



Newsletter

Enriching Spirits - Educating Minds



Sacred Heart Catholic Primary School

14 Barracuda Cres
Yeppoon QLD 4703

Ph: (07) 4933 6288
Fax: (07) 4933 6470

shy@rok.catholic.edu.au
www.shyrok.catholic.edu.au

22nd March, 2018

Week 9

Term 1

From The Principal's Desk

On the bus, Paddy was chatting to Murphy who was carrying a bag on his back. 'What's in the bag?' asked Paddy. 'I'm not going to tell', replied Murphy. 'Go on, do.' pleaded Paddy. 'Ah, alright then, it's ducks.' announced Murphy. 'If I guess how many ducks you have in the bag, will you give me one of them?' enquired Paddy. 'Look', said Murphy, 'If you guess the correct number, I'll give you both of them.' 'Five,' said Paddy triumphantly.

I love a good Irish joke and also being involved in any activity which is well supported.

Tuesday of this week saw our final cross country training session and once again I was thrilled with the attendance of both, our children and their parents. The involvement of our families in school 'functions' has just blown me away this term. Schools often speak about implementing initiatives to encourage parent engagement and participation in their children's education. This is definitely a strength of the Sacred Heart School community.

Thank you very much for your support over the past nine weeks. Your attendance and participation at assemblies, liturgies, sporting events, excursions, classroom activities eg reading and a myriad of other 'things' have been greatly appreciated.

In a week's time, my youngest son will be home from University after being away in Brisbane for two months. I have missed him enormously and can hardly wait to have him home, even though we are very similar in personality and will no doubt have our 'run ins'.

It is then that I remember him being home over the Christmas break. Clothes all over the bathroom floor, cups half filled with Milo in the lounge and computer room, the voice from the kitchen bellowing that there is no food in the fridge, electric guitar lying on the stairs, another person to think about. Then I realise how much I enjoy it just being my wife and I at home.

Then I found this article from Michael Grose which made me reassess how I was thinking.

Unconditional Love

One piece of advice parenting experts give to parents/carers is to show their children/teenagers unconditional love. Children should feel confident and secure in the knowledge that their parents will love them even when they make mistakes, when they aren't perfect.

They should also not feel that parental love is tied to their achievements or abilities. As Professor Dumbledore told Harry Potter, "It is our choices, Harry, that show what we truly are, far more than our abilities." That's a good lesson for gifted children to learn.

Unconditional "Like"

Sometimes, though, what we need to show our children is unconditional "like." That means that we need to show our children that we don't simply love them; we like them. We like who they are. If someone were to ask you why you like your best friend, how would you answer? You would probably be able to provide a list of qualities and characteristics that you enjoy and admire about your friend.

What about your child?

Can you provide a list of qualities and characteristics that you enjoy about your child? You probably tell your child that you love him. Do you also tell your child that you like him? Sometimes parents are not completely happy with who their children are. A father may wish his highly gifted, sensitive little boy were more masculine and more interested in sports or his clumsy child to be a great sportsman. Or perhaps a mother might wish her daughter were more feminine or less strong willed.

These parents still love their children, but the children get the feeling that their parents don't like them and the children interpret that feeling as a lack of love, even though their parents may tell them they are loved.

So what should a parent do?

In addition to telling your child, "I love you," be sure to let your child know how much you enjoy his or her company. Let your child know what you like and admire about him or her. Of course, in order for those words to have any meaning, you need to spend time with your child and enjoy it.

All the best

Mr Max Martin

Principal

Holy Week Events

Holy Week is a sacred time in the Christian religious calendar as we journey through the final week of Jesus' life and celebrate his resurrection on Easter Sunday.

You are invited to be part of the events of Holy Week over the coming week.

Holy Week Liturgies

Monday 8:40am Last Supper and Washing Feet (5KS)

Thursday 8:40am Jesus' Trial and Crucifixion (5A)

Thursday 2pm Resurrection (5G) and Easter raffle draw

Stations of the Cross

These will also be set up around the school for classes to visit during the week. Parents/carers are invited to join their child's class for this time of reflection.

An email will also be sent home to families by your child's teacher indicating the time this will occur.

Thank you to 3S who began our Holy Week journey with the story of Jesus' entry into Jerusalem.



Cross Country Prep to Year 6

Sacred Heart School Cross Country carnival will be held next Tuesday, 27th March. This annual event is a great carnival where all the students are invited to participate.

Our school carnival also doubles as selection trials for our Sacred Heart Cross Country team (10, 11, 12 year olds).

Parents are most welcome to join us throughout the morning. Prep to Year 3 will run in their year levels (girls' and boys' races), while students in Years 4 to 6 will run in age groups. The following is a timetable for the day with approximate times the children will be running:

8.50am	Prep and boys and girls born 2006 (12 years)
9.20am	Year 1 and boys and girls born 2007 (11 years)
9.50am	Year 2 and boys and girls born 2008 (10 years)
10.10am	Year 3 and boys and girls who are 9 years old in Year 4.

Please remember: Bring hats and water bottle, apply sunscreen, wear coloured house shirt (optional), wear/bring comfortable runners.

A very special thank-you to the wonderful parents who assisted with breakfast preparation, serving and clean up during the training mornings. Your time and support are greatly appreciated.

Important School Survey For Our Families To Complete

During the week commencing 30th April (Term 2), our school will be undergoing a review using the National School Improvement Tool. For three days, we will have an external team conduct interviews and visit classes. Also as part of this process, we are asking families to complete a survey. All our families will be receiving emails reminding them to complete this survey. We ask that you do this survey by 26th March, 2018.

All information gleaned from your responses will be correlated into a report and will be used as part of our review. Again, I urge all parents and carers to take the time to complete the survey.

Your responses, all of which are strictly confidential, will be greatly appreciated and will assist us as a school to set our strategic direction.

Mini Vinnies Easter Egg Raffle

Our major Project Compassion fundraiser is the annual Easter egg raffle. Thank you to all who have donated Easter eggs. Donations can be brought into your child's class or our school office. Easter eggs will be organised into prizes and tickets sold by the Mini Vinnies group over the coming week. The draw for the raffle will take place at the final school assembly on Thursday at 2pm. All proceeds will go to Project Compassion.

Project Compassion Week 6

Psyche Mae from Philippines

When Psyche Mae featured in Project Compassion 2008, she was living in a squatter settlement, on the edge of a giant rubbish dump outside Manila in the Philippines. Her family was forced to pick through the rubbish to sell what they could to survive. In 2018, Psyche Mae is now a young social worker, achieving her dream of helping others struggling to leave poverty behind them – with plans to study a Master's degree. Thanks to the support of individuals and Caritas Australia through Project Compassion, the Faithful Companions of Jesus (FCJ) program helps people like Psyche Mae to better their life. You can learn more about Psyche Mae and her story here - click on the link https://www.youtube.com/watch?v=ZLa_n8fL5y4



Sacrament Preparation Saturday

Confirmation preparation will continue this Saturday evening March 24th. This is the third of 4 sessions. Candidates and their parent/carer need to attend these sessions commencing at 5:15pm, followed by Mass at 6pm. We look forward to seeing you there.

Sacred Heart's 'Wall of Fame'

Past student, Hugo Pilcher (2003 - 2010) has been offered a position at The Royal Central School of Speech and Drama (London) to study a Bachelor of Arts (Honours) Acting. He was the only international student who was offered a place in the twenty person intake.

Hugo shares his memories of Sacred Heart with us: The swimming carnivals and the team spirit that were a normal part of the school, playing Challenge Cup for the Sharks, the excitement of announcing school captains at assemblies and making people laugh. My favourite teacher was Miss Burke (Mrs Kenny). I really appreciated all the time she gave me and she really encouraged me. We wish Hugo all the very best.



Welcome To Sacred Heart

This week, we welcomed a new family to our school: Kaitlyn in Year 4, Matthew in Year 6 and their parents, Chris and Sheree Kershaw. We wish them all the very best at Sacred Heart.

Youth Mass

Last Saturday, the youth of the parish hosted a youth mass. Students from the four Catholic schools/colleges on the Capricorn Coast all took part, providing inspirational music and assisting with other parts of the Mass. Following Mass, there was a shared BBQ providing an opportunity to cut a birthday cake for Fr Matthew, who celebrated his 50th birthday. Thank you to all who helped on Saturday.



Student School Banking

There will be no student banking in the last week of Term One.

Please remember the student banking guidelines: Individual savings only. Pooling of Dollarmite tokens with friends or family is not allowed. All rewards are available to redeem from term list (while stocks last) with 10 tokens (10 deposits).

Hope everyone has a wonderful break. From our banking volunteers: Donna and Tracey.

Rugby League Representation

Congratulations to Simon Green on his selection in the Rockhampton primary schools' 11 years rugby league team, following recent trials. Well done, Simon.

Term One School Fee Reminder

Thank you to all families who have paid or are paying off their school fees. The second reminder notice was sent home last week to families who have not contacted the school to organise a payment plan. If you did not receive your original statement, please contact the school office to check that we have the correct email address listed for you. If you are experiencing difficulties paying your fees, please contact Helen Jeffries in the school office to organise a payment plan.

Bus Route Changes on Friday 23rd March

Due to the Queen's Baton relay, Young's Bus service has made necessary alterations to some school routes through Yeppoon to affect the afternoon services only. Students who transfer or disembark at Hill Street will be rerouted to the Western Bus Interchange or Yeppoon Central for parent collection this includes services R 20 and s1704. Services 426/471 will travel via Adelaide Park Road and Panorama Drive directly from the WBS / Yeppoon High. For queries please call 49223813.

Spiritual Connections

Each week, we provide a link to Fr Matthew Moloney's sermon from the previous Sunday's parish mass and Sr Kym's reflection of the week. We hope these provide some spiritual guidance. Link to [Fr Matthew's sermon](#) Link to [Sr Kym's column](#)

Children's Liturgy Roster

The children's liturgy roster has been sent to those who assist with this ministry in our church. Please organise a swap if you are unable to assist on your given day. It is important to let Father Matthew know that you will be doing children's liturgy before mass. Saturday, 24th March 6pm - No children's liturgy. Sunday, 25th March 9am - Lindy Mullane, Donna Bennett.

Important Dates for Early Term 2

April

Monday 16th - Pupil free day. No school for our children today.

Friday 20th - Year 5 Yeppoon RSL museum visit

Monday 23rd - Parent / teacher interview commence

Monday 23rd - Year 4M on overnight camp to the Caves. Returning 24th.

Tuesday 24th - Whole school assembly for ANZAC Day at 8.40am. Special guest speaking.

Wednesday 25th - ANZAC Day. Community march with Sacred Heart involved.

Thursday 26th - Year 4G camp overnight camp to the Caves. Returning 27th.

Monday 30th - Parent / teacher interviews continue.

Monday 30th - School NSIT review being conducted this week.

May

Saturday 5th / Sunday 6th - St Ursula's College 100 year celebrations

Student Awards

Prep	Chelsea Allen, Aadi Jothiraj, Oliver Mathias-Watt, Ava Goodger, Ollie Palairat, Felix Shammall, Ruben Hooper, Emmi Taylor, Noah Todd, Alex Todd, Jett Hawkes
Year 1	Nicholas Goltz, Stella Donnelly, Zariha Calvert, Ruby Fooks, Ethan Dixon, Vera Cook, Char-Lee Senior
Year 2	Kaden Davey, Cash Warner, Ruby White, Ethan Todd, Penni Allister, Addison Kona, Bailey Senior, Zuri Kimlin, Mitchell Simmonds
Year 3	Archie Cugola, Sabina Bridgeman, Mackenzie Blackwood, Georgie Hay, Matilda Cooper, Lilah Clarke, Fynn Lewis, Toran Cooper, Grayson Catt, Hunter Herron, Charlee Harris
Year 4	Jack McLean, Emmersen Rutledge, Morgan Bridgeman, Abby Robertson, Ryan Hendrie
Year 5	Jaxon Burkhardt, Victoria Forbes, Riley Robertson, Marshall Esser
Year 6	Jacob Bennett, Tilli Sing, Kayde Johnson, Isabella Yore, Sam Hooper