



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

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2nd August

Week 3

Term 3

From The Principal's Desk

"Few things in the world are more powerful than a positive push. A smile. A world of optimism and hope. A 'you can do it' when things get tough."

Last night, my wife and I were reminiscing about our three children when they were in secondary school.

For some reason, I remembered when my eldest son, made a speech on ANZAC Day at the town's commemoration ceremony as the Marist school captain. He is a very meticulous, young man and spent many hours writing and rewriting his speech. He spoke from the heart as he recalled his time walking the Kokoda Track and his friendship with a World War II veteran, Mr Ron Barber.

Both his mother and I were very proud.

I still remember however despite my pride, my first comment to him after the speech, "A bit too long, mate." It is amazing that as part of our makeup, we are more prone to focussing on the negatives than celebrating the positives.

Boys In Education consultant, Ian Lillico has this advice for us in this regard.

Boys and males often react negatively or awkwardly to praise unless it is done carefully. The best type of praise for males (particularly young ones) is called descriptive praise. With descriptive praise, you describe with appreciation what you feel and what you see and the boy can then praise himself. For example: "I see you have made your bed, tidied your bookcase and cleared the floor – it is a pleasure to walk into your room".

This type of praise is lasting as phrases like "well done" or "good boy/girl" are not lasting and can easily be taken away on the next occurrence. We tend to give many throw away phrases to boys that are not lasting and have little impact.

When you comment on good work completed and describe what they have done with appreciation the skills etc become stored in their bank of skills and attributes and build up their confidence. Furthermore private praise is far more effective these days rather than public praise which often embarrasses young males, in particular.

The same applies when visiting colleagues or adults with whom you work. When, for example, you walk into a fellow teacher's class; ask about what they are doing, look at the work and show interest in the topic. This is a very great compliment, but phrases like "great work – keep it up" are often trite and meaningless. Similarly when your son brings home an essay for which he has received a good mark, read it and ask questions, show an interest in the topic. This again is far better than – "Great result, Lachlan."

We are all busy people and sometimes summing up praiseworthy behaviour in a word is another way to give descriptive praise and add to the set of qualities your son or daughter knows about themselves.

For example: "You said you'd be home at five o'clock and it is exactly five – that's what I call punctuality." "You noticed the hanging pots were dry and watered them – that's initiative". These words: punctuality and initiative become part of your son or daughter's inbuilt CV which adds to their confidence for the future.

We are quick to criticise and slow to praise. The whole world will tell our kids what's wrong with them, it is our job as parents, carers and teachers to tell them what's right about them and spending a little more time describing what we see, is a very effective way of making the praise stick.

Start today.

Speaking of praise, I wish to thank everyone in our school family for making last week's assembly a success. Apart from the excitement of having the St Brendan's indigenous dancers performing, we had 140 local kindy children and teachers join us. It all went extremely well.

Well done to Year 3N for their assembly presentation on NAIDOC week and to Mrs Meg Stehbens, our tuckshop coordinator for preparing beautiful cupcakes for our visitors.

All the best

Mr Max Martin

Principal

MJR - Making Jesus Real Program

On Tuesday, Mr Peter Mitchell, the founder of MJR, spent time with our Years 3 and 4 children exploring the many positive ways they can Make Jesus Real in their lives.

Peter shared inspirational stories and challenged the students to consider practical ways they can be positive and joy-filled followers of Jesus. He will also spend time with our Year 6 students on Friday morning.

We thank Peter for his generous spirit and positive contribution to our students' lives.



Combined Schools' Mass

On Tuesday to mark Catholic Education Week, our Year 6 students joined with St Ursula's, St Benedict's and St Brendan's to celebrate the annual Combined Schools of the Capricorn Coast mass.

Approximately 1400 students attended this special occasion, concelebrated by Bishop Michael and Fr Matthew. The mass was a wonderful celebration of the dynamic contribution Catholic Education makes in the lives of so many students on the Capricorn Coast.

Following this, the students enjoyed a shared lunch at St Brendan's. This was a great opportunity to meet and socialise with children from the other Catholic schools on the Coast.

Thank you to St Brendan's College for hosting this event and for their hospitality.

CEW Prayer Assembly

Today's prayer assembly was presented by 5KS and focused on this year's theme for Catholic Education Week, 'Discovering New Horizons'. They led the school in prayer, thanking God for the many opportunities and blessings we have at Sacred Heart. Well done.



Important Dates for Term 3

August

Thursday 2nd - Catholic Education Week assembly led by Year 5TS at 8.40am.

Friday 3rd - Term 3 Years 5 and 6 interschool sports commence.

Friday 3rd - School disco in our MPA from 6pm until 7.30pm. Prep to Year 6.

Monday 6th - Year 1s fire engine visit at school.

Tuesday 7th - Milo Blast cricket day at Yeppoon Showgrounds. Year 5s and 6s involved.

Wednesday 8th and Thursday 9th - Child protection training in Rockhampton. School leadership team attending.

Friday 10th - CQU robotics championships in Rockhampton.

Thursday 16th - CQU chess competition in Rockhampton.

Monday 20th and Tuesday 21st - School photos will be held.

Monday 20th and Tuesday 21st - Capricornia athletics carnival in Emerald

Monday 20th to Friday 24th - Book Week

Monday 27th - Sacred Heart P. and F. meeting at 5.30pm.

Thursday 30th - Year 6 Fathers' Day raffle drawn.

Thursday 30th - Year 1 excursion to Heritage Village in Rockhampton.

Thursday 30th - Year 2 excursion to Archer Park train museum in Rockhampton.

September

Sunday 2nd - Fathers' Day

Sunday 2nd - P. and F. free breakfast at school. All welcome.

Monday 3rd - Life Education van at Sacred Heart

Friday 14th - Final day of sport for Year 5s and 6s.

Monday 17th - Prep swimming lessons commence at Cooee bay pool

Wednesday 19th - Catholic Education Interschool touch football carnival in Rockhampton.

Friday 21st - Final day of Term 3

School Photos

School photos will be taken on Monday, 20th and Tuesday, 21st August. Envelopes have been given out this week. Envelopes and money can either be sent into the office by Friday, 17 August or handed in on Monday, 20th August.

Library News

Book Fair and Book Week are both occurring in Week 6 of this term, commencing Monday 20th through to Friday 24th August with times still to be advised.



Premier's Reading Challenge

It is not too late to join the Challenge. If your child wishes to participate please [download the form](#) and return it to school at the end of the challenge. Alternatively your child can access a hard copy from our school office.

The Premier's Reading Challenge is a way to encourage students to develop a love of reading.

The reading period for Prep to Year 6s will finish Friday 17th August 2018.

For a student to successfully complete the Premier's Reading Challenge they must read or experience the number of books indicated in the table below. Experiencing a book can include classroom or at home activities such as shared reading, listening and reading along with a book or being read to.

Prep to Year 2 - 20 books. Years 3 and 4 - 20 books. Years 5 and 6 - 15 books.

The requirement for Year 5 and 6 to read 15 books rather than 20 books acknowledges that older students are likely to select longer, more complex books that may take them longer to read. Students are encouraged to select a range of fiction and non-fiction books suited to their reading ability.

Student Awards

Prep	Isla Kleinhans, Evie Moore, Saige Nielsen, Kirby Kenny
Year 1	Ellicia Asmussen, Ethan Dixon, Milla McPherson, Siyarna Puslednik, Ebony Rutledge, Evie Eyles
Year 2	Pieta Pilcher, Ethan Todd, Hannah Hooper, Bronagh Symonds
Year 3	Chloe Kleinhans, Kapri Zetl, Ashton Prieto
Year 4	Grace Vaughan, Bronson Toby, Taylor Warrender, Tyson Rose, Maggie Shepherd, Nya Minto
Year 5	Callum Wallis, Rafferty Donaghy, Liam Cook, Ruby Spyve, Emerson Grant
Year 6	Michael Amedee

Use of Toilets at School Update

The toilets at the end of our Year 1 classrooms will be used for the first time tomorrow, Friday. This is very exciting. Thank you to our builders for being so efficient with this project.

I still ask that if adults and younger/older siblings wish to use a toilet at school during school hours that they do so at our front office. Thank you for your support in this regard.

Whole School Disco

This will be held tomorrow Friday 3rd August commencing at 6pm until 7.30pm in our undercover area. All children from Prep to Year 6 and their families are most welcome to attend.



DISCO!

The theme for our disco is crazy hair.

There will be prizes for the best dressed.

Soft drinks, water, chips and lollies will be on sale at the disco and there will also be a sausage sizzle.

Entry is \$1 a child. Looking forward to seeing many families there.

Teacher Professional Development

Next Tuesday 7th August, all Sacred Heart teachers will be joining with teachers from St Benedict's and St Anthony's, Rockhampton for a professional development afternoon which commences at 3.30pm in Rockhampton.

Because of this, our teachers will be leaving school at 2.45pm on that day.

Our children will still be at school that Tuesday until 3pm as normal. Members of leadership and teacher assistants will be supervising our children until the bell at 3pm. Thank you.

Spiritual Connections

Each week, we provide a link to Sr Kym's reflection of the week. Link to [Sr Kym's column](#)

Beanies Fundraising

Help Dan make a difference!



Beanies \$20
Wristbands \$2

Available from the Sacred Heart office

In support of
Cure Brain Cancer
FOUNDATION

Netball

Last weekend, JRT Magic along with many other girls from Sacred Heart, competed in the Cap Coast Cup with 99 teams from all over Central Queensland.

Our Year 3 Sacred Heart girls won their Under 9 division and were also the overall Champions winning the Cap Coast Cup for being the best team from all age divisions.

Team members: Aria Dooley, Nevaeh Ford, Aryriana Pianta, Lily Thomasson, Isla Shackleton, Armani Kona, Caitlin Yore, Majella Sykes and Niamh Goldman are all from Sacred Heart School. Congratulations, girls.



2019 Prep Open Days

All prospective Prep families for 2019 and indeed any new family to Sacred Heart are invited to attend one of two open days, we are having at our school.

The first will be on Tuesday 14th August at 9am and 10am when we will be offering tours around our school to see what we have to offer.

The second on Wednesday 22nd August at 9am and 10am.

Please feel welcome to come and join us at these times and then stay for a morning tea.



Milo Super 8s Cricket Carnival

This event will take place on Tuesday 7th August at the Yeppoon showgrounds. Sacred Heart has three girls' teams and five boys' teams competing.

All our children will be transported to and from the venue by bus, leaving school at 8.55am. The carnival will be completed by 2.30pm.

Children need to wear their normal school uniform with their school hat and appropriate footwear. Also bring morning tea, lunch, sunscreen and a water bottle.

Our children and Mr Guhr are very excited about the day and we wish our teams all the best.

Diocesan Child Protection Training

Next Wednesday 8th and Thursday 9th, our school's leadership team: Mr Martin, Mrs O'Donnell, Mrs McGuire and Mrs Suthers will be attending a compulsory child protection inservice in Rockhampton.

In our absence, Mrs Leonie McKenna and Miss Katharine Wright will be 'looking after' our school. If you have any concerns, please do not hesitate to contact them at school. Thank you.

Year 6 Fundraising Raffle

Our Year 6s are currently holding a raffle to raise funds for their camp to be held in Term 4 at Mapleton.

The prizes include seven nights accommodation at Amity Pines holiday resort on North Stradbroke Island, one day's fishing with Hooked Fishing Charters, a travel pack with \$200, a health and fitness hamper worth \$150 and a Rebel Sports voucher worth \$400.

Tickets are \$2 and will be sold from our undercover area commencing next week. It will be drawn at our school assembly before Father's Day. Thank you for your anticipated support of our Year 6s.

Community News



Is your child 3 turning 4?

(born between 1 July 2014 and 30 June 2015)

Yeppoon Kindergarten is taking enrolments now for 2019 at our two beautiful campuses – Tucker St and Queen St
Please call our admin on **4939 1549** to secure a position!

Discounts which equate to low or no cost for term fees apply for the following:

- Health Care Card Holders;
- Identifies as Aboriginal, Australian South Sea Islanders and Torres Strait Islander
- Multiple births (3 or more kindy-aged children)



Lady Gowrie QLD
Educating and caring
for children since 1940



Enrol now at C&K Taranganba Community Kindergarten for 2019. (Located on the school grounds)

Please contact our enrolment team at: enrolments@candk.asn.au or Phone 35132503

If you would like to visit our service please Phone 49302084 or email: taranganba@candk.asn.au