



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

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2nd May 2019

Week 2

Term 2

From The Principal's Desk

This week, I have had quite a few 'chats' with parents / carers about their children's behaviour and how to bring about change in this. Now I am definitely no expert, as my own children will attest, however it got me thinking especially in regard to the way in which the media portrays good parenting.

First scenario - Sneakily the little boy tries to access the TV or internet to watch the footy. On at least 3 occasions, he disobeys his patient father by not going to bed. Eventually, he creates a 'boy cave' of sheets and manages to beam in the images.

Once discovered, what does the father do? He snuggles in beside the child and offers him some hot chips from a multi-national, fast food giant. Good parenting. Hardly.

Second scenario – Little children run aimlessly through a large retail merchant to the toy section and gleefully grab at the toys. Beaming mothers skip behind, excited to discover the doll or train in question is ludicrously cheap. The doll only \$7.

The advertisement implies the parent then buys the toy due to its incredible value. Good parenting. Probably not.

Both undoubtedly had no intention of under-mining good parenting practice but they do.

The first shows a parent reinforcing a negative behaviour of a child (refusing to go to bed) by providing a reward (hot chips). The second takes the whole magic out of birthdays and Christmas by creating a culture of constant giving to children. I feel sorry for those parents, whose child has watched these advertisements, and tries to use that magic word 'no.' Literally, young ones can see *'everyone else is doing it'* on TV, *'good mothers give in.'*

Another implication is, someone, somewhere, not in the well fed suburbs of Australia, is being paid abysmal wages for cheap toys to be created for our indulged children. I often wonder what our northern neighbours think, straining on their assembly lines, of the plastic novelties being churned out for export. \$101 a month in Cambodia and \$107 in Vietnam are not equitable wages. Clothes today are significantly cheaper than 20 years ago, due to the conditions Asian workers are forced to work, in many cases powerless to complain, due to the huge numbers of unemployed keen to fill their shoes.

Parenting is one of the hardest gigs you can choose. No one is perfect. I can still remember quite vividly trying to get a grumpy child out of bed, the bribe of a fast food breakfast, had him showered, packed and in the car in 10 minutes. In retrospect, the young person should have got up cooperatively because 'I asked' but I chose to 'pay' for this basic expectation. I'm sure I'm not alone in this occasional, desperate strategy.

In China, they are known as the 'little emperors.' These are children who are over-indulged and pampered, creating spoilt and petulant, young people. Supposedly, the phenomenon has created a generation of youngsters who are demanding with poor social and emotional skills. Could this be our future?

A tantrum from a two year old is a sight to behold. But nothing beats an older child who digs their heels in. As parents you have a right to say no. You have a right to expect someone to 'pull their weight' with chores around the home (without payment). Just be careful of what behaviour you may be accidentally rewarding.

On the flip side, they do get better.

And we can only hope, when they are parents themselves, that they get a child of similar personality to themselves and/or realise how their own parents coped.

All the best

Max Martin

Important Dates

May

Friday 3rd - Prep, Year 1, Year 2 and Year 3 athletics carnival has been cancelled due to the weather conditions.

Monday 6th - Labour Day public holiday

Tuesday 7th - School board meeting 6.30pm

Thursday 9th - Whole school assembly with Year 1R presenting. Mother's Day morning tea after assembly.

Friday 10th - Rockhampton Eisteddfod commences with the string competition

Sunday 12th - Mother's Day

Monday 13th to Friday 17th - Footsteps dance lessons for all year levels at school.

Tuesday 14th, Wednesday 15th, Thursday 16th, Friday 17th - Year 3 and 5 involved in NAPLAN testing

Monday 13th - P. and F. meeting 5.30pm - 6.30pm. All welcome.

Saturday 18th - Federal election

Tuesday 21st - Prep's excursion to Cooberrie Park.

Tuesday 21st - Year 1 fire brigade visit

Thursday 23rd - KCD 12/11/10s 1500 metre races at Farnborough SS

Friday 24th - KCD 12/11/10s athletics carnival at Farnborough SS

Monday 27th, Tuesday 28th, Wednesday 29th, Thursday 30th - Year 4 camp to the Caves

Tuesday 28th - Capricornia cross country

Friday 31st - Year 5 and 6 interschool sports day for soccer, netball and rugby league.

Friday 31st - School discos in our multi-purpose area.

June

Monday 3rd - Inter School chess competition in Rockhampton

Monday 3rd and Tuesday 4th - Rockhampton district athletics carnival

Saturday 8th and Sunday 9th - Yeppoon Show

Thursday 13th - Rockhampton Show holiday

Friday 14th - Yeppoon Show holiday

Monday 17th and Tuesday 18th - Capricornia athletics carnival

Saturday 22nd - Confirmation ceremony at 6pm mass

Monday 24th - Children report cards go home today.

Wednesday 26th - Sacred Heart feast day. Whole school mass 9am at Sacred Heart Church. Beach activities.

Friday 28th - RSPCA visit for Prep to Year 3

Friday 28th - Final day of Term 2.

From our APRE

Yesterday I had the chance to meet with colleagues to discuss 'all things religious' that we do as a school.

It was inspiring, challenging and comforting to know that we as catholic schools work together for the children and our community.

This year, the major focus is to **Make Jesus Real** in our school. The term MJR is used frequently at our school and helps us to teach and encourage the school community (not just the children), to live a life as Jesus did, which in turn makes it real in our lives today.

Hopefully, this in turn flows into your home where you will see Jesus in your children. God Bless.

Melissa Collins

From our APC

This Thursday morning, we welcomed Mrs Carmel Kriz to Sacred Heart. Carmel is the Assistant to the Director Teaching and Learning at the Catholic Education Office. Carmel spent the morning with members of our leadership team and visited several classrooms.

This term in STEAM, our focus is Mathematics.

Students in Prep to Year 2 will be investigating shapes and patterns over the next 2 weeks.

Students in Year 3 and for will be creating 3D robots made from a variety of 3D shapes and students in Years 5 and 6 will be investigating angles and shapes to create their own 'Blow Up Box'.

Lisa List

Parent / Teacher Interview For This Term

Parent-teacher interviews will be held across the school from Monday 13th May to Thursday 24th May, (Weeks 4 and 5) with each interview being 20 minutes.

Bookings for these interviews are now open.

These bookings will close to parents/carers on Tuesday 7th May at 5pm.

Access for bookings is available during those dates via <https://206shy.rok.catholic.edu.au/parentlounge>

Available interview times will be particular to each classroom teacher.

New parents will be sent an access username and password and continuing parents will have the same one as last year.

If you have forgotten either of these, please contact Mrs Melinda Murphy at the school office 49 948215.

Available times for individual teachers will appear when you log in to the booking site. Only one time slot is to be selected per child. If you wish to have a longer interview time please see your child's class teacher and arrange this at a time suitable to you both.

Some teachers may have made individual arrangements outside of the times above. These arrangements will be emailed to you from your child's classroom teacher.

If you have any questions regarding the interviews please contact our school office from next Tuesday afternoon.

Thanking you

ANZAC Day Commemorations

Many thanks to all who braved the weather to attend the Yeppoon and Emu Park dawn and town ANZAC Day services.

Our attendance at the Yeppoon town march was particularly pleasing and I was extremely proud as we walked down the main street to the cenotaph.

Once again well done to families, children and staff.



Eisteddfod News

All the best to our Sacred Heart String students who perform in the Rockhampton Eisteddfod next Friday. There are four Sacred Heart string ensemble groups performing in the one section, from our senior students through to beginners. The Sacred Heart Senior Strings will join with the Combined Catholic Schools North Rockhampton/Jeppoon Strings to play in the String Orchestra in the following section. Eisteddfod times are listed below.

Section	Group	Day and Date	Time (approx)
String Ensemble Primary Students	SH Beginner Strings SH Junior Strings SH Intermediate Strings SH Senior Strings	Monday 10th May	9:30am
String Orchestra Primary Students	SH Senior Strings - Combined Catholic Schools N'th Rockhampton/Jeppoon	Monday 10th May	10:30am
Primary School Novelty Choir	SH Year One Choir	Monday 10th May	1:30am
Primary School Vocal Choir	SH Year Two and Year Three	Tuesday 21st May	9:30am
Primary School Folk Group	SH Primary A (singers) SH Primary B (singers)	Tuesday 21st May	10:30am
Primary School Vocal Choir	SH Year Four and Year Five	Tuesday 21st May	1:30pm

Year 6 Anzac Day Reflections

Last week in 6L, we learnt lots of different things about ANZAC Day, such as the meaning and origin of wreaths and the history of the Gallipoli Campaign.

We learnt that the wreath symbolises victory and dates back to ancient Greece and Roman times.

Last Wednesday, we got to make poppies with our buddies in Prep CP, which was a lot of fun. We learnt that red poppies were the flower that bloomed in the battlefields in Belgium during WWI and this colour poppy is always worn to remember the servicemen and women who died for our country during wars.

Quite a lot of 6L students attended dawn services at Jeppoon or Emu Park on Thursday morning. Other Year 6L students attended the march and the memorial service. The march was a brilliant experience to take part in. Apparently, it was the

first time it had rained in 20 years on ANZAC Day in Yeppoon. We 'soldiered' on through the rain and marched proudly to honour the Fallen.

The memorial service was also amazing. People were singing, speaking about ANZAC Day and the Last Post was played on the bugle.



ANZAC Day is a really important time to remember the soldiers that fought for Australia over our brief history. This year was the 104th year since the ANZACS (Australian New Zealand Army Corps) landed at Gallipoli on 25th April 1915.

Miah and Ella Marie from 6L

In 6E, we turned our developing newspaper writing skills to the topic of reporting on how ANZAC Day was commemorated by the wider Yeppoon community.

At 5:30am, the Yeppoon Dawn Service started, packed with Yeppoon supporters, including relatives wearing soldiers' medals, community groups and many school children.

People gathered to commemorate the courage and sacrifices shown by the Australian and New Zealand soldiers, laying their wreaths at the bottom of the cenotaph. The wreaths were topped with red poppies. The flowers that covered the battlefields where our respected soldiers had fallen, never to return home.

Each year on ANZAC Day, organisers choose a particular group to focus on. This year, it was the women who went overseas to nurse the thousands of wounded soldiers and the women who stayed home, taking on jobs the men would normally do.

It had been twenty years since it has rained on ANZAC Day in Yeppoon but the community's attendance and respect were not dampened.

Jake from 6E

First week back was a busy one for 6J with a short week and a long list of things to do.

We spent quite a lot of time looking at ANZAC Day information. Learning about the men and women who sacrificed their lives for the freedom of our country has been a sad and proud lesson for us.

On ANZAC Day, we were proud to march and to lay a wreath to honour the fallen. We sang the National Anthems of both New Zealand and Australia and listened to some veterans and Livingstone youth, give speeches to mark the day.

Even though the weather was dismal, it added to the feeling of remembrance which was felt by everyone at the service.

The ANZAC Day march helps us to take some time away from ourselves and to think of others.

From 6J



Rockhampton District Cross Country

Congratulations to the following sixteen students who proudly represented Sacred Heart at the Rockhampton District Cross Country competition this week.

10 Years:

Isaac Thomas, Cooper Sweeney, Tyson Rose, Blayze Murphy, Mikuni Park, Aryriana Pianta

11 Years:

Ryan Hendrie, Hunter Ballard, Bria Goldman, Neassa O'Reilly

12 Years:

Charlie Kidd, Joshua Russell, Zsa Zsa Hart, Riley Robertson, Hannah Hovey, Miah Shackleton

Special mention of Ryan Hendrie and Isaac Thomas who finished 3rd overall in their age group and Bria Goldman and Joshua Russell who finished 4th overall in their age group. These students will go to the next level of competition in Emerald on May 28th.



Thank you also to Mrs List and Mrs Pianta for supervising our children at this event.

Capricornia Touch Representative

Congratulations to Demi Sandilands in Year 6 who following cap trials for touch football this week, was chosen in our regional representative team. The state titles will be held later this term in Longreach.

Great achievement, Demi.

Student Awards

Prep	Hunter Burnard, Ivy Carswell, Hallee Smith, Vin Renshaw, Lydia Gill, Preston Williams
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Frankie Award

This award is presented to a class or child/ren who have been environmentally friendly in some way around our school.

Congratulations to:

Sam Vaughan, Bastian Hayes, Pieta Pilcher and Bronagh Symonds (3H) for being so diligent with ensuring our food scraps go into the compost bins. Thank you.

MJR Award

This award is presented to those in our school who show the virtues and qualities inspired by our MJR program.

Well done to the following recipients:

Georgia (Prep), Mackenzie (Year 4), Olivia (Year 2) and Regan (Year 6) Blackwood for showing great determination and reverence when being baptised recently. Well done.

Eleanor Ash (Year 6) for being so welcoming of others and for being a loyal and caring friend.

Jaxon Burkhardt (Year 6) for displaying excellent leadership skills and for your maturity shown when dealing with difficult situations.

Hunter Burnard (Prep) for showing great determination and persistence during PE lessons.

Max (Year 1) and Lennox (Year 2) Kelly for being wonderful friends to others and for looking after others at lunch times. Thank you.

Mason Dendle (Year 6) for showing excellent leadership skills and pride in our school at the inter school mathematics competition.



Inter School Mathematics Competition

Yesterday, twenty children from Years 5 and 6 attending an inter school mathematics competition held at the Glenmore SHS.

Our children battled forty teams from schools in the Rockhampton region in a series of individual and team questions.

Although, we were not successful in gaining a place, it was a great experience. We realise we need to practise our fractions. Congratulations to Rockhampton Grammar School who won both the Year 5 and 6 competition.



Sacramental Dates for Confirmation

Parent and Child preparation sessions for the sacrament of Confirmation and masses are being held on the following Saturday evenings. Families are asked to attend on the following dates:

May 25th, June 1st, June 8th, Saturday June 22nd. Times for these sessions are to be confirmed with Father Matthew.

Thank you.

Book Club

Issue 3 of Book club has been sent home and any orders are due back by Tuesday 7th May. Thank you.

Mrs Sandi O'Brien

Spiritual Connections

Each week, we provide a link to Fr Matthew Moloney's sermon and Sr Kym's reflection. We hope these provide some spiritual guidance.

Link to [Fr Matthew's sermon](#) Link to [Sr Kym's reflection](#)

School Fee Accounts for Term 2

Term 2 School Fee Accounts will be going home next week.

Please contact the office if you do not receive your account, or if you need to set up a payment plan.

If you have a Health Care/Concession Card and it has expired you will not receive the discount off your fees until we have received your new/updated card.

Woolworths Earn and Learn Rewards Program

Let's stick together and earn equipment for our school. The Woolworths earn and learn rewards program is running again from the 1st May until the 25th June. Please look out for our school collection boxes at Woolworths, or in the office.

Notices

MOTHER'S DAY IDEAL FOR PARENTING HEART-TO-HEART

Gifts and flowers, breakfast in bed – they're all nice, but what Queensland mums really want is more understanding and support from their partner, according to the Triple P – Positive Parenting Program's recent Queensland parenting survey.

Dads, too, may feel unsupported, but it can be hard for couples to know where to start, and nobody wants to argue on Mother's Day.

But here's a tip for fewer arguments and greater cooperation between parents, and between parents and kids: doing Triple P together helps get parents on the same page and reduce conflict.

For a Mother's Day gift that's not only free but more meaningful than the usual, sign up for free parenting support or do Triple P Online together: www.triplep-parenting.net





OPEN MOSQUE

Iftar

INVITATION

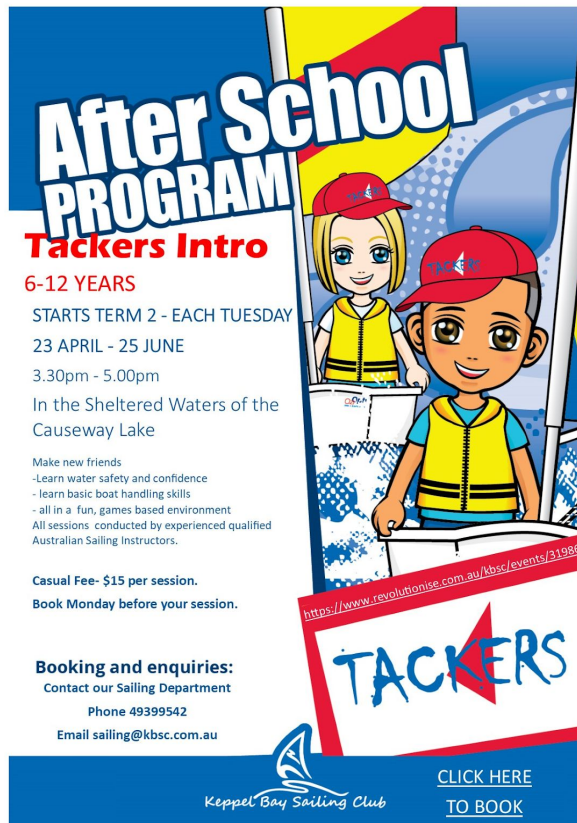
The Islamic Society of CQ Cordially invites you and your family to join us this Ramadan for a community Iftar and Dinner

When: 5:00 pm, 25th May
Where: Rockhampton Mosque
132 Kent Street, Rockhampton

RSVP: Riaz Ahmed
president@iscq.com.au
By 20th May

Islamic Society of Central Queensland (ISCQ)

Supported by
Queensland Government



After School PROGRAM

Tackers Intro

6-12 YEARS

STARTS TERM 2 - EACH TUESDAY
23 APRIL - 25 JUNE
3.30pm - 5.00pm

In the Sheltered Waters of the Causeway Lake

Make new friends
- Learn water safety and confidence
- learn basic boat handling skills
- all in a fun, games based environment
All sessions conducted by experienced qualified Australian Sailing Instructors.

Casual Fee- \$15 per session.
Book Monday before your session.

Booking and enquiries:
Contact our Sailing Department
Phone 49399542
Email sailing@kbsc.com.au

<https://www.revolutionise.com.au/kbsc/events/31986>

TACKERS

Keppel Bay Sailing Club

[CLICK HERE TO BOOK](#)



Capricornia Catchments Inc.

Butterfly Discovery Day

Lammermoor Native Gardens

Join Us and learn more about our fascinating Butterflies and the Ecosystem that they rely on for survival.

Activities include:

- Guided Butterfly Walks with special guest Speaker and butterfly expert Peter Valentine
- Childrens' Storytelling
- Christopher Robins' Cupcakes
- Butterfly Art Installation with YSHS

What to Bring: Closed in shoes, sunsafe clothing, waterbottle, sunscreen, insect repellent
Where: Lammermoor Native Gardens
When: Sunday May 12th, 2019
Times: 8am - 12pm
Walks Commence: 8:30am and 10:30am
RSVP: E: smcardle@capcatchments.org.au
P: 0428123244
Morning Tea Provided

This project is supported by Livingstone Shire Council and Filmer Basin Association Inc. through funding from the Australian Government's National Landcare Program

Livingstone SHIRE COUNCIL Australian Government National Landcare Program Filmer Basin ASSOCIATION Queensland Landcare Group Wildlife Qld