



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

14 Barracuda Cres
Yeppoon QLD 4703

Ph: (07) 4933 6288
Fax: (07) 4933 6470

shy@rok.catholic.edu.au
www.shyrok.catholic.edu.au

11th October, 2018

Week 1

Term 4

From The Principal's Desk

Welcome back everyone to our final term for 2018.

It is always great to return to school, our children are full of enthusiasm with many stories to tell of their holidays, they are well presented and all appear ready to tackle what is always a hectic and very exciting nine weeks. The talk in the staffroom from teachers and teacher assistants is vibrant and we too share the same enthusiasm.

After church last Sunday, there was an air of uncertainty as many there were talking about the tough times people were having with the drought conditions. Despite this however, those on the land were still positive and optimistic about the forecast of inclement weather.

I came across this story which I hope you enjoy and can relate in some way to your situation at the moment.

There once was a woman who woke up one morning, looked in the mirror and noticed she had only three hairs on her head. 'Well,' she said, 'I think I'll braid my hair today.' So she did and she had a wonderful day.

The next day she woke up, looked in the mirror and saw that she had only two hairs on her head.

'Hmmm,' she said, 'I think I'll part my hair down the middle today.' So she did and she had a great day.

The next day she woke up, looked in the mirror and noticed that she had only one hair on her head.

'Well,' she said, 'today I'm going to wear my hair in a ponytail.' So she did, and she had a special day.

The next day she woke up, looked in the mirror and noticed that there wasn't a single hair on her head.

'Yah!' she exclaimed. 'I don't have to fix my hair today!'

Attitude is everything. Be kinder than necessary, for everyone you meet is fighting some kind of battle. Live simply, love generously, care deeply, speak kindly.

As one of my close friends often quotes: 'Life isn't about waiting for the storm to pass... it's about learning to dance in the rain.'

Looking forward to the weeks ahead: Prep and secondary school orientation days, school Christmas carols, Prep/Year 1, Year 2/3 swimming carnivals, end of year thanksgiving mass, Year 6 farewells, report cards, Grandparents' Day assembly, Year 6 camp ... Hold me back.

During my secondary schooling at the beloved CBC in Bundaberg, we studied in English a play entitled, Pygmalion by George Bernard Shaw with my teacher, Mr Col Morris (who I recall was extremely scary and if you were ever late for school swimming training at 5.30am, look out.).

It tells the story of Henry Higgins, a professor who makes a bet with his friend, Colonel Pickering that he can successfully pass off poor flower girl, Eliza Doolittle, as a refined society lady by teaching her how to speak with an upper class accent and training her in etiquette.

In the process, Higgins and Eliza grow close, but she ultimately rejects his domineering ways and declares she will marry Freddy Eynsford-Hill, a young, poor, gentleman.

One of the quotes from the play is: "Life is a series of inspired follies, the difficulty is in finding them to do," and it is with this that Henry Higgins puts into place his plan to transform Eliza Doolittle. (About the only thing I can remember from the play.)

No such troubles at Sacred Heart, Yeppoon as there is never a dull moment and I look forward to your continued support and involvement in our school over the next nine weeks,

All the best

Max Martin

Important Dates

October

Tuesday 16th - Swimming lessons commence for our Years 1 to 3s
Tuesday 16th - P. and F. meeting at 5.30pm in staffroom
Wednesday 17th - Sacred Heart instrumental music showcase evening from 6pm in our undercover. All welcome.
Thursday 18th - 2019 Prep Orientation morning from 8.30am - 10am
Friday 19th - Year 6 Inter School beach activity day
Monday 22nd - Pupil free day. No school today for our children.
Wednesday 24th - 2019 Prep Orientation morning from 8.30am - 10am.
Friday 26th - Day for Daniel
Friday 26th - Bishop Michael McCarthy visiting Sacred Heart School
Monday 29th to Friday 2nd November - Year 6s on camp in Mapleton

November

Thursday 1st - All Saints' Day
Tuesday 6th - Melbourne Cup day
Wednesday 7th - Dr Jodi Richardson presentation 7pm at Yeppoon Town Hall
Thursday 8th - Grandparents' Day assembly 8.40am with 3H
Sunday 11th - Remembrance Day
Tuesday 13th - P. and F. meeting 5.30pm
Thursday 29th - Advent whole school assembly. Year 3S presenting.
Friday 30th - Year 2 / 3 and Prep / Year 1 swimming carnivals at Cooe Bay pool

December

Monday 3rd - End of Year School Thanksgiving Mass at Sacred Heart Church
Monday 3rd - Children's Semester Two report cards available today
Thursday 6th - Final school assembly for Term 4
Friday 7th - Last day for school for 2018. School concludes at 3pm

Farewell To Mrs O'Donnell

It is with great sadness, that I am informing our school family, that Mrs Mary O'Donnell, our school's assistant to the principal, coordinating Religious Education, is resigning from her leadership position and teaching at Sacred Heart, at the end of this year.

Mrs O'Donnell has been at Sacred Heart for the past 18 years and is very much part of what we are.

There will be opportunities as this term draws to a close to thank and celebrate Mary's wonderful contributions to our school. Families will be made aware of these through our newsletter and social media.

All the best, Mrs O'Donnell

Sacred Heart Instrumental Music Showcase Evening

This coming Wednesday 17th October in our school's multi purpose area, there will be a concert to showcase the instrumental talents of many children at our school.

The evening commences at 6.30pm, with our performers asked to be there by 6pm.

Everyone is invited to along to this concert which will run for approximately 90 minutes.

We thank Mrs Boyd, Mrs Bacon, Mrs Ellis, Mr English and Miss Boyd for preparing our children for this concert.

Welcome To New Families

This week, we welcomed Darcy Bergman (Year 1R), his parents; Katie and David and also Archie McIntyre (Year 5G), his parents; Rain and Scott, returning to Sacred Heart.

We wish them all the very best at Sacred Heart.

School Routine

It has come to our notice that some children are arriving at school prior to 8am . Please note that there is no teacher on duty in the MPA or the Prep area until 8:15am each school day. Teachers may be here prior to 8am but they are busy preparing for the day and are unable to supervise children in their classrooms at this time.

At the conclusion of the day, students are supervised by a teacher on duty in the MPA until 3:30pm. Any child not collected from the MPA by 3:30pm will walk to the office with the teacher on duty. If you know you are running late please advise the office as soon as you are able so that staff can reassure your child all is well and an estimated time of your arrival. Should we not have received a call from you we will ring the listed contact to ensure all is fine and so reassure your child. Teachers may have meetings after school and so are unable to supervise students in their classroom area.

Chicken Pox

It has been confirmed that one of our students has been diagnosed with chicken pox. The student has not been at Sacred Heart this term but, as in all situations, if your child is unwell please do not send them to school.

Important Year 6 Camp Message

Year 6 parents, thank you to all the families who have returned their medical forms for camp. Following is a further requirement in regard to this.

If your child requires medication while away on camp, it is to be given to Mrs Halson in the multipurpose area, on the morning of camp, prior to our departure. All medication is to be placed in a plastic snap lock bag, clearly labelled with your child's name on it. Prescribed medication must be labelled by the chemist.

It is also essential that parents have a chemist label on any over the counter non-prescription medicine. The label needs to have the child's name and the dosage required on it. For example, if your child requires paracetamol or ibuprofen for a headache, antihistamines for allergies, or travel sickness tablets, you must provide a chemist labelled packet of this on the day of departure.

We cannot dispense non-prescription medication, unless it has its own chemist labelled packet.

Should you have any queries or further information to provide regarding your child's medical needs, please do not hesitate to contact Mrs Halson.

The Emergency Services Visit Prep

Last term, our Prep classes welcomed Mr Mick Campbell (an ambulance officer), Mr Chris Griffin (a police officer) and Mr Graham Reid (a fireman) to school for the morning. Each class spent time learning about the important role that emergency services play in our community.

The children also learned that it is important to know their parents' names, address and phone number and that in an emergency you call 000 for help. We thank Mr Campbell, Mr Griffin and Mr Reid for so generously giving of their time.

Noah: I want to be a Police Officer when I grow up. **Cooper G:** The siren is cool. **Evie:** Ambulance officers are important because they help people to stay alive.





Gondwana Singers' Concert

During the last week of the September school holidays, a singing workshop was held in Rockhampton with a very well known Australian choral group, the Gondwana Singers.

Three children from Sacred Heart: Regan from Year 5, Kelsie and Ava from Year 6 were chosen to be involved in these workshops and on Friday evening, they performed in a concert at the Rockhampton Catholic Cathedral. The girls, along with other local students, delighted the large crowd with a variety of songs.

Well done, Regan, Ava and Kelsie on their great achievement.



Sacred Heart Parents and Friends' Meeting

Our next meeting will be held this coming Tuesday 16th October commencing at 5.30pm in our school's staffroom. All parents/carers are most welcome and encouraged to attend. Our meetings go for a little over an hour and many issues pertaining to the educational opportunities provided for our children at Sacred Heart are discussed. Looking forward to seeing you there.

Pupil Free Day

A reminder that Monday 22nd October is a pupil free day for all Queensland schools.

Our children are not required to come to school on that day. Teachers on that day will be involved in important professional development.

2019 Prep Orientation Days

These days will be held on next Thursday 18th October and Wednesday 24th October, both commencing at 8.30am with assembly in our undercover area and concluding at 10am. The mornings will involve viewing activities in our prep classrooms and an information session for parents/carers about how prep operates, requirements and there will be time for you to ask questions.

Our prep numbers are looking quite good for 2019 and we are looking forward to meeting again our new prep families over the next fortnight.

Capital Works Around Our School

Just to inform our families, that the 245 solar panels have been installed on the roof of our multi purpose area over the holidays and these will be operational quite soon. This is a wonderful initiative from our Catholic Education Office and no doubt we will be seeing benefits in regard to our electricity account.

Also the work on our final toilet block will be completed by this Friday, with turf to be laid early next week to the area near the undercover.

These capital works over the past 8 months have certainly transformed our school and we thank all involved for their foresight and professionalism.

Congratulations

Over the holidays, one of our Year 5 children, Ella-Maree Robinson competed at the Australian Outrigging Championships on the Sunshine Coast.

Ella performed extremely well, placing 3rd in the two kilometre event and 4th in the six kilometre race. She thoroughly enjoyed the competition especially meeting other children from New Zealand and the Cook Islands. Well done.

We also wish one of our Year 5 children, Murphy Catt, all the best as he travels to Cairns next week for the Queensland Schools' Athletics Championships. Murphy will be representing our Capricornia region, competing in the long jump.



Prep C Stories

The black horse was climbing up the stairs to the tower. By Will.

The rattlesnake walks into the castle and he hops on the flag. By Archie

The scary snake came into the house and saw a person in the house. He went out of the house and went up the hill. By Adeline

The dirty dinosaur is eating eggs and bacon at his house. By Levi

The smelly lion finds good money in the hole. By Charlie

The cockatoo swings on the swing on top of the circus. By Jai



Term 4 Tuckshop Menu

Link to [Term 4 Tuckshop Menu](#)



STUDENT TRAVEL REBATES Semester 2, 2018



Bus Fare Assistance

- Does your child attend a **school outside the Brisbane City Council** boundary?
- Does your family spend more than **\$20/week*** on fares to and from school (* \$15/week if you hold a concession card)?
- Does your child travel on a **publicly available bus** not owned or associated with the school?

Students With Disability

- Does your child have a **verified disability** that requires **transport assistance** to and from school?
- Has your school's learning support teacher assessed your child's **travel capability rating** as 'semi-independent' or more dependent?

Visit our website to see if you qualify for financial assistance to help with the cost of transport and
apply at SchoolTransport.com.au by 31 October 2018.

Late applications will not be accepted.

Spiritual Connections

Each week, we provide a link to Sr Kym's reflection of the week. We hope this provides some spiritual guidance.
Link to [Sr Kym's column](#)

Central Regional Working Party Update

Central Regional Working Party Update

Thank you to all who completed the Central Deanery Catholic Church Community Survey. We had hundreds of responses which have been collated and sent through to Sister Noreen Dunne who is coordinating the upcoming Central Deanery Gathering.



Date Claimer: Central Deanery Regional Gathering – Round Two

Date: Saturday 13th of October 2018

Time: 9:00 am – 12:00 Noon

Venue: Holy Family Catholic Church 390 Feez St North Rockhampton

Everyone Welcome and Invited to Attend



Open to all Yeppoon Families



We invite you to join us for a wonderful **FREE** event at the YEPPOON TOWN HALL for Dr Jodi Richardson's presentation

Happier on Purpose

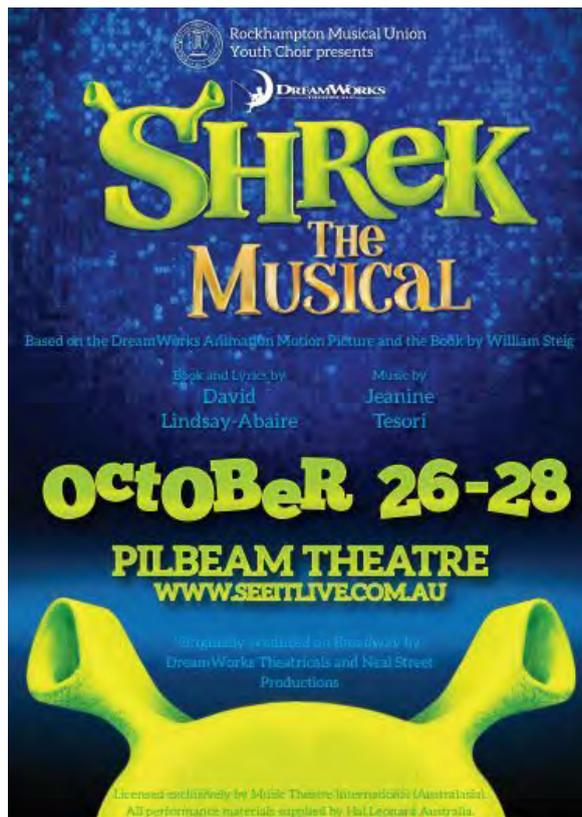
- A refreshing new perspective on happiness
- What makes it hard to be happy
- The surprising influence of parents on kids' happiness
- Key skills for a happier life
- The powerful influence of kindness
- Where screens fit in the mental health picture

Please stay and join us for supper after the presentation

Dr Jodi Richardson
Wellbeing Speaker & Educator

Parenting Ideas Mental Health & Wellbeing Expert

7:00 pm
November 7
2018





Woolworths CRICKET BLAST

JOIN THE FUN

WOOLWORTHS CRICKET BLAST IS A FUN AND FAST PROGRAM FOR KIDS OF ALL ABILITIES TO LEARN NEW SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.

Capricorn Coast Sharks Junior Blasters
 Yeppoon Showgrounds, Saturdays, 8:30am - 10am
 Contact: Richard Tucker, capcoastcricket@gmail.com
 Full season: 13 October - 23 March
 Participation Packs & Brisbane Heat Giveaways!
 Register: Playcricket.com.au

JOIN THE FUN AT YOUR LOCAL CENTRE
REGISTER AT PLAYCRICKET.COM.AU



JUNIOR BLASTERS

AGES 5-7 | 60 MINS

- Learn new skills including catching, throwing and teamwork
- Make new friends or organise a group to learn together
- Wear the colours of your favourite Big Bash heroes in a personalised t-shirt
- All equipment supplied, parents join in the fun



SIGN UP NOW TO GET YOUR JUNIOR BLASTERS PACK!

Includes t-shirt with your name on it and bucket hat in your choice of Big Bash team colour, bat & ball, personalised bat sticker sheet & progression tracker.

MASTER BLASTERS

AGES 7-10 | 90 MINS

- For kids with basic cricket skills
- Every kid gets a chance to bat, bowl and field
- Wear the colours of your favourite Big Bash heroes in your choice of coloured player cap
- Make new friends or organise a group to play together
- All equipment supplied, parents join the fun



SIGN UP NOW TO GET YOUR MASTER BLASTERS PACK!

Includes player cap in your choice of Big Bash team colour & progression tracker.



**1ST CLUB NIGHT
FREE TRIAL**



**FRIDAY 12TH OCTOBER
5.45PM**

YEPPOON AQUATIC CENTRE

**BRING YOUR
TOGS, TOWEL &
GOGGLES**



**SIGN UP IS FOR 12 MONTHS
MEMBERSHIP**

**MORE THAN 15 SWIM CLUB
FRIDAY NIGHTS
PLUS**



**A CHOICE OF 15 REGIONAL
CARNIVALS FOR RACING IN
THE 2018/19 SEASON**

Find us on Facebook @yeppoonsharks