



# Newsletter

Enriching Spirits - Educating Minds



## Sacred Heart Catholic Primary School

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Week 3

Term 2

### From The Principal's Desk

A perfectly, good yacht is found in the middle of the ocean. Around it float the bodies of the entire crew. How did it happen?

What words do each of these represent?

abcdefghijklmnopqrstuvwxyz

va ders

fa redce

nine  
cloud

(Read to the end to find the answers.)

Most people love a puzzle and we know that an active brain can be one of the ways to help stave off dementia. For young children 'brain games' or any strategy that encourages critical thinking directly impacts on their learning and, by default their results. Research now clearly shows that we need to treat our brains like a muscle – practice makes it more efficient, even more intelligent (Carole Dweck).

Some people mistakenly believe that IQ is something that is fixed at birth. In fact, the brain is highly malleable and there are steps that you can take in order to increase your IQ. At the very least, you can improve the functioning of your brain, and you can adopt learning strategies that will improve your ability to acquire, retain, and apply knowledge. At Sacred Heart, it is wonderful to walk around our classrooms and observe our teachers encouraging their students to do such 'brain-stretching'.

I once had the pleasure of hearing the world-renowned Dr Edward De Bono; he invented the phrase *lateral thinking* and invented the 6 *Thinking Hats* technique. He was an entertaining and informative speaker who encouraged teachers to explicitly teach the subject of Thinking in our schools.

In addition to giving us strategies for the classroom, as a consultant, he has influenced many organisations and businesses. His methods are used by the United Nations to help solve dilemmas and his left field suggestions have reaped millions for various industries.

It was his idea to the company Shell in the 1970s to create oil wells that could turn a corner (increasing production by 6%). Although not an engineer, he suggested adding a second set of small upside down movable wings to aircraft (negative wings that can create instant lift). In the United States, six states insist that juries are taught De Bono techniques so that the 12 selected citizens can make a non-biased, fair decision – to think in a manner without 'fixed ideas'.

As parents, your conversations with your child/children can be key to brain development.

In fact, parents are more influential than school on how a child's thinking skills develop. The ability to question and ponder, to research, to find an answer, are really important to young children. Helping them develop their general knowledge can also be supported from home – tired of the same Disney movie on a loop? – instead watch some documentaries or play cards or a board game (great for strategies).

Working as a parent-school team, our children could be unstoppable.

Just one more puzzle to finish off...

Three friends contribute \$10 each towards a \$25 pizza. They give the delivery driver a \$2 tip and get \$1 change each. But something weird has happened. Each friend contributed \$10 totalling \$30. They received \$1 change each so really paid \$9 totalling \$27. The driver has \$2 bringing the total to \$29. Where is the missing dollar?

### Answers

**How did they drown?** Sadly, this is based on a true story – the crew all went for a swim and forgot to put the ladder over the side. With no one on board, they could not return to the deck. What a horrible death.

**Word puzzles** – Missing You, Space Invaders, Red in the Face and On Cloud Nine.

All the best

Max Martin

## NAPLAN

Due to a number of extra-curricular activities, including Rockhampton Eisteddfod, it has been decided that there will be a change to the previously advertised NAPLAN dates.

- Tuesday 15<sup>th</sup> May (Week 5)- NAPLAN Writing.
- Wednesday 16<sup>th</sup> May (Week 5)- NAPLAN Reading.
- Thursday 17<sup>th</sup> (Week 5)- NAPLAN Language Conventions.
- Friday 18<sup>th</sup> May (Week 5)- Make up day for NAPLAN Writing.
- Monday 21<sup>st</sup> May (Week 6)- NAPLAN Numeracy.
- Tuesday 22<sup>nd</sup> May (Week 6)- Make up days for Reading, Language Conventions and Numeracy.

If you know in advance that your child will be away on any of the above dates, email Samantha Suthers (Samantha\_Suthers@rok.catholic.edu.au) so that we can ensure that your child is provided with the best opportunity to complete the NAPLAN tests in the allocated time frame. Thank you.

Students need to be at school at 8:40am on these days. As you are aware, our Year 3 and 5 children will be undertaking the NAPLAN assessment online this year. NAPLAN online brings many advantages, including a design that offers test items tailored to students' knowledge and ability. Parents and carers of students in these NAPLAN year levels will need to be aware of important information relating to privacy, which can be found on the NAPLAN Online Queensland website: (<https://naplanonline.qld.edu.au/getting-ready/parent-information>).

NAPLAN is not a pass or fail type test, but rather shows how individual students are progressing in numeracy and literacy skills against national standards for all Australian children.

The National testing program has been mandated by government bodies and therefore all students in Years 3 and 5 should be in attendance. It is therefore imperative that any extracurricular events are not timetabled for these days.

Parent requested withdrawal from testing : Withdrawals are intended to address parental concerns such as religious beliefs and philosophical objections to testing.

Parents/carers wishing to withdraw students from the testing program must sign a ' Notice of Parent Withdrawal' form by next Tuesday, 8th May. A request form is available from our school office.

## Important Dates For This Term

### May

Friday 4th - Interschool soccer, netball and rugby league for Years 5 and 6 commences.  
Monday 7th - Labour Day public holiday  
Tuesday 8th - Prep excursion to Cooberrie Park zoo  
Thursday 10th - Year 1BB assembly at 8.40am for Mother's Day.  
Thursday 10th - Prep Mothers' Day afternoon tea  
Sunday 13th - Mothers' Day  
Monday 14th - P. and F. meeting 5.30pm in staffroom  
Tuesday 15th - NAPLAN online commences  
Monday 21st - Under 8s week at Sacred Heart  
Tuesday 22nd/Wednesday 23rd/Thursday 24th - Eisteddfod items in Rockhampton involving Sacred Heart children

### June

Thursday 7th - Sacred Heart Day  
Friday 8th - Grand finals of interschool sport  
Saturday 9th/Sunday 10th - Yeppoon Show  
Wednesday 13th - Years 4 to 6 800 metre races at school  
Thursday 14th - Sacred Heart athletics carnival  
Friday 15th - Show holiday  
Friday 22nd - 10 years Development Cup rugby league shield day  
Friday 22nd - Confirmation at 6pm with Bishop Michael McCarthy  
Saturday 23rd/Sunday 24th - First Eucharist  
Wednesday 27th - Children's report cards go home.  
Friday 29th - Final day of Term 2.

## Mothers' Day Prayer Assembly

Next Thursday 10th May, all mothers and grandmothers are especially invited to a prayer assembly. 1B will lead us in prayer and recognition of the valuable place you have in our lives. Please join us at 8:35am in the MPA.

## Mothers' Day Multi-Draw Raffle

To raise money for the Year 6 camp later in the year, we are holding a Mothers Day Multi-draw raffle. There are lots of prizes to be won. Tickets are 50c each.

Year 6 students will be selling tickets in the Prep area and MPA before school in week 4. The raffle will be drawn on Friday 11<sup>th</sup> May. Be sure to get your tickets to have a chance to spoil your Mum/Grandma/Nana.



## Sacrament of Eucharist Preparations Begin

Eucharist preparations begin Saturday May 12th with the first of four information sessions.

**First Eucharist:** To be celebrated Saturday 23rd June at 6pm Mass.

### Parent Child Sessions:

To be eligible to receive the Sacrament of Eucharist four Parent Child Preparation sessions need to be attended, before Mass, on the following Saturday evenings: **Saturday May 12th, Saturday May 26th, Saturday June 2nd, Saturday June 9th.** These sessions will begin at 5pm at Sacred Heart Church.

Children currently in Year 4 or above, who have been baptised, received Reconciliation and completed preparations for the Sacrament of Confirmation, are able to receive the Sacrament of Eucharist.

An information letter and the enrolment form are attached. These were also provided at the final Confirmation preparation session. If you have any queries with regards to the Sacramental Program please contact the Parish Office on 4933 6171 or Mrs Mary O'Donnell at school.

Link to '[Eucharist Parent Letter](#)'

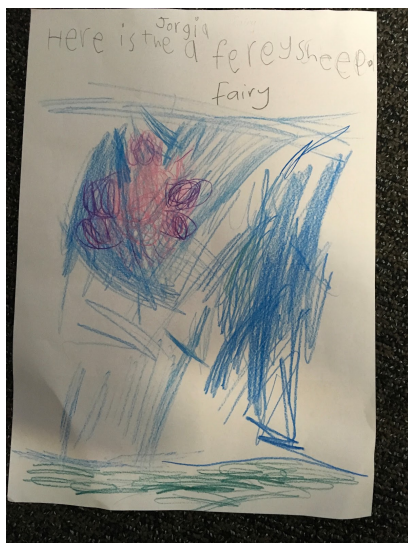
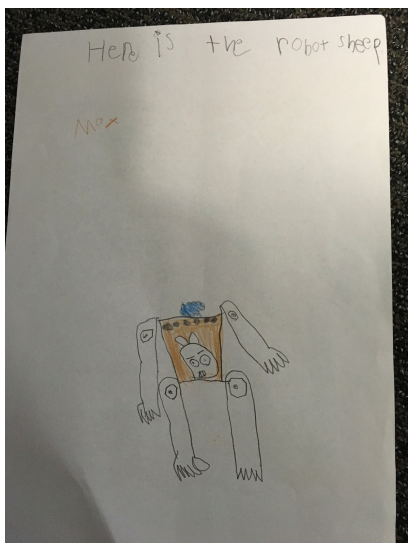
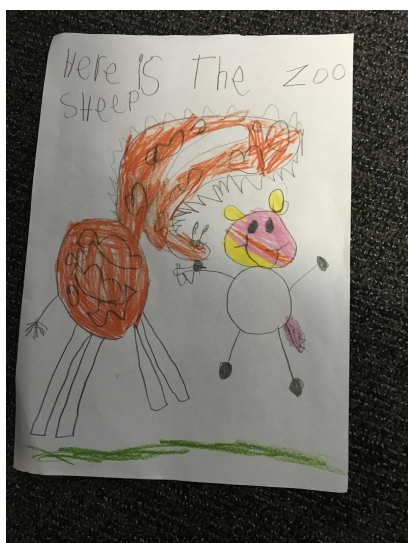
Link to '[Eucharist Enrolment form](#)'

## Year 1B Stories Based On The Mem Fox Book, 'Where Is The Green Sheep?'

Here is the planting sheep. Evie  
Here is the robot sheep. Max  
Here is the boating sheep. William  
Here is the rainbow sheep. Zariha  
Here is the crazy sheep. Cooper M  
Here is the invisible sheep. Herbert  
Here is the aqua sheep. Sam  
Here is the princess sheep. Hazel  
Here is the kicking sheep. Stella  
Here is the police sheep. Olivia  
Here is the fun sheep. Havana  
Here is the cleaning sheep. Amelia

Here is the zoo sheep. Nicholas  
Here is the driving sheep. Adam  
Here is the fairy sheep. Jorgia  
Here is the robot sheep. Holly  
Here is the diving sheep. Cooper O  
Here is the water sheep. Briella  
Here is the golden rainbow sheep. Payton  
Here is the painting sheep. Siyarna  
Here is the plant sheep. Ebony  
Here is the cake sheep. Isaac  
Here is the gold sheep. Spencer





## Sports Update

### Rockhampton District Cross Country

On Tuesday, eleven students from Sacred Heart competed at the Rockhampton Districts, representing the Keppel Coast District. These students ran in races with 100 plus runners and all finished in very respectful placings.

Congratulations to Jake Murphy who finished 3<sup>rd</sup> in the 11 years boys, Ryan Hendrie finishing 4<sup>th</sup> in the 10 years boys and Maggie Simmons finishing 4<sup>th</sup> in the 12 years girls. These students will now compete at the next level representing the Rockhampton District at the Capricornia trials. We wish them all the best.

### AFL Gala Day

Last Friday, Mr Guhr and Mrs Suthers took two Sacred Heart teams (27 children) to participate at a regional AFL day. Both our teams played especially well, placing 4<sup>th</sup> and 3<sup>rd</sup> respectively. Mr Guhr was especially pleased with the skill and sportsmanship displayed by all. Congratulations to St Benedict's who were the winners on the day.



### Interschool Netball / Soccer / Rugby League

Tomorrow, Friday 4<sup>th</sup> May, interschool sport commences for our Year 5s and 6s with netball and soccer being played at Barmaryee sports complex and **league at St Brendan's College**. Our children will be leaving school at 11.50am and returning by 2.40pm. They are travelling to and from the venues by bus. All Year 5 and 6 teachers, Mrs Melinda Murphy and Mr Martin will be supervising on the day. Friday sport runs for the next six weeks and concludes on Friday 8<sup>th</sup> June with the grand finals.

### Challenge / Development Cup Training

Due to the long weekend, there will be no Sacred Heart rugby league training on Sunday afternoon. Thank you.

## Year 4 Camp To The Caves

Our second group of Year 4s returned home from camp on Friday last week, weary yet full of stories of what was a wonderful two day camp. Thank you to Mrs McPherson, Mrs Gilliland, our Year 4 teachers for their organisation, enthusiasm and supervision and to our dads, Mr Brett Weinert and Mr Travis Richards for giving of their time to be a valued support for our children.

Following are some recounts written by 4G about camp. Cannot wait for next year.

Last Thursday, 4G went to camp at The Caves. I was initially nervous but...when I got on the bus I was excited. Laith was my partner on the bus. When we got to The Caves, we went to The Lodge. Then I got to the cabin and guess who I was with? Laith and Tyson. We were having so much fun looking at our cabins.

After that, we went to the main hall and talked about safety. Then we found out that we were doing the adventure caving. We got so scared when we saw the Whale's Belly. We were safe though because Mr Martin was helping us get out. Good job, Mr Martin. There was this part called The Wedge and it was scary at first but then it was fun.

My favourite thing at the Capricorn Caves was definitely the adventure caving, it was awesome. The worst thing was that the beds were hard. When we were in the bed, Laith turned on the fan and it was cold. I was cold until I discovered the doona cover.

When it was time to leave, I was sad. I had a very good time at camp. **By Jack McLean**

4G went to the Capricorn Caves. Initially, I felt worried, scared and I felt like crying. When I got there, I was so so excited. In my cabin, I had Ayla, Sima and Kate.

Firstly, we did initiatives while the other group did adventure caving. When we did initiatives, we played games like Catchball, Number Touch and blindfolds. The games were fun but blindfolds were scary.

When it was night, we did night caving then we went to bed in our cabins. I thought there was a huntsman, but thankfully, it was just a moth.

In the morning, we packed up, hopped on the bus and left. I slept half of the way and when we were at school, I had to wake up one of my friends. When I got home, I slept. I felt really happy, exhausted and feel like I can do anything now. **By Taylor Warrender**

Last week, my class, 4G, went to The Caves for camp. When we got there, we went to The Lodge and that's where we stayed. In my cabin was Blayze, Charlie, Sienna and Emmie.

The first thing we did was adventure caving. Our guide was Jay, he made the caves very fun. We went to lots of parts of the caves and we learned lots about the caves. It was so interesting. I loved it.

The next thing we did was initiatives. We also did it with Jay. Initiatives are about working together and being a team. We played games and I had a great time.

Then we went for a fossil tour with Jay. We had a pot and we found bones and fossils. I felt like a scientist.

At night, we went for a campfire. We had marshmallows and Caity told us a story. Caity was our guide. Then we walked to The Lodge and went to bed.

The next day, we went for an environmental walk. We talked about animals and plants. I loved learning about the symbiotic relationships. Then we went rock climbing. We went to the pool area and got our harness and helmet on. The rock wall was huge. Mindy said it was 10 metres. I loved rock climbing.

I loved camp, it was so fun and I got to go with my friends. **By Katie Kleinhans**





### National MJR Conference

Next week, from 9th to 11th May, Mrs Sally Hebron, one of our Year Three teachers and Mrs Sharron Jenkinson, one of our Year 6 teachers, will be attending the National MJR conference in Hobart. The MJR program is very much part of the culture of our school and this conference provides valued PD for our teachers. In their absence, Mrs Brenda Finning, Mrs Sheila Thorne and Mr Martin will be teaching Year 3H and 6J.

### 2019 Prep Enrolments

Enrolments at Sacred Heart are being taken for the 2019 Prep year (children born 1/7/2013 – 30/6/2014). Please register at our school office if you have a child who will be attending Sacred Heart Prep next year or if you know of any families who are intending to send their children to Sacred Heart. Thank you.

### In the Family

Congratulations to the Kinsey family: Amber, Cameron and Paige (Prep C) on the birth of Addison, last week. Well done.

### Student Awards

<b>Prep</b>	Koby Neubecker, Amira Mitchell, Noah Todd, Cooper Higgins, Chelsea Allen
<b>Year 1</b>	Olivia Kronk, Mackenzie Rapmund, Ethan Dixon, Jesse Burnard, Georgia Carige, Jacob Daniel, Hazel Hovey, Siyarna Puslednik, Cooper Moylan, Herbert Martin
<b>Year 2</b>	Cash Warner, Evie Richards, Thomas Sweeney, Georgia Crane, Ava McPhee, Bailey Senior, Mitchel Simmonds
<b>Year 3</b>	Lucas McLean, Kaleb Asmussen, Noah Budic, Heidi Smith
<b>Year 4</b>	Ruby Hay, Ethan Pedersen, Jayden Jackson, Blayze Murphy
<b>Year 6</b>	Esther Stevenson, Claudia Paris

### Sporting Teams Training at Sacred Heart

It is wonderful to see so many of our town's sporting teams requesting to and using our oval and netball courts during the week after school. Just a reminder to families that at the conclusion of these training sessions, children are not to be left unattended at school. Thank you for your assistance in this regard.

### Head Lice

It has come to the school's attention that head lice have been detected on some students. We would appreciate all families checking their child/children's hair and taking appropriate precautions and remedies. Thank you.

### St Ursula' College, Yeppoon Centenary Celebrations

The Sacred Heart school family wishes all at St Ursula's College the very best for this weekend as they celebrate their centenary.

#### Open Day – 5th May 9.30am-2.30pm

Tour the College, enjoy a bite to eat, view memorabilia displays and join in the workshops for children. Face-painting, children's rides, entertainment. Free entry, all welcome.

#### Centenary Under the Stars Gala Evening – Saturday 5th May 6.30pm till late

Celebrate our centenary in style. Gala cocktail evening, entertainment, a glass of champagne/beer on arrival, grazing platters, main meal. Tickets \$100 per person, must be pre-purchased from [www.ticketebo.com.au/st-ursulas-college](http://www.ticketebo.com.au/st-ursulas-college)

#### Musical performance 'One Step Beyond'

##### Friday 4th May at 8pm or Sunday 6 May at 11.30am

See the story of St Ursula's College come alive on stage, as talented students from St Ursula's and St Brendan's Colleges present 'One Step Beyond'. Tickets \$5 each, must be pre-purchased from [www.ticketebo.com.au/st-ursulas-college](http://www.ticketebo.com.au/st-ursulas-college)

## Spiritual Connections

Each week, we provide a link to Fr Matthew Moloney's sermon from the previous Sunday's parish mass and Sr Kym's reflection of the week. We hope these provide some spiritual guidance.

Link to [Father Matthew's sermon](#)

Link to [Sr Kym's column](#)

## National Rosary On Sunday 13th May

A National Rosary is being said in Australia at various places on Mother's Day. Sacred Heart Church is holding a prayer session at 3pm Sunday 13th May. We will be praying for peace in our world, families and our youth. Please join us and make this day very special.

Mum, family and friends to be treated to a cuppa to round off this event (Please bring a plate to share).

## Catholic Evangeliser - Jesse Manibusan



### Jesse Manibusan

Catholic Evangeliser and well known international musician  
is touring Australia - 11 May to 1 June 2018.

Jesse Manibusan will be in Rockhampton **Friday 18 May** with a concert at **The Cathedral College** commencing at 5.00pm. The concert is open to the public with Admission \$10 per person (which includes a BBQ) with children 12 years and under free.

Venue	The Cathedral College - Mercy Centre
5.00pm to 7.00pm	Concert / Introduction / Music and Story
7.00pm to 7.45pm	BBQ
7.45pm to 8.15pm	Regather – music
8.15pm to 9.00pm	Evening Ritual

For catering purposes, please RSVP to:

[Fridayconcert@rok.catholic.edu.au](mailto:Fridayconcert@rok.catholic.edu.au) no later than 5.00pm Monday 14 May.

## Community News

### Lammermoor Native Gardens - Annual Butterfly Event

**FREE**

FRIENDS OF  
LAMMERMOOR NATIVE GARDENS  
**ANNUAL BUTTERFLY EVENT**  
SUNDAY 27TH MAY 2018  
8.30 AM TILL 11.30 AM

ENJOY A GUIDED TOUR THROUGH LAMMERMOOR NATIVE GARDENS TO SEE THE MANY TYPES OF BUTTERFLIES FOUND THERE

BUTTERFLY CATCHING AND HANDLING DEMONSTRATIONS

KIDS FACE PAINTING

LIGHT REFRESHMENTS AVAILABLE

FOR MORE INFORMATION OR TO RSVP CONTACT SHELLEY MCARDLE  
SMcArdle@capcatchments.org.au mobile: 0400707972

PLEASE WEAR CLOSED-IN SHOES, SUNSCREEN, SUN SAFE CLOTHING, BRING A WATER BOTTLE.

WHERE: LING CAR PARK OFF OLD SCENIC HIGHWAY LAMMERMOOR ABOUT 3 KM SOUTH OF MEPPON.

