryee, commencing at 9.45am.

All children will be transported to and from the venues by bus. No cost is involved.

More details regarding this and a permission form will be forthcoming early next week. Thank you.

Rockhampton Eisteddfod

This week, our Year 1s, 2s, 3s, 4s and 5s participated at the Rockhampton Eisteddfod at the Pilbeam Theatre. Many thanks to the families who made it along to support our children. Well done to our teachers for preparing our groups so well especially to Mrs Tink Boyd, our music teacher.

Well done also to all our children on their performances. It can be very nerve racking. Following are our results:

Senior folk - 2nd

Junior folk - Highly commended

Year 2 and 3 choir - 3rd

Year 4 and 5 choir - 1st

Many of our children took part in individual events, as well, achieving great results. Congratulations.

State Honours Ensemble Program

Congratulations to the following children who recently participated at the State Honours Ensemble Program which is an initiative of the Queensland Conservatorium Griffith University: Jesse Emery, Sima Farlow and Charlotte Richards.

From all reports, they applied themselves extremely well and were great ambassadors for our school. Well done.

Motor Neuron Disease - Freeze Slide Fundraiser

On Saturday 22nd June, the Yeppoon Swans are conducting a community fundraiser for Motor Neuron Disease.

This fundraiser involves sponsored people going down a slide into a pool of ice water.

One of our Year 5 children, Charlotte Richards and myself aim to raise \$1000 for this cause and do the slide.

The following link takes you to where you can donate for both Charlotte and myself.

Just click on my face on the slide page.

<https://freezemnd-yeppoon.blackbaud-sites.com>

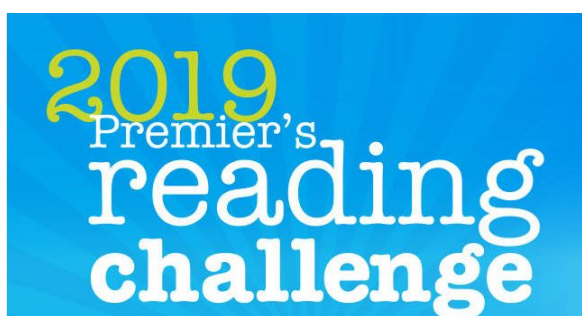
Your support for us will be greatly appreciated. Thank you.



Premier's Reading Challenge

Sacred Heart has registered for the 2019 Premier's Reading Challenge. Children are encouraged to participate in this. Nomination forms can be collected from Mrs Murphy in our office or alternatively students can ask their class teacher for a reading challenge form.

Looking forward to seeing lots of our children involved.



Community News

St Ursula's College, Yeppoon – Homestay Experience

St Agnes (our Japanese Sister School) students are coming to visit us and we need Homestay families to host them!

19-30 July 2019

No Japanese experience necessary

All Yeppoon families are welcome to apply

Monetary assistance provided for meals and transport

Email Mrs Emily Willis emilyw@stursulas.qld.edu.au for more information.



SAVE THE DATE

SWIM CLINIC AND AGM

WHEN: Saturday 25th May, 3.00pm

WHERE: Yeppoon Aquatic Centre

WHO: All current and prospective members

- 3 Coaches will be conducting the skills session to ensure all ages and abilities are catered for.
- All committee positions will be declared vacant.
- Please RSVP how many swimmers you will have in attendance, via comments for catering purposes



STUDENT TRAVEL REBATES Semester 1, 2019



Bus Fare Assistance

- Does your child attend a **school outside the Brisbane City Council** boundary?
- Does your family spend more than **\$20/week*** on fares to and from school (* \$15/week if you hold a concession card)?
- Does your child travel on a **publicly available bus** not owned or associated with the school?

Students With Disability

- Does your child have a **verified disability** that requires **transport assistance** to and from school?
- Has your school's learning support teacher assessed your child's **travel capability rating** as 'semi-independent' or more dependent?

Visit our website to see if you qualify for financial assistance to help with the cost of transport and

apply at SchoolTransport.com.au by 31 May 2019.

Late applications will not be accepted.

TWO WEEKS TO GO



Friday 31 May to
Sunday 2 June 2019

**Where curiosity meets
inspiration**

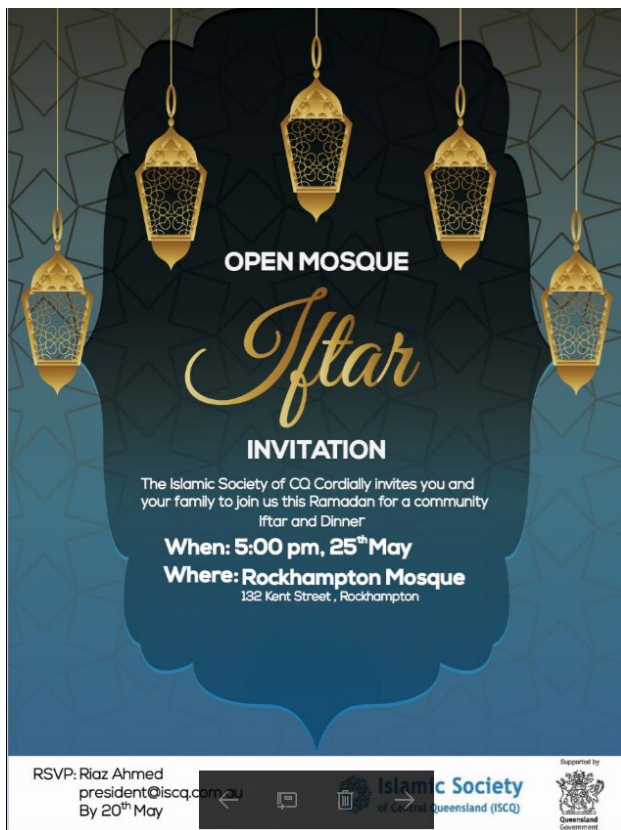
A Festival for readers, writers and creatives!

15 writing workshops
4 in conversation events
2 children's story time sessions
Opening night cocktail party
Author and publisher high tea
Drinks and conversation with Channel
Ten's Shark Tank Judge Steve Baxter, Au-
thor David Hunt and *Graziher* Editor
Claire Dunne

Quench your curiosity and nab a ticket to one of these 24 sessions in Yeppoon NOW and leave the Festival with a mind brimming full of ideas and a great story to tell.

BUY TICKETS: www.capricorncoastwritersfestival.com

Facebook & Instagram [capri-
corncoastwritersfestival](https://www.facebook.com/capricorncoastwritersfestival)
info@capricorncoastwritersfestival.com



After School PROGRAM

Tackers Intro

6-12 YEARS

STARTS TERM 2 - EACH TUESDAY
23 APRIL - 25 JUNE
3.30pm - 5.00pm
In the Sheltered Waters of the Causeway Lake

Make new friends
- Learn water safety and confidence
- learn basic boat handling skills
- all in a fun, games based environment
All sessions conducted by experienced qualified Australian Sailing Instructors.

Casual Fee- \$15 per session.
Book Monday before your session.

Booking and enquiries:
Contact our Sailing Department
Phone 49399542
Email sailing@kbsc.com.au

<https://www.revolutionise.com.au/kbsc/events/31986>

TACKERS

CLICK HERE TO BOOK

Keppel Bay Sailing Club



Livingstone 2050:
Shaping Our Tomorrow
OUR COMMUNITY PLAN

THE COMMUNITY PLAN
HAS LAUNCHED.

LET US KNOW WHAT
YOU THINK!

Online - visit Get Involved

<https://getinvolved.livingstone.qld.gov.au>

FIGHT MND.

IT TAKES PEOPLE

YEPPOON SWANS

NOMINATE TO SLIDE TODAY!

FREEZE MND YEPPPOON

SATURDAY, 22 JUNE 2019
LIVE MUSIC FROM 7PM

**AFL GAMES, FULL CANTEEN, BBQ & BAR,
RAFFLES, FACE PAINTING, JUMPING CASTLE**

EACH FREEZE NOMINEE AND THEIR SUPPORT NETWORK IS REQUIRED TO RAISE OR DONATE A MINIMUM OF \$750 TO TAKE THE PLUNGE